Skill area	What is it?	How can I help my child at home?
Concepts of Print	Know to write from left to writeKnow what each of the letters look like	 ✓ When out and about, point out food labels, road signs and shop signs. Become a member of Highland Libraries – whether that be through visiting the library or the library bus
Phonological Awareness	 Know the sounds which make up each of the words Hear the individual words within the sentence Listen to and recall the words within the sentence 	 ✓ Sharing nursery rhymes ✓ Reading rhyming books ✓ Making up rhymes together ✓ Supporting your child in creating rhyming words
Oral Language	Understand the meaning of the words within the sentence Can follow the instructions to complete the activity	 ✓ Playing beside them ✓ Giving them eye-contact ✓ Turning off a phone/ TV/ computer etc. ✓ Finding a quiet space ✓ Allowing them to finish before you talk ✓ Showing that you're interested by smiling and nodding
Fine Motor Skills	 Hold the pen correctly Form the letters correctly 	 ✓ Provide them with opportunities to use scissors to cut out shapes and patterns ✓ Provide them with big paper and drawing implements ✓ Allow them to make marks outside with paint brushes and water or large chalks ✓ Create a chain with pasta and a shoe lace ✓ Create objects using dough ✓ Make finger puppets ✓ Put coins into a money box ✓ Turn a deck of cards over as quickly as they can ✓ Hammering ✓ Squeezing bubble wrap ✓ Playing with wind-up toys