Burger

INGREDIENTS	GRILL
100g beef mince 1 tsp Worcestershire sauce Salt and Pepper	High heat
1 Bun	

METHOD

- 1. Preheat the oven.
- 2. Place the beef mince and Worcestershire sauce in a large bowl and season with salt and pepper.
- 3. Mix together well, and then shape the meat into 1 burger. Wrap in cling film and chill until needed.
- 4. Set the grill on a high heat, and cook the burger on each side until completely cooked through.
- 5. Place in a bun, add any additional toppings and serve with fries.