

BREAKFAST PORRIDGE

| INGREDIENTS | OVEN - NOT REQUIRED |
|---|---------------------|
| 1 sachet porridge 180ml Milk Dried fruit to serve | |

METHOD

1. Collect ingredients.
2. Tear open the sachet along the tear line.
3. Pour the contents into a microwaveable bowl
4. Use the sachet to measure the milk - fill up to the line (180ml) and pour into the bowl and mix.
5. Place the bowl in the microwave for 2 mins on full power.
6. Stir well and serve with a selection of dried fruit.