

## **Come on Move, and Freeze**

Come on move and freeze  
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Everybody shake your body  
From your head down to your feet  
And don't stop shakin'  
Until we stop the beat  
Shake it to the East  
And shake it to the west  
Shake it, shake it, shake it  
With my friends who are the best

Come on shake and freeze X4

Everybody stamp your feet  
First your left foot then your right  
And don't stop stampin'  
Until you get it right  
Stamp to the left  
And stamp to the right  
Stamp, stamp, stamp  
Let's give everyone a fright

Come on stamp and freeze X4

Everybody clap your hands  
Clap them up and clap them down  
And don't stop clappin'  
Let's clap right round the Town  
Clap to the front  
And clap to the back  
Let's clap, clap, clap  
That's it! You've got the knack

Come on clap and freeze X4