



Level 6 Qualification in Sports Leadership

To develop confident, healthy leaders through sport and physical activity.

Entry Level:

Pupils must have demonstrated an excellent participation record in Core PE. Pupils should be motivated and prepared to work independently and in a team. Pupils should have previous interest and experience in coaching and volunteering in sport. Pupils must demonstrate the enthusiasm, determination and commitment needed to coach younger pupils through sport.

Course Content:

The Level 6 Sports Leaders Course has 6 units, covering theory, practical and events.

Mandatory Units.

Unit 1 – Developing Leadership Skills and Behaviours

Unit 2 – Duty of Care, Safeguarding and Risk Assessments

Unit 3 – Community Inclusion (Children, Older People, Disabled People, Woman and Girls)

Unit 4 – Lead, plan and evaluate progressive lessons.

Unit 5 – Sports/Physical activity Events

Unit 6 – Lead, Plan and evaluate coaching sessions in the local community.

Leading, Planning and Coaching is a very important part of the course and is monitored carefully. It is very important that whatever commitment is made by the Sports Leader within this unit, the pledge is maintained for a minimum of 16 hours. L6 Sports Leaders must volunteer with different groups including Children, Older People, Disabled People, Woman & Girls.

Assessment

Sports Leaders provides an easy-to-use Learner Evidence Record (LER) for this qualification. The LER is mandatory and uses the following assessments:

- Practical observation – video/photos can be used to support this.
- Questioning of underpinning knowledge - via worksheets.
- Plans and evaluations completed during the course.
- Teamwork and Group activities to develop coaching skills and behaviours.
- 10 hours of volunteer coaching.

Candidates will receive a Pass/Fail grade when workbooks are completed and verified by Sports Leaders.

If you require any further information please email Miss Walker on gw12walkerlynsey@glow.sch.uk