



Level 5 Qualification in Sports Leadership.

To develop confident, healthy leaders through sport and physical activity.

Entry Level:

This course is primarily offered to S6 students due to the nature of the course.

Given the commitment to external organisations any S6 or S5 students considering this course should discuss this with Mrs Hunter or Mrs Williams prior to submitting their choices. Pupils must have demonstrated a good participation record in PE. Pupils should be motivated and prepared to work independently and in a team.

Course Content:

The Level 5 Sports Leaders Course has 6 Units, 4 of which of which are mandatory and 1 optional.

Mandatory Units.

Unit 1 – Developing Leadership Skills

Unit 2 – Plan, lead and evaluate sport/physical activity sessions with S1 Pupils.

Unit 3 – Assist in planning and leading a sport/physical activity event.

Unit 4 – Lead activities which promote a healthy lifestyle.

Optional Units.

Choose **either** Unit 5 or Unit 6 to complete.

Unit 5 – Lead sport/physical activity sessions linked **within school for 10 hours.**

Unit 6 – Lead sport/physical activity sessions in the **community for 10 hours.**

This is a very important part of the course and is monitored carefully by the PE Department. It is very important that whatever commitment is made by the Sports Leader within this unit, the pledge is maintained for a minimum of 10 hours.

Assessment.

Sports Leaders provides an easy-to-use Learner Evidence Record (LER) for this qualification. The LER is mandatory and uses the following assessments:

- Practical observation – video/photos can be used to support this.
- Questioning of underpinning knowledge - via worksheets.
- Plans and evaluations completed during the course.
- 10 hours of volunteer coaching.

Candidates will receive a Pass/Fail grade when workbooks are completed. Sports Leaders will verify 30% of workbooks.

If you require any further information please email Mrs Hunter on susanhunterphs@glow.sch.uk or Mrs Williams on kirstywilliams@glow.sch.uk.