

PHYSICAL EDUCATION

AWARD RECEIVED - HIGHER

ENTRY LEVEL

- Pupils must have achieved a pass at an A or a B in National 5 Physical Education as well as a pass in National 5 English.
- Pupils must achieve over 30 marks (50%) in the portfolio element of the National 5 PE course.
- A high level of motivation and a good participation record in PE is essential.
- If there is over subscription then selection will be based upon competitive interview.

COURSE CONTENT

The Higher Physical Education course has 2 units:

Mandatory units

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| Unit 1: Performance Skills | Pass/Fail |
| Unit 2: Factors Impacting on Performance | Pass/Fail |

Course assessment

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| Component 1 – Performance | 40 marks |
| Component 2 – Report on your performance | 20 marks |
| Component 2 – Question paper | 40 marks |
| Total | 100 marks |

The course will be graded A-D and learners must pass the mandatory units and course assessment to achieve a course award.

MANDATORY UNITS

Unit 1: Performance skills

Learners will be assessed on their performance in **two** physical activities. Activities will be selected through discussions with the students. The ability to offer sports will depend on the number of classes and number of teachers taking the course.

Unit 2: Factors Impacting on Performance

Learners must provide evidence for assessment from one physical activity. This is an open book task.

ASSESSMENT

Component 1: Performance

The learners will complete a one of performance in ONE activity. The context of the performance must be challenging and competitive and/ or demanding.

The performance will be worth 40% of the total mark.

Report

The learner's ability to plan, prepare for, effectively perform and evaluate personal performance in **one** physical activity is assessed. This makes up 20% of the final mark.

Component 2: Question paper

Assess learner's ability to integrate and apply knowledge and understanding from across the units. The exam will last 1 hour and 30 minutes

HOMEWORK

Homework is an essential part of the course. Homework will include practice questions from a textbook and regular revision of all the material covered in the course.

PROGRESSION

Higher PE is recognised by all Universities and will lead onto HNC/HND/ or degree courses in any sport related subjects.

FURTHER DETAILS

Full details of the course specification can be found online at:
<http://www.sqa.org.uk>