



SENIOR WIDER ACHIEVEMENT GROUPS

Peebles High School

2024 — 2025



CONTENTS PAGE

PAGE 2: Contents Page

PAGE 3: Introduction to SWAG

PAGE 4: Overview of Volunteer Opportunities

PAGE 5: Pentland Activity Camps (PAC)

PAGE 6: Greener Peebles

PAGE 7: PHS Pride

PAGE 8: Tweed Reads

PAGE 9: Boys' Brigade

PAGE 10: Interest Link

PAGE 11: Tweeddale Young Action Opportunities

PAGE 12: RVS Social Centre

PAGE 13: Inspire Ambassadors

PAGE 14: Saltire Awards

PAGE 15: PYT S1/S6 Buddies

PAGE 16: Mentors in Violence Prevention (MVP)

PAGE 17: Extra Curricular Sports Volunteers

PAGE 18: Peebles Care Home

PAGE 19: Peebles Foodbank

PAGE 20: Sunflower Classroom

PAGE 21: Mental Health Ambassadors

PAGE 22: Drill Hall Volunteers

PAGE 23: DYW School Ambassadors

PAGE 24: QR Sign Up

PAGE 25: Contact Details

“Volunteers do not necessarily have the time; they just have the heart.”

Introduction

What is Senior Wider Achievement Groups?

Your senior years at Peebles High School are very important. It is an opportunity for you to enhance your qualifications and look to develop your skills and qualities to allow you to progress to a career or in further and higher education.

As the job and higher education market is a very competitive place, you have to do the most you can to make your application and CV stand out from the crowd. At Peebles High School, there are a huge amount of opportunities available to you during your senior years, which will give you a fantastic opportunity to develop a range of skills and qualities as well as give you valuable information to include within application forms and CVs. All the opportunities in this booklet are open to S6 students with certain roles being open to both S5 and S6. **These opportunities help to develop skills such as organisation, confidence, teamwork, empathy, resilience and make you stand out from others.**

Please read the information in this booklet carefully, and ask any questions you may have. You are encouraged to apply for multiple roles but please consider your academic commitments alongside any other voluntary commitments you may have, as these can also take up a lot of your time. All groups and lists will be scrutinised before they are published to ensure that there is a balance of pupils in each group and that no one is over-committing themselves. Some groups require a lot of commitment, others are drop in sessions, or for part of the year.

- **Focussing**
- **Integrity**
- **Adapting**
- **Initiative**
- **Communicating**
- **Feeling**
- **Critical Thinking**
- **Collaborating**
- **Leading**
- **Curiosity**
- **Sense-Making**
- **Creativity**

Overview

What opportunities are on offer at PHS and in the community?

Below are a list of **SOME** of the **VOLUNTEER** opportunities available to you at PHS and in the local community. These are opportunities that have links with the school and have provided contact details for the SWAG booklet.

If there are other opportunities you volunteer at already, please let us know this in your final forms.

IN SCHOOL (PHS)

- SUNFLOWER CLASS
- HOUSE CAPTAINS/INTERHOUSE
- SENIOR STUDENT COUNCIL
- SCHOOL SERVICE
- EXTRA CURRICULAR SPORTS VOLUNTEERS
- MENTORS VIOLENCE PREVENTION (MVP)
- PHS PRIDE
- CHARITIES COMMITTEE
- INSPIRE AMBASSADORS
- DUKE OF EDINBURGH
- MENTAL HEALTH AMBASSADORS
- ATTENDING/LEADING EXTRA CURRICULAR
- DYW AMBASSADORS

LOCAL COMMUNITY

- PENTLAND ACTIVITY CAMPS
- GREENER PEBBLES
- INTEREST LINK
- TWEEDDALE YOUTH ACTION
- RVS SOCIAL CENTRE
- PEEBLESHIRE YOUTH TRUST (BUDDIES)
- PEBBLES CARE HOME
- PEBBLES FOODBANK
- BOYS BRIGADE
- ACTIVE SCHOOLS VOLUNTEERS

Calling S4/5/6s...

Would you like to gain some work experience with children during the holidays while having lots of fun outdoors?



Running for 4 weeks from
Monday 15th July - Friday 9th August
at Newlands Centre, Romannobridge

Volunteering with us is great for your CV, UCAS and job applications, earns you the Saltire Award, and is a great way to meet new people, be part of a brilliant team and have fun at the same time!

Interested? Please email
info@pentlandsactivitycamps.org.uk
or call 07435 966879

www.PentlandsActivityCamps.org.uk



Volunteering

Why

Come along and join us for relaxed and friendly volunteer sessions at our community garden. Learn just how rewarding community growing can be - meet new friends, learn food growing skills and enjoy our wonderful garden setting.

Who

Everyone is welcome and no experience is needed. We have a wide range of activities; there really is something for everyone. Help us make a difference in our community and take home a harvest of veggies after every session.

When

There are no minimum hours or sessions required to become a volunteer - you can drop in when it suits you.

To find out more about our session times, please contact info@greenerpeebles.org

Where

The Greener Peebles Community Garden is located behind the Victoria Park Day Centre on Kingsmeadows Road.

info@greenerpeebles.org
www.greenerpeebles.org
07380 167086

 Greener Peebles

Open Monday - Friday 10am to 3pm
Greener Peebles,
The Bridge Volunteer Resource Centre,
School Brae, Peebles EH45 8AL



L

PHS PRIDE

INTERESTED
IN SOCIAL
JUSTICE?

EQUALITY?

INCLUSIVITY?

WORKING AS
A TEAM?

*our school
LGBTQ group*

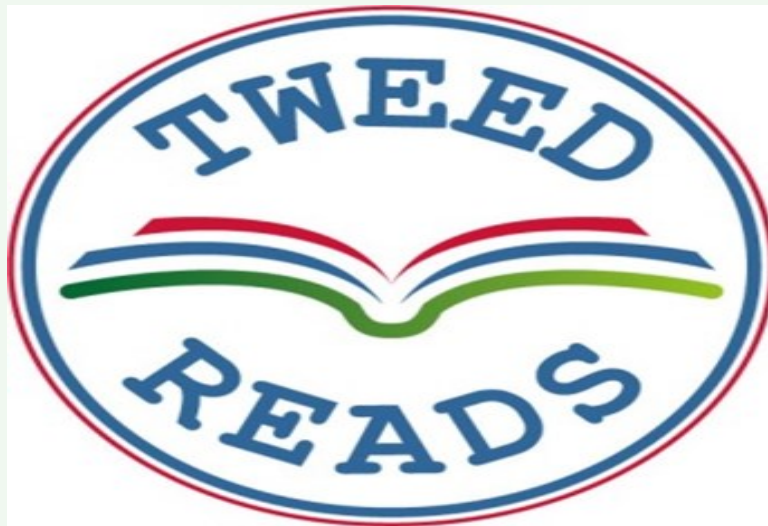
LEADERSHIP OPPORTUNITIES

- DEVELOPING AND DELIVERING LGBTQ+ LESSONS IN JUNIOR PSE CLASSES.
- ORGANISING A CAMPAIGN TO SUPPORT OUR TRANS PUPILS.
- MAKING PHS A MORE INCLUSIVE PLACE FOR LGBTQ+ YOUNG PEOPLE AND STAFF.

INTERESTED? EMAIL MISS FYFE.

gw13fyfezara@glow.sch.uk





Tweed Reads is a Tweeddale-based charitable organisation which aims to promote reading for enjoyment by sharing and inspiring a love or appreciation of reading. Reading for enjoyment is linked to improved literacy, wellbeing and life-chances – it really matters!

Inspiring others to make a simple change to read more can have a huge

We are looking to recruit a small, committed team of 15-20 students to work collaboratively to meet a number of outcomes such as planning, organising and leading Tweed Reads Primary, fundraising for the group, engaging the local community, engaging the school community or digital marketing. As a team, we work together to promote our message that reading for enjoyment is not only fun and worthwhile, but can also be used to develop relationships in our community.

Get on board! #Read.Share.Grow.

Contact Mrs Stewart to show your interest - mia.stewart@glow.sch.uk

THE BOYS' BRIGADE

> the adventure begins here



1st Peebles BB welcomes both boys and girls from 5 to 14 years old. Our groups are Anchors for P1-P3, Juniors for P4-P6 and Company for P7-S3. We would love to have some S6 to help these groups, especially our newly formed Company section. You will be helping the children to participate fully in the activities, learning new skills and building your own confidence in organising and leading children with the support of the adult leaders.

If you have experience in a uniformed organisation like BB, Scouts or Guides that's great, but you don't have to have this! The main skill you need is to care about the children, listen and help them to participate and have fun.

Our groups meet at 6-7pm and 7-8.30pm on Thursday evenings at St Andrews Leckie Church.

If you would like to visit the groups or find out more about this opportunity, please email Sarah. Sarah@standrewsleckie.co.uk

You can visit our Facebook page to see what we have been up to:
<https://www.facebook.com/1stPeebles/>



INTEREST LINK BORDERS is a Registered Charity providing Social Activities for Children, Young People and Adults with Learning Disabilities.

We're recruiting Volunteers from S5 & S6 to be Befrienders in either one of our Children's, Youth and Adult Groups or to be a 1:1 Peer Mentor and enjoy activities in the community.

All Groups meet fortnightly in our Group Venue at Unit 5, Inforgen Building, Cavalry Park. New Volunteers are invited to apply now. Full Training Given - Gain Saltire Award Hours.

Contact: Mary Mouat 07773303829 / Rosa Cabello 07926002576
marymouat@interestlink.org.uk / rosacabello@interestlink.org.uk

For more information about the Project have a look at our Website:
www.interestlink.org.uk

**Get involved and help make a real
difference to
people's lives.**



COME AND VOLUNTEER WITH US!!

This is a great opportunity to really make a difference in a young person's life, and to give something back to the community.

We run weekly drop in sessions at Peebles and Innerleithen where we cook for young people, and provide a safe and fun environment for them.

We have pool tables, ping pong, air hockey, XBox and many other activities that you could join in with, and give our younger members some peer support.

No previous experience is needed, we are just looking for kind, compassionate and motivated people who want to support our younger members. We will provide you with all the training you need to be a TYA volunteer and will also put you through the PVG (Protecting Vulnerable Groups) scheme free of charge. This will allow you to work with any young people who attend TYA.

**Peebles Youth Club
Old Corn Exchange
School Brae
Peebles
EH45 8AL
01721 724 779**

**Innerleithen Youth Club
24 Chapel Street
Innerleithen
EH44 6HN
01896 833 599**

**For further information email info@tweeddaleyouth.co.uk
or contact us through our Facebook page
<https://www.facebook.com/TweeddaleYouth/>**

Volunteer Centre Borders Get involved in Volunteering!



Keen to gain new skills, experiences to help with college/ university applications? Not sure what you would like to do once your finished school? Want to meet new people and gain more confidence?

Yes, to any of the above? Then contact our Youth Volunteering Development Officer, Stephanie at Volunteer Centre Borders on c.anderson@vcborders.org.uk

Stephanie will chat to you around your future aspirations, skills or just things you are generally interested in, then will find the best opportunity available to fit your interests. There are loads of opportunities opening again this year in your area and beyond from **Hospitality, Gardening, Befriending, IT support, Retail, Care and Youth Work.**

Volunteer Centre Borders are here to help find the right opportunity for you, support you with any applications to start the role, as well as be there to help if you need advice once you have started. Volunteering is a great way to gain new practical skills as well as find things you are great at that you may did not know were good at before.

Some roles will give you the chance to gain qualifications, awards whilst others may support or help to realise a passion that you could pursue after school. We are also happy to meet you in person outdoors or on Teams when you are available to chat through your options.

Become a School Volunteering Ambassador!

Are you volunteering and love what your doing? Want to share your amazing experiences and help others get involved?

Yes, then why not become Peebles High School's Volunteering Ambassador. As an ambassador you would share local opportunities in your school, help to create new opportunities where you feel something is missing for groups of young people. Help those in the school sign up to the Saltire Awards Scheme. You would receive full training.

We are also looking for Volunteering Advocates across the Borders to work as part of a team to investigate the challenges in youth Volunteering to help us find ways to reduce these barriers. This role will involve visiting organisations, shadowing volunteers, creating questionnaires and meeting new people as part of the investigation.

RVS SOCIAL CENTRE!

Do you have some time to spare on a Monday between 10am-2pm?
(Even just for part of this time!)

We are looking for volunteers for the RVS Peebles Social Centre, based at The Old Bakehouse beside Leckie Memorial Church.

This is a much needed social group for the elderly to congregate, enjoy breakfast/lunch and participate in a wide range of activities.

As a volunteer, you would assist the Deputy Manager in meeting and greeting service users, setting up tables for breakfast and lunch, clearing and cleaning crockery and of course you are more than welcome to participate in all our activities!

You don't need any experience, just a friendly smile!

Inspire Ambassadors

AT PEEBLES HIGH SCHOOL

What do we do?

The Inspire Learning project focuses on how technology can enhance teaching and learning.

How can you help?

As an Inspire Ambassador, you will be an important member of a team which supports younger students with technology. You will act as a buddy to S1 -S3 students and show them how technology can help them learn. You will also be involved in planning, organising and delivering a digital learning festival to demonstrate creative uses of technology in the classroom to local primary schools.

INTERESTED?

Email anne.delaneyphs@glow.sch.uk for more information!



What are the saltire awards?

The Saltire Awards are the Scottish Government's way of celebrating, recognising and rewarding the commitment, contribution and achievements of young volunteers in Scotland, aged between 12 and 25. All young people between these ages can sign up online – and everything is completed through your online account. You will receive your certificate by PDF format, and you can request Volunteer Centre Borders to print the certificate for you.

Young people gain nationally recognised certificates, signed by Scottish Government Ministers, for the different amounts of volunteering hours they do. The hours awards start from 10 and end at 500 hours so plenty awards to get along the way.

What is volunteering?

The Saltire Awards recognise volunteering that meets the following three clear characteristics:

- It is a free will activity. This means you are doing it because you want to, and no one is forcing you to do it.
- It is not done for financial gain. Volunteering is not a job and you cannot be paid; however, you may have any reasonable expenses covered.

It is for the benefit of the community, society at large or an individual

Why you might want to volunteer?

- Gain new skills and experience that will look great on your CV and could help you at school and/or work
- Meet new people and make new friends and connections
- Make a difference to individual people, communities and the environment

Have fun! You will have the chance to get involved in variety of activities that might not have done before

How to get involved

Head to saltireawards.scot to register, if you need support in navigating the site please email saltireawards@vcborders.org.uk

PEEBLESSHIRE YOUTH TRUST

SIGN UP NOW!

S6 Buddies will work alongside Peeblesshire Youth Trust to help support S1 pupils who may feel a little nervous at the start of high school, struggle to make friends or need some support in joining clubs or finding their way around school.

WE NEED S6 BUDDIES!

ALL WE ASK IS FOR YOU TO
COMMIT TO A FEW
LUNCHTIMES IN
AUGUST/SEPTEMBER TO
SPEND TIME WITH OUR PYT
STAFF AND S1 PUPILS



REGISTER BY EMAILING SARAH KEEN AT:

info@peeblesshireyouthtrust.org





MVP **(Mentors in Violence)** **Prevention)**

Mentors in Violence Prevention is a peer mentoring programme that gives young people the chance to explore and challenge the attitudes, beliefs and norms that can lead to all forms of gender-based violence. The programme is open to S5 and S6 students.

What impact can it have?

- You will help to make a difference in our school community by tackling issues such as physical violence, name-calling, unsolicited sexting, coercive + controlling behaviours and harassment.
- By mentoring S2 classes, you will help to build positive relationships across the school and be a safe + friendly face for young people to go to for help.
- Being a mentor will help to improve your leadership skills and will boost your confidence. It looks great on a CV/application!

What is involved?

- All mentors will undergo 2 days of training in June. If you did this in S5, you only need to come for 1 day.
- You will deliver 6 lessons to S2 classes throughout the year. You will be in a group with other mentors and the lessons will be provided for you to use.
- You will meet with Mrs Ferguson at various points throughout the year at a lunchtime (not weekly). This means that your weekly Leadership period can be used to complete the Leadership booklet and to do other revision.
- As it is at a lunchtime, you can also join this group in addition to your chosen Leadership activity.

If you have any questions or would like to show interest, please contact Mrs Ferguson at emma.ferguson@scotborders.gov.uk



EXTRA CURRICULAR SCHOOL SPORT



There are over 12 Sports Clubs, and 25 different organised Sports Sessions each week at Peebles High School. These are all run by volunteer teachers, parents and coaches.

ALL of the clubs on offer at PHS for younger age groups would benefit from more help at sessions including setting up practices and encouraging pupils. Senior pupils willing to plan sessions, lead warm ups and umpire games will enhance the experiences for young people. Last year we had several committed and confident S6 volunteers who built strong relationships with pupils, and were role models within school.

Live Borders and Active Schools can help with training and Sport specific coaching awards for Senior Pupils interested in helping with school clubs.

Mr Changleng can deliver the Scottish Rugby Refereeing Introduction to Match Officiating Award to any Rugby volunteers. Miss Walker can deliver the Scottish Hockey Youth Umpire Award to any Hockey volunteers. These are both nationally recognised achievements.

If you are interested in helping weekly at one of the Sports Clubs offered at school then please speak to Miss Walker (gw12walkerlynsey@glow.sch.uk) or Mrs Rome,



PEEBLES CARE HOME

- **DO YOU HAVE SKILLS IN MUSIC, ART, GAMES, POETRY OR SPORT AND EXCERSIZE?**
- **COULD YOU VISIT THE LOCAL CAREHOME TO ENTERTAIN AND ENRICH THE LIVES OF OTHERS?**
- **WORK TOGETHER WITH YOUR PEERS TO BUILD RELATIONSHIPS WITH A DIFFERENT GENERATION?**

If you think you could volunteer one hour a month to entertain the residents at Peebles Care Home (Tweed Green) by playing music for them, leading sitting fitness sessions, looking at photos, doing arts and crafts, reading poetry or playing games then we would love you to join our PHS team.

Please email school link dshearer@dywborders.co.uk for more information, or click interest on the forms to be added to the teams.



The Peeblesshire Foodbank provides three days of nutritionally balanced food for families and individuals in crisis. We also run a number of projects including school breakfast clubs, a summer packed lunch scheme, cooking lessons and more. As members of the Fuel Foundation, we can provide a fuel top up too.

The Foodbank office is open every day between between 9am and 1pm. If you need a hand, please get in touch by phone (01721 588654) or email (info@peeblesshire.foodbank.org.uk) and we will arrange for food to be delivered to you.

There are lots of volunteering opportunities in our warehouse - please contact:

carol@peeblesshire.foodbank.org.uk

for more information.



PHS SUNFLOWER CLASS

*Enhanced Provision (EP) are looking for some S6 leaders to help some of their young people. You can make a **HUGE** difference here, gain some valuable experience and learn a lot too!*

What might this involve? (THIS IS FLEXIBLE!)

- *Supporting young people with their learning through play, sensory learning, outdoor learning, active learning, signing and using visuals.*
- *Supporting young people at Breakfast and Lunch Clubs with lifeskills eg setting the table, clearing away, social skills eg turn taking, listening to others, and play.*
- *Supporting young people on a walk around school – chatting, helping them to make safe choices, etc*

Who are we looking for?

- *You should be patient, fun, caring and kind.*
- *You should be flexible and willing to do things differently.*
- *You should be sociable, empathetic and willing to learn different forms of communication.*

For more information please contact Ms Haldane in Enhanced Provision.



Mental Health Ambassadors

What do Mental Health Ambassadors do?

S5 and S6 students can sign up to become Mental Health Ambassadors. This group aims to work together to tackle mental health stigma and discrimination in our school community. You will receive training from See Me in August and meet regularly to organise events and campaigns within the school.



Why is it important?

Young people across Scotland were surveyed to find out more about their mental health, and the stigma they face.



39% of young people think that teachers take them seriously when they try to talk about mental health



51% of young people wouldn't tell anyone if they were finding it difficult to cope with their mental health

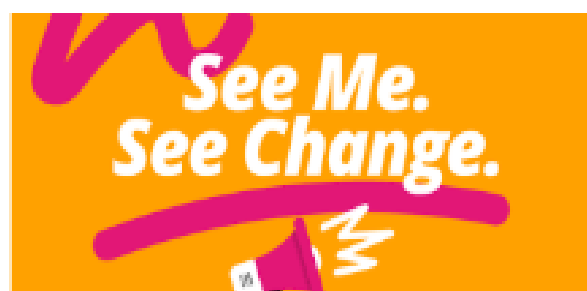
We all want this to improve.

By working together, we can create school environments where young people feel safe, supported and able to talk about how they're feeling – free from stigma and discrimination.

With See Me See Change, we can do this.

How do I sign up?

Contact Mrs Milligen at siobhanmilligenphs@glow.sch.uk. You can also find her in the Cademuir office if you would like more information.



CHECK OUT THE RANGE OF VOLUNTEERING AT PEEBLES DRILL HALL



OUR SPACE YOUTHY

Supporting our Junior youth group - ages 10-13yrs to socialise and have fun.

SCHOOL'S OUT PEEBLES

Assisting with a busy out of school service for 5-13yr olds. making sure the children are safe and entertained.



DRILL HALL OFFICE

Range of administrative and Digital opportunities including Social Media, Web design, Microsoft Office, Excel.



AGING WELL GROUPS

Helping older adults 60yrs + with the set up of sports equipment and refreshments.

TRAINING AND SUPPORT PROVIDED

MORE INFO:

ENQUIRIES@PEEBLESDRILLHALL.COM

DYW SCHOOL AMBASSADOR VACANCIES

OPEN TO 2024/25, S6
PUPILS FROM ALL BORDER
SECONDARY SCHOOLS

> Responsibilities:

- Pupil Voice for DYW
Borders



As a group of ambassadors we want to know your ideas. What DYW activity would you like to see in your school?

Represent your school at regional DYW events

- Promote positive engagement with DYW within your school



We need your help to promote career events, work experience & all routes and pathways available beyond school

> Requirements:

Attend launch of ambassadors on Tues 18th June

Willing to be on social media photos/videos



ANY QUESTIONS-SPEAK TO YOUR DYW COORDINATOR OR EMAIL AMY HAMILTON: AMYHAMILTON@DYWBORDERS.CO.UK

DYW

BORDERS

Developing the
Young Workforce

*Bridging the gap
between industry and
education*

BENEFITS

- LEADERSHIP ROLE
- LEARN NEW SKILLS
- ENGAGE WITH BUSINESSES
- GAIN A QUALIFICATION
- GREAT EXPERIENCE FOR APPLICATIONS AND INTERVIEWS

APPLY HERE

*SCAN QR CODE FOR LINK
TO APPLICATION FORM*

**Deadline is Fri 7th June*



ADDITIONAL OPPORTUNITIES

DUKE OF EDINBURGH AWARD

Duke of Edinburgh Award

Leading youth charity, the D of E, gives all young people aged 14-24 the chance to develop skills for life and work, fulfil their potential and have a brighter future. You can do the Duke of Edinburgh award at three levels, which when completed, lead to a Bronze, Silver or Gold Award.

You achieve your Award by completing a personal programme of activities in four sections (five if you are going for Gold) - Volunteering, Physical, Skills, Expedition and for Gold, a residential. You will find yourself helping people or the community, getting fitter, developing skills, going on an expedition and taking part in a residential activity (Gold only).

Contact **Ms Caroline Wallace** for further details (carolinewallace@glow.sch.uk).

REGISTER YOUR INTEREST!

1. Use the QR code to register your interest using the online form:



Your name will then get sent to the organisation contact and they will email you more information.

If you want more details about a preferred group then email the *SWAG* contact directly.

(see contact details on the following page).

Contact Info

Pentland Activity Camps (PAC)	info@pentlandsactivitycamps.co.uk
Greener Peebles	info@greenerpeebles.org
PHS Pride	gw13fyfezara@glow.sch.uk
Tweed Reads	mia.stewart@glow.sch.uk
Boys Brigade	sarah@standrewsleckie.co.uk
Interest Link	marymouat@interestlink.org.uk rosacablo@interestlink.co.uk
Tweeddale Youth Action	info@tweeddaleyouth.co.uk
Volunteer Centre Borders	c.anderson@vcborders.org.uk
RVS Social Centre	sarah.duncan@gov.scot
Inspire Ambassadors	anne.delaneyphs@glow.sch.uk
Saltire Awards	stephanie@borderscommunityaction.org.uk
Peeblesshire Youth Trust	info@peeblesshireyouthtrust.org
MVP	emma.ferguson@scotborders.gov.uk
Extra Curricular Sports Volunteers	lrome@liveborders.org.uk
Peebles Care Home	dshearer@dywborders.co.uk
Duke of Edinburgh Award	carolinewallace@glow.sch.uk
Peebles Foodbank	carol@peeblesshire.foodbank.org.uk
Sunflower Classroom	gw22haldanemelanie@glow.sch.uk
Mental Health Ambassadors	siobhanmilligenphs@glow.sch.uk
Senior Student Council	mcmordie.james@glow.sch.uk
House Captains	mcmordie.james@glow.sch.uk
DYW Ambassadors	dshearer@dywborders.org.uk
Drill Hall Volunteers	enquiries@peeblesdrillhall.com