

ANY QUESTIONS?

Queries or questions?

Please contact :

Senior Leadership
Team

via the school office

01721 720 025



The Health and Wellbeing
of your child matters

Scottish Borders' pathway to
support your child to have
healthy relationships

Kingsland Primary School



What does the learning look like?

Early Level (3-6 years)



Scottish Borders are committed to keeping children and young people safe and well.

The National Health and Wellbeing curriculum includes Relationships, Sexual Health & Parenthood (RSHP).

All Scottish Borders Schools are committed to ensuring that children are provided with age and stage appropriate learning to promote and safeguard their health and wellbeing in line with their rights under the United Nations Convention on the Rights of the Child.



This pathway approach has been developed to ensure consistent age and stage learning across the Scottish Borders

From the age of three to eighteen there are seven levels to make sure that the lessons are age and stage appropriate.

Your child is currently in the Early Level which covers Nursery to primary 1 (ages 3 to 6 years).

As a parent you have a right to know what we will be covering so that:

- * You are aware of what the RSHP learning will be for your child
- * You can ask us questions
- * You can reinforce the learning
- * You can request more information

At the Early Level, children will learn about:

- What it means to have positive relationships in a range of different settings
- How babies change as they grow (e.g. baby to toddler) and an awareness of how to look after a baby
- The correct names for different external body parts (eg penis, testicles, vulva, vagina, bottom, nipples, breasts)
- Your child is able to ask for help and/or advice about changing friendships, relationships and life circumstances
- Some behaviours are not ok and understand that 'my body belongs to me'

- If your child is worried about anything that they know who to talk to, in and out of school/ nursery

How?

At Kingsland our school values are **Respect, Compassion, Courage** and **Excellence**. Our values underpin our approach to teaching and learning to ensure:

- A respectful and safe space to learn
- Sensitivity to the feelings of others
- An open and approachable learning atmosphere where no-one feels under pressure to contribute and questions can be asked
- Everyone understands and follows the rules for the class/group

When?

Nursery through to Primary 1

Who?

Class Teacher/Nursery Practitioners
Visitors e.g. a new parent and baby

