

CREATIVE BRAVERY

Lesson 1

Understand the need
for bravery in creativity.



Getting Started

Today we're going to be looking at the creative process, how we all have the ability to be creative and one of the key tools that helps everyone to be more creative...



Watch the video & discuss

- What makes it great?
- Why should it be considered “brave”?

→ [Link to the video](#)

Bravery: What does it mean to you?

Over the next few lessons, we're going to explore creative bravery and how we see this as an essential skill for the future workforce.

Bravery: What does it mean to you?

- What do you think of when you hear the word 'brave'?
- What kind of jobs do you think require bravery?
- Can bravery mean different things to different people?

Bravery: What does it mean to you?

- What's the difference between bravery & fearlessness?
- Is it brave to say "I don't know"?
- Does being yourself requires bravery?

What are people your age scared of?

Write down some examples of things that you and your friends might be afraid of.

Holding a spider? Climbing a tree? Putting your hand up in class? Living through a pandemic?

What are people your age scared of?

Have you tackled one of these fears?

How did you feel before, during and after?

A small act of bravery can start a revolution



In 2016, Colin Kaepernick (NFL Player) began to protest against police brutality and racism in United States by kneeling on one knee (instead of standing up) during the U.S. national anthem before each game. Even though many other players followed his example, Kaepernick was seen as a rebel, was accused of disrespecting his country's traditions and eventually was forced to leave NFL.

Nike saw the power in his beliefs and amplified his voice through their advert.



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END OF LESSON 1

