

Spontaneous Visual Thinking





In this lesson there is one rule





You're not allowed to tell yourself





You can be your most creative when there is no right or wrong answer.

The minute you say no, you limit yourself.







The goal for this lesson is for you to surprise yourself with how creative you can be when you don't think about it.





Task 1: Sentence quick-fire

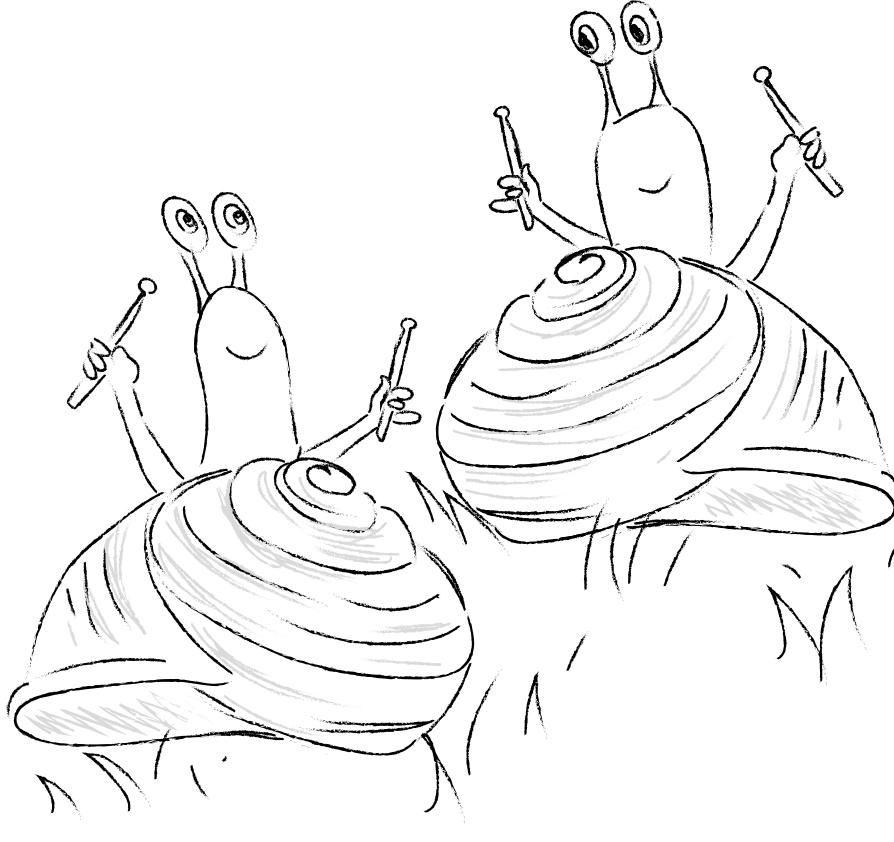
You have 1 minute per sentence to draw the first thing you think of.

Remember

there is no wrong answer.

For example, here's our go...

"How do snails say hello to each other?"







You have 1 minute What does a dog think?



You have 1 minute

What would a new cooking tool be?



You have 1 minute How did your pet become famous?



You have 1 minute How does Santa pay his Elves?



You have 1 minute How did you realize you are a wizard?



You have 1 minute

What would a new type of money be?

UNIVERSITY OF LINCOLN LESSON 1

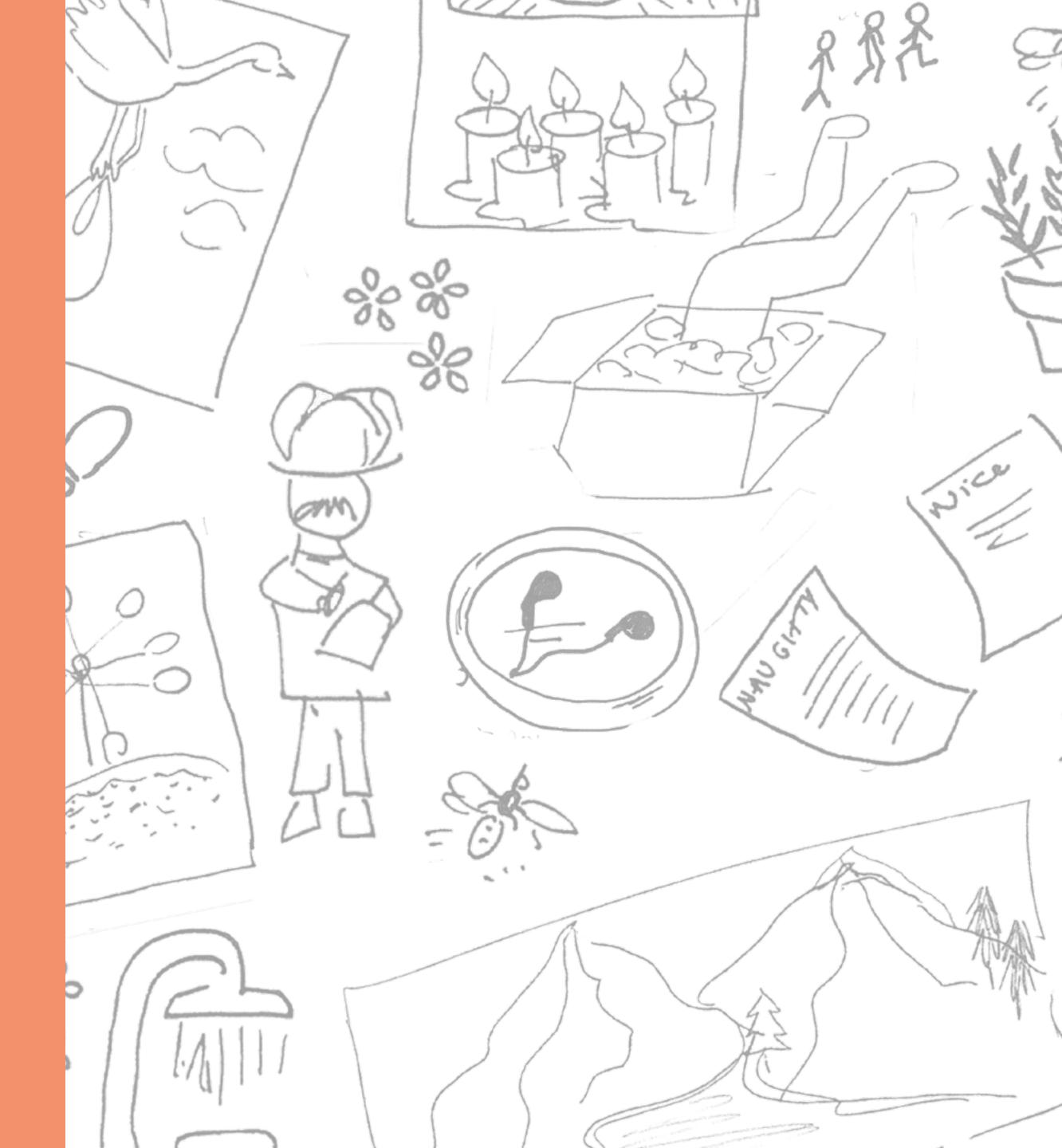
Now pick your favourite idea





Task 2: Make it bigger

Take 10 minutes to turn your favourite sentence into a story.





Task 3: Take it further

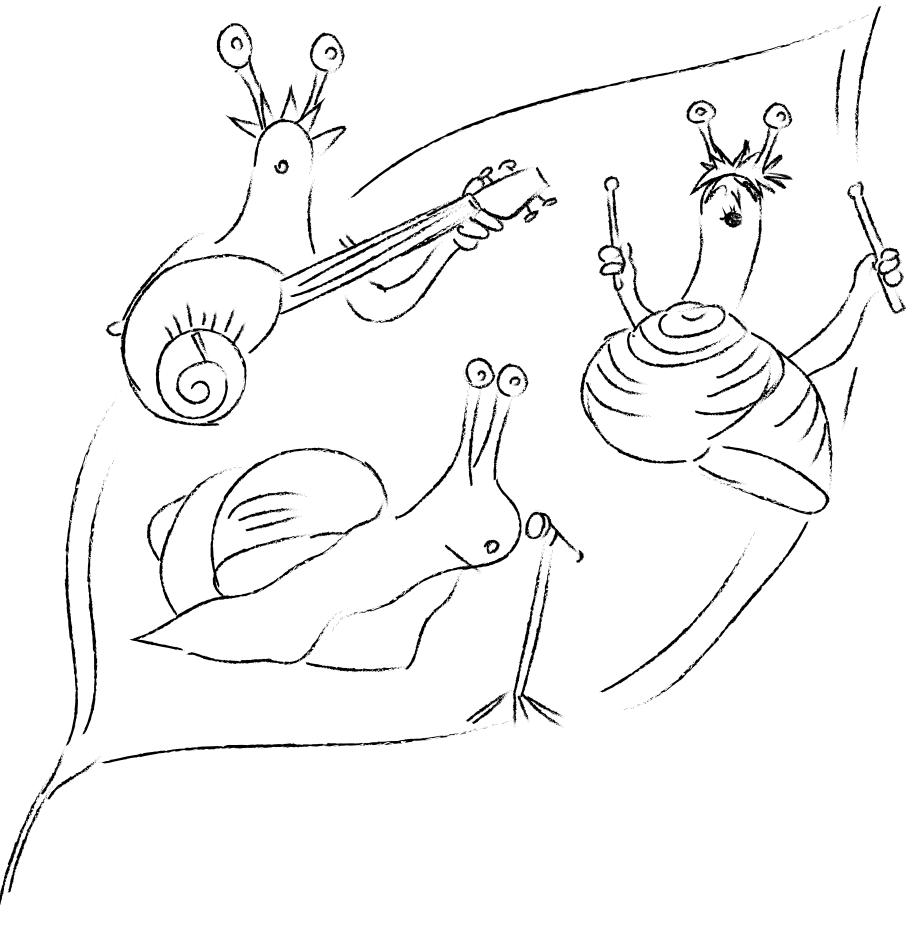
Take 10 minutes to develop your idea.

It could be a comic strip, a movie poster, a bookcover, an advert, a storyboard, an outfit.....anything you want.

> **Remember** there is no wrong answer.

For example, here's our go...

We designed a rock band of snails.





Task 3: What next?

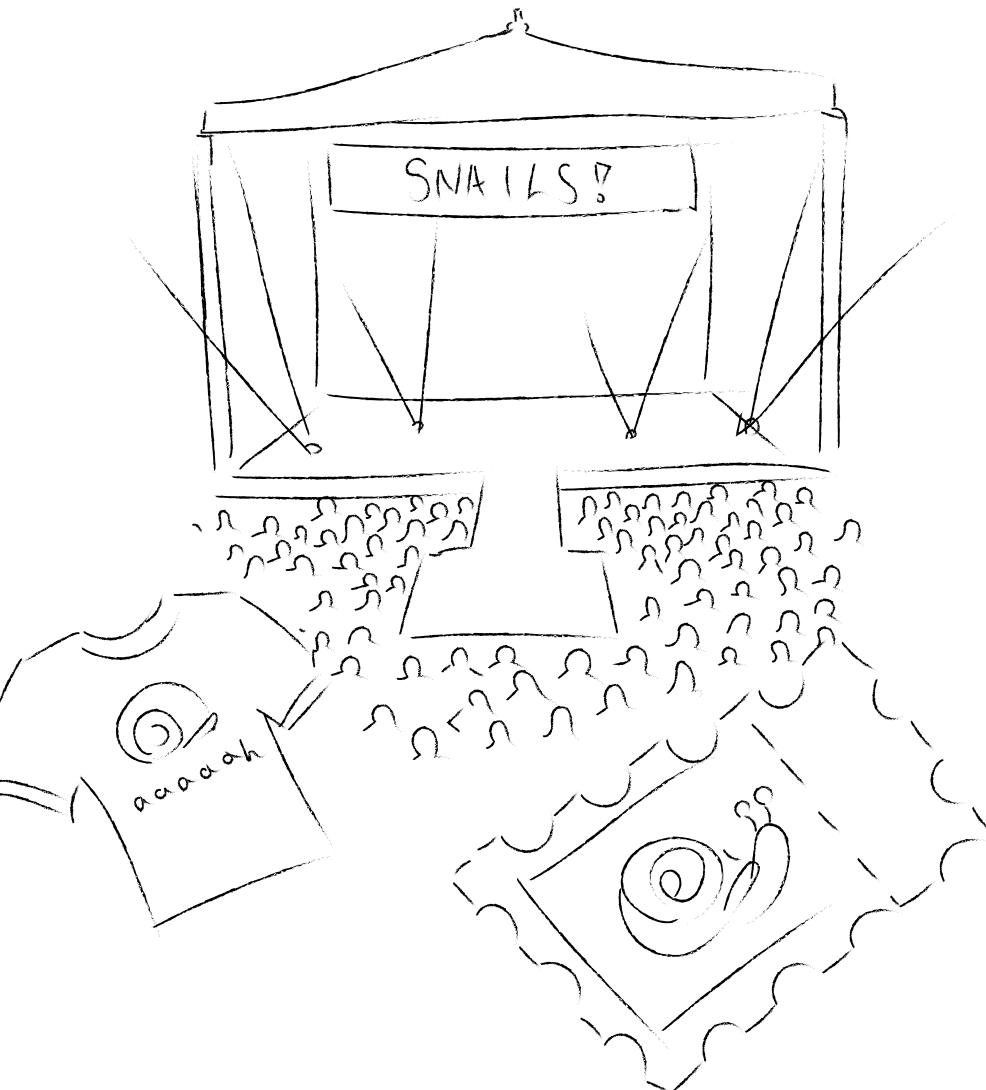
For the rest of the lesson, see how big your idea can grow.

Act it out and film it, design lots of posters, make a speech, sing a song, make a play, write a poem.

Create it however you want.

For example, here's our go...

We designed t-shirts and posters for the band



UNIVERSITY OF LINCOLN LESSON 1

You just took a split second thought you would usually ignore, and made it into a huge idea.





Lessons to learn:

There is potential in every thought you have, don't judge your ideas too quickly.

You have the creativity to make something amazing when you don't overthink it.

Be brave enough with your smaller ideas, and see where they can take you.







www.daydreambelievers.co.uk

UNIVERSITY OF LINCOLN



