

LESSON #1: DREAM TEAM

Help students understand their skills and personality traits, to figure out where they can be most effective in a team.

By the end of this session, learners should:

- (a) understand that teams shouldn't be made up of different versions of the same person instead, we need to work hard to make sure teams have a variety of skill sets and perspectives;
- (b) think about their particular skills and personalities;
- (c) choose a section on the colour wheel that they feel represents them.

Please share your work: If possible, please make recordings of your work and send them to <u>Daydream Believers</u>.



TIME TASK Introduction 5 min Why are teams important? And what skills are needed for effective teams? 10 min Teams are important Look at the words on the screen – which of these describe you? Choose 3 or 4 words, and think of examples of work you've done at school or at home to reflect that word. 10 min Personality exercise – pairs / groups Team up with someone else - discuss the words that you wrote and why. Students can change the words they've chosen after discussing in groups if they want to.

TIME

TASK

10 min Class Discussion

Ask students to share their final word choices with the class, and explain why they came to those decisions.

5 min

Reveal colour chart

Reveal the colour chart so students can see where on the colour scale they sit. Ask them to take a couple of minutes to see which quadrant their selected words fit in - if they are split between two quadrants, they can choose which one they'd like to be in.

5 min

Conclusion

Conclude with a slide on how the best teams are made up of a range of different personalities, but those people need to be able to work together and it's important to know what your strengths are. Set scene for the second part of Dream Teams

