

Anti-Bullying Policy



October 2020

Rational: Every child at Tarbolton Primary has the right to work and learn in an atmosphere that is free from victimisation and fear.

AIMS OF THIS POLICY

- To arrive at a shared definition of bullying
- To give children strategies to 'stand up' to bullying behaviour
- To outline responsibilities of pupils, staff and parents as we bully proof our school
- To reduce and eradicate bullying at Tarbolton Primary
- To establish appropriate procedures for dealing with incidents of bullying

RESPONSIBILITIES

Senior Management Team

- To document all bullying or perceived bullying incidents on Seemis
- To monitor reported incidents of bullying on a monthly basis
- To investigate all reported incidents of bullying and report back to all parties concerned
- To notify parents of any identified bullying behaviour

Class Teacher

- Provide an educational experience throughout the year that is age appropriate and vices a clear message that bullying is unacceptable
- To discuss appropriate behaviours to avoid being a victim of bullying (including through social media)
- Remain vigilant about bullying behaviour and report incidents of bullying behaviour to SMT

Support Staff

- To remain vigilant about bullying behaviour and report incidents of bullying behaviour to SMT

Pupil

- To treat all pupils at Tarbolton Primary with respect
- To give positive advice to friends who are worried about bullying
- To report all incidents of bullying to a member of staff
- Accept responsibility for their own behaviour
- To access only age appropriate apps on sites online

Parents

- To deliver the message to their child that bullying is unacceptable
- To report incidents of bullying to senior management of the school
- To work with the school management team when an incident of bullying involving their child is being investigated. This may be when their child has been bullied or when their child has been accused of being a bully
- To remind their child of the appropriate age limit of social networking sites and monitor their child's use of technology

WHAT IS BULLYING

(1) What is bullying?

Bullying is both behaviour and impact; the impact is on the person's capacity to feel in control of themselves. This is what we term their sense of agency. Bullying takes place in the context of relationships: It is behaviour that can make people feel hurt, threatened, frightened and left out. This behaviour happens face-to-face and online.”

respectme, 2015

In Scotland we describe bullying as behaviour which leaves people feeling helpless, frightened, anxious, depressed or demeaned.

- Bullying is defined by its impact on the person/people affected as a result of the intended or unintended behaviour and actions of others. Bullying behaviour impacts on the wellbeing of those affected and results in a reduced sense of self-esteem and a negative impact on wellbeing. Bullying behaviour is typically characterised by the individual's involved perceiving difference between themselves and others.
- Bullying can be expressed through physical, emotional, verbal or intimidating behaviour or in the form of marginalisation. People can be bullied on the grounds of age, race, gender, sexual orientation, disability, socioeconomic status, nationality, religion or other real or perceived difference.
- Bullying can be subtle or it can be overt. It can cause short-term suffering for the pupil who experiences bullying behaviour or it can have long-term effects.

Bullying behaviours may include:

- Name calling, teasing, putting down or threatening;
- Ignoring, leaving out or spreading rumours;
- Pushing, hitting, tripping and kicking;
- Taking and damaging belongings;
- Online bullying: sending abusive texts, email or instant messages (see specific guidance **Appendix 1**);
- Intimidation and extortion e.g. taking someone's lunch money;
- Making people feel like they are being bullied or fearful of being bullied;
- Targeting someone because of who they are or are perceived to be.

Review Annually

ANTI BULLYING QUESTIONNAIRE

Please note that the information in this questionnaire will only be shared with your class teacher and Mrs Blair unless you give permission for this to be shared more widely.

Pupil Name : _____

The answer you give in this questionnaire should only refer to the time you have been in school since the summer holidays.

	YES	NO
I have been bullied during breaktime		
I have been bullied during lunchtime		
I have been bullied in class		

How many times have you been bullied?	
How many people have bullied you?	

Who do you think are bullies in school?

1 _____ 2 _____ 3 _____

Have any of these people ever bullied you? YES/NO (circle)

Who would you tell if you were being bullied? _____