

South Ayrshire Early Years Menu 2025/2026

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter/ Sweet	Lentil soup ✓	Red pepper & tomato soup ✓	Fruit ✓	Fruit ✓	Lentil soup ✓
Main course and veg	Tasty protein power balls with tomato sauce & spaghetti ✓ Sweetcorn ✓	Home-made chicken curry Vegetable rice ✓ Mixed vegetables ✓	Hearty mince & potato Baby carrots ✓	Traditional steak pie Mashed potato ✓ Peas ✓	Fish Mashed potato ✓ Baked beans ✓
Mixed salad available daily ✓					

Week 2

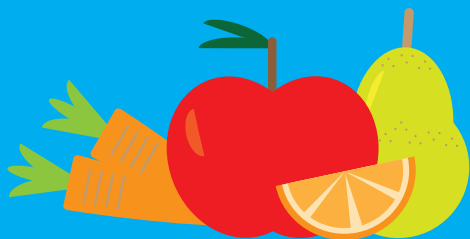
	Monday	Tuesday	Wednesday	Thursday	Friday
Starter/ Sweet	Lentil soup ✓	Fruit ✓	Lentil soup ✓	Chicken & rice soup	Fruit ✓
Main course and veg	Creamy mac & cheese ✓ Garlic bread ✓ Peas ✓	Traditional roast turkey & yorkshire pudding Mashed potato ✓ Mixed vegetables ✓	Home-made Kashmiri quorn curry ✓ Vegetable rice ✓ Sweetcorn ✓	Golden salmon fish fingers Diced garlic & herb ✓ potatoes Baked beans ✓	Tasty sausage casserole Mashed potato ✓ Peas ✓
Mixed salad available daily ✓					

Key

- ✓ - Vegetarian
- ✓ - Vegan



Scan here to see the dates for each weekly menu and allergen information



South Ayrshire Early Years Menu 2025/2026

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter/ Sweet	Fruit ✓	Potato & leek soup ✓	Lentil soup ✓	Fruit ✓	Lentil soup ✓
Main course and veg	Creamy mac & cheese ✓ Garlic bread ✓ Peas ✓	Home-made chicken curry Boiled rice ✓ Mixed vegetables ✓	Plant protein sausage beano ✓ Mashed potato ✓ Broccoli ✓	Rustic pasta bolognese Garlic bread ✓ Corn on the cob ✓	Chicken burger Baked beans ✓
Mixed salad available daily ✓					

Key

- V** - Vegetarian
- ✓** - Vegan



Scan here to see the dates for each weekly menu and allergen information

2025 South Ayrshire school menu weekly guide



Week 1

January						
M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Week 2

February						
M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

Week 3

March						
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April						
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May						
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12	13	14	15	16	17	18
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26	27	28	29	30	31	

June						
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23	24	25	26	27	28	29
30						

July						
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21	22	23	24	25	26	27
28	29	30	31			

August						
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18	19	20	21	22	23	24
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September						
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29	30					

October						
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November						
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December						
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22	23	24	25	26	27	28
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2026 South Ayrshire school menu weekly guide



Week 1

January						
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Week 2

February						
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Week 3

March						
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30	31					

April						
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May						
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June						
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July						
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27	28	29	30	31		

August						
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					1	2
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