

## People Directorate

### Active Schools

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Our Ref:                      Your Ref:  
Date: September 19



## Marr Rugby Primary 6 Contact Rugby October 2019

As part of the PE curriculum we are working with Marr Rugby Club to offer a block of contact rugby for all Primary 6 pupils in the Marr Cluster Primary Schools. This will be an introduction to contact rugby and following the block all classes are invited to Marr College Playing Fields for a Festival.

As an introduction to contact rugby the sessions will be tailored to ensure fun and safety for everyone taking part. All of the school sessions will be delivered the Marr Rugby Development Officers who are qualified in contact rugby. The coaches will focus on low-impact activities which involve light contact and tackling.

**Scottish Rugby advise that children taking part in contact rugby wear a mouth guard. The school will purchase a mouth guard for every P6 pupil.**

Children should bring a change of clothes as the sessions will take place outdoors, including old warm outdoor clothing as this may get wet and dirty. The session will take place on the grass at the promenade.

This programme will run in a four week block beginning **Monday 28<sup>th</sup> October**.  
Many Thanks,

Active Schools & Marr Rugby

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### CONTACT RUGBY

I give permission for my child to take part in the contact rugby sessions. ☐

Child's Name ..... Class.....P6.....

Parent/Carer Signature ..... Date.....