

# Thousands of kids now own smartphones with a built-in camera and web access...

Although they may not admit it, they are also worried about things that can happen *by-phone*.



Engaging with your kids can help build the confidence & resilience they need to cope.

For example, a regular sit down meal is a great way of encouraging them to open up a little.



It allows them to chat more freely about things they like on their phones, as well as things they don't.

For kids who need extra help with new technology, *Parental Controls* can also be useful.



For example, the Parental Control *SelfieCop* teaches kids to use their phone's built-in camera safely.

*SelfieCop* reminds kids that any photos or videos they take may ultimately be seen by anyone.



*SelfieCop* also allows parents to monitor their child's images to help safeguard behaviour.

Download the *SelfieCop* apps for free at [www.selfiecop.com](http://www.selfiecop.com)



*'SelfieCop is a useful tool to help parents safeguard their children's online activities.'*

Andrew Jackson, AntiBullying  
Co-ordinator, ISPPC.

