

Health and Wellbeing

Learning in health and wellbeing ensures that children and young people develop the knowledge and understanding, skills, capabilities and attributes which they may need for mental, emotional, social and physical wellbeing now and in the future.

Children and young people should feel happy, safe, respected and included in the school environment and all staff in the school are pro-active in promoting positive behaviour in the classroom, playground and the wider school community.



In St. Patrick's we work together to promote self-discipline in our children by having a shared, fair and consistent approach to matters of discipline in order to establish a safe, orderly and positive environment to support teaching and learning.

This means that each session we spend time establishing, explaining, teaching and reinforcing the rules of the school. All children are involved in this process with rules being agreed, not imposed - giving ownership of the rules to the whole school community.

Our approach consists of three parts:

- **Expectation** that the rules will be followed by the whole school community
- **Positive Recognition** that pupils receive for following the rules
- **Consequences** that result when rules are not followed

Opportunities within the curriculum, Circle Time, Assemblies where children have regular updates on our Anti-bullying policy, Religious Education activities, Social Studies etc. are all used as vehicles to discuss, promote and encourage a responsible attitude to personal and collective behaviour and develop the values of citizenship of our pupils.

To view our Promoting Positive Behaviour Policy please access the relevant page on our website: www.stpatricks.sayr.sch.uk

Alternatively a hard copy of this policy can be accessed in the main school office.

In St Patrick's Primary there is great emphasis on being part of a supportive community. Our Primary 1 children are buddied by Primary 7 children, supported through lunch sessions and take part in paired activities with the older children.

Assembly each week celebrates St Patrick's Stars with awards for a wide range of behaviours.

Our "Wall of Fame" celebrates achievements both in and out-with school.

Parents are encouraged to be involved in activities and regularly act as Parent helpers both in school with activities and also as supporters during school outings both within and out-with the local community.