

Classroom Better Movers Thinkers (BMT)

PE Experience & Outcomes : HWB 21a, HWB 22a, HWB 23a, HWB 24a.

PE Benchmarks: Focus and Concertation, Gross/ Fine Motor Skills, Coordination, Balance and Control.

Executive Functions: Focus of Attention, Working Memory, Inhibition Control, Prioritising, Sequencing.

FULL PDF Resource with LINKS to videos: <https://education.gov.scot/improvement/Documents/hwb9-better-mover-and-thinkers.pdf>

Scaffolding Practices

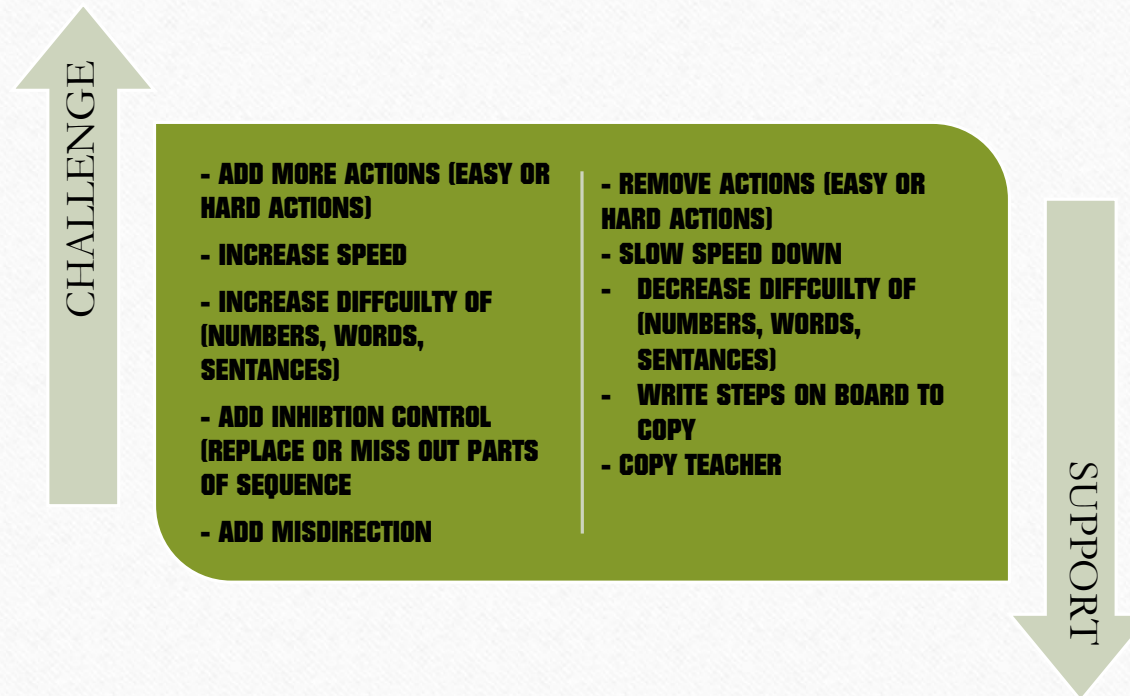
	1	2	3	4	5	6	7	8	9
PRACTICE	CLAP CLAP STAMP (Rhythm & Timing) https://www.youtube.com/watch?v=chUIt8fAkZQ	JUMP CLAP TURN (Rhythm & Timing) https://www.youtube.com/watch?v=OAtMoTgOnCo	TAPPING CIRCLES (Rhythm & Timing) https://www.youtube.com/watch?v=sANRLNTI9HE	CLAP CLAP PATTERNS (Rhythm & Timing) https://www.youtube.com/watch?v=-1dYf1jqlk	SPOT THE DOG (Gross Motor Skills) https://www.youtube.com/watch?v=3nqnT1w39Mo	ALTERNATING ARMS STANDING (Balance) https://www.youtube.com/watch?v=pwR-7UYSJnA	TAP & LIFT FINGERS & DINOSAUR FINGERS (Fine Motor Skills) https://www.youtube.com/watch?v=dFqTsxDPyus	TOUCH TAP FINGERS & FINGER CIRCLES (Fine Motor Skills) https://www.youtube.com/watch?v=DJcKefltYlM	COPY 4 & MOVEMENT MIRROR (Evaluation & Appreciation) https://www.youtube.com/watch?v=Z0ycBaYAmG8
	10	11	12	13	14	15	16	17	
PRACTICE	5 JUMPING PATTERN (Rhythm & Timing) https://www.youtube.com/watch?v=ZWSAZKvQ-6o	JUMPING JACKS (Coordination & Fluency) https://www.youtube.com/watch?v=rBu7Lucmrs	MOVEMENT MIRROR (Evaluation & Appreciation) https://www.youtube.com/watch?v=ntE7XMj4cHI	CROSSING ARM PATTERN (Rhythm & Timing) https://www.youtube.com/watch?v=2MZRo-rD2dg	ARM FOLD (Coordination & Fluency) https://www.youtube.com/watch?v=ph_eEGWRr3M	FINGER CIRCLES (Coordination & Fluency) https://www.youtube.com/watch?v=LZzbI0UXYdw	DINOSAUR FINGERS (Fine Motor Skills) https://www.youtube.com/watch?v=WoReIrB_6uo	TOUCH & LIFT (Coordination & Fluency) https://www.youtube.com/watch?v=QPAN-6bQsls	

Different Ways to Perform

- Individual (Miss Out/ Replace)
- Paired (Mirror Pairs, Alternate Pairs, Back to Back Mirror/ Alternate, Paired Battle)
- Groups (Whole Class, Present it to Class in Small Group, Pass Down the Line, Pass Round the Circle, Group Battle x 2)

= Single, Multiple, Chunk or Sentence.

Support & Challenge



Literacy & Numeracy

LITERACY	NUMERACY
<ul style="list-style-type: none">• Sounds• Letters• Words• Sentences, Questions, Statements, Stories (Talk for Writing Stories)	<ul style="list-style-type: none">• Number Lines• Times Tables• Differencing Times Tables• Addition, Subtraction, Division• Number Sequences