

# WHOLE SCHOOL APPROACH TO SUPPORT



## Eight principles for good mental health and wellbeing

Leadership and management that supports and champions efforts to promote emotional health and well being

Curriculum, teaching and learning to promote resilience and support social and emotional learning

An ethos and environment that embeds respect and values diversity

Enabling student voice to influence decisions

Staff development to support their own wellbeing and that of children and young people

Identifying need and monitoring impact of interventions

Work with parents and carers

Targeted support and appropriate referrals