



BEAUTIFUL INSIDE & OUT (SCIO)

A SCOTTISH REGISTERED CHARITY, BORNE OUT OF THE TRAGIC SUICIDE OF 13 YEAR OLD, JENNA MORIARTY



Jenna was beautiful, compassionate, altruistic, unique, hilarious and extremely intelligent. Jenna told her mum what was upsetting her and together they made plans as to how to improve things. Her mum told Jenna, 'You are beautiful inside and out, darling.' Less than 48 hours later, Jenna took her own precious life straight after arriving home from school.

Jenna's heartbroken mum, Pauline Moriarty, set up this charity so that Jenna can still be helping others. Fun, yet poignant sessions have been devised with a music and drama school for implementation in schools and other groups, to promote positive feelings of self-worth in young people. This gives them a voice and positively reflects what Jenna felt had been taken away from her.

Beautiful Inside & Out (SCIO) also supports bereaved parents of suicide victims, through group meetings for parents, specialised counselling and

additionally an on-line page for communication. Siblings of suicide victims are supported by Beautiful Inside & Out (SCIO) through counselling or help with funding for play therapy. Mental health and child bereavement training has led to the introduction of activities to help children cope with the loss of a sibling.

We also fund unique memory bears to be made for siblings of suicide victims. The bears are made using material from clothes left by the child's lost sibling, for comforting cuddles.

'Beautiful Inside & Out (SCIO) support troubled souls through music therapy and counselling, all funded by the charity.'

Please contact us should you need support, or if you think you can help us with our work.
E-mail: beautifulinsideandoutsco@gmail.com

www.justgiving.com/beautifulinsideandout
www.facebook.com/beautifulinsideandout (SCIO)
Scottish Charitable Incorporated Organisation reg. no. SCO44868



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