

# My Handwa

Day 1

Day 3

Day 2

Day 4

# Washing Chart

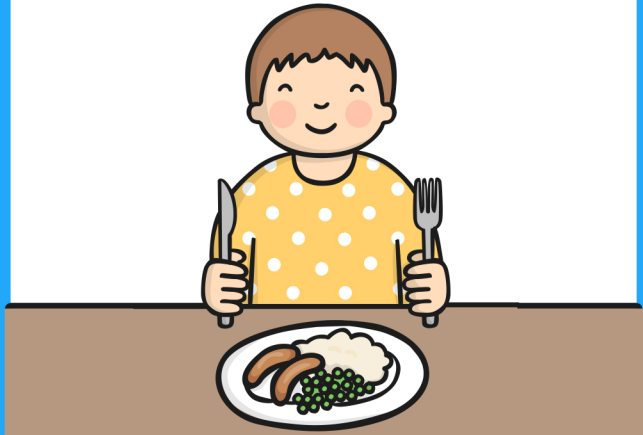
Day 5

Day 7

Day 6

I washed  
my hands

# Wash Your Hands



Before eating



Before, after and  
whilst cooking



After sneezing,  
coughing or  
blowing your nose

times!



After using  
the bathroom



After touching  
animals



After touching  
rubbish