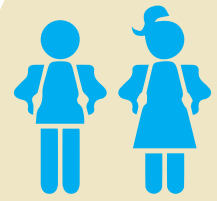


# SOUTH AYRSHIRE SCHOOL MENU 2024/2025

# PRIMARY



Scan here to see the dates for each weekly menu and allergen information



## Week 1 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Starter</b>	Lentil soup ✓	Red pepper & tomato soup ✓	Lentil soup ✓	Chicken & rice soup	Lentil soup ✓
<b>Main courses and veg</b>	Tasty protein power balls with tomato sauce & spaghetti ✓ Golden cheese & tomato pizza ✓ Diced garlic & herb potatoes ✓ Sweetcorn ✓	Flakey plant based sausage roll ✓ Potato wedges ✓ Home-made chicken curry & vegetable rice Mixed vegetables ✓ Baked beans ✓	Creamy mac & cheese & garlic bread ✓ Hearty mince and potato Baby carrots & peas ✓	Golden quorn nuggets ✓ Traditional steak pie Mashed potato ✓ Peas ✓	Fish & chips Rustic lasagne & garlic bread Peas ✓ Baked beans ✓
<b>Baked potato</b>	Baked beans ✓ Cheese ✓	Tuna mayo Baked beans ✓ Cheese ✓	Baked beans ✓ Cheese ✓	Turkey Baked beans ✓ Cheese ✓	Baked beans ✓ Cheese ✓
<b>Sweet</b>	Apple crumble ✓ Custard ✓ Fruit ✓	Yogurt ✓ Fruit ✓	Raspberry jelly ✓ Fruit ✓	Apple & raspberry sponge ✓ Custard ✓ Fruit ✓	Yoghurt ✓ Fruit ✓
<b>Sandwich</b>	Cheese ✓	Tuna mayo	Cheese ✓	Turkey	Cheese ✓
<b>Sundries</b>	Milk ✓ Water ✓	Milk ✓ Water ✓	Milk ✓ Water ✓	Milk ✓ Water ✓	Milk ✓ Water ✓

Salad bar available daily ✓



### Key

- ✓ - Vegetarian
- ✓ - Vegan



*south*  
**AYRSHIRE**  
COUNCIL  
Comhairle Siorrachd Àir a Deas  
Making a Difference Every Day

## Week 2 Menu

Scan here to see the dates for each weekly menu and allergen information



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Starter</b>	Lentil soup ✓	Curried butternut squash & sweet potato soup ✓	Lentil soup ✓	Chicken & rice soup	Lentil soup ✓
<b>Main courses and veg</b>	Golden cheese & tomato pizza ✓ Creamy mac & cheese & garlic bread ✓ Pizza-style potato cubes ✓ Peas ✓ Baked beans ✓	Rustic quorn lasagne & garlic bread ✓ Traditional roast turkey & yorkshire pudding Mashed potato ✓ Mixed vegetables ✓	Home made kashmiri quorn curry & vegetable rice ✓ Beef burger Potato wedges ✓ Sweetcorn & beans ✓	Garlic & herb wedges ✓ Golden salmon fish fingers Hearty beef chilli and rice Sweetcorn & peas ✓	Fish & chips Tasty sausage casserole Peas ✓ Baked beans ✓
<b>Baked potato</b>	Baked beans ✓ Cheese ✓	Turkey Baked beans ✓ Cheese ✓	Baked beans ✓ Cheese ✓	Tuna mayo Baked beans ✓ Cheese ✓	Baked beans ✓ Cheese ✓
<b>Sweet</b>	Rice pudding & mandarin oranges ✓ Fruit ✓	Yogurt ✓ Fruit ✓	Drizzle iced raspberry sponge ✓ Custard ✓ Fruit ✓	Yogurt ✓ Fruit ✓	Ice cream ✓ Fruit ✓
<b>Sandwich</b>	Cheese ✓	Turkey	Cheese ✓	Tuna mayo	Cheese ✓
<b>Sundries</b>	Milk ✓ Water ✓	Milk ✓ Water ✓	Milk ✓ Water ✓	Milk ✓ Water ✓	Milk ✓ Water ✓
Salad bar available daily ✓					

## Week 3 Menu



### Key

- ✓ - Vegetarian
- ✓ - Vegan

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Starter</b>	Lentil soup ✓	Potato & leek soup ✓	Lentil soup ✓	Chicken & rice soup	Lentil soup ✓
<b>Main courses and veg</b>	Golden quorn nuggets ✓ Creamy mac & cheese & garlic bread ✓ Pizza-style potato wedges ✓ Peas ✓ Baked beans ✓	Tangy tomato & mascarpone pasta ✓ Home-made chicken curry & boiled rice Garlic bread ✓ Mixed veg ✓	Plant protein sausage beano ✓ Traditional steak pie Mashed potato ✓ Broccoli ✓	Golden cheese & tomato pizza ✓ Rustic pasta bolognese & garlic bread Pizza-style potato wedges ✓ Corn on the cob ✓ Baked beans ✓	Fish & chips Chicken burger Peas ✓ Baked beans ✓
<b>Baked potato</b>	Baked beans ✓ Cheese ✓	Tuna mayo Baked beans ✓ Cheese ✓	Baked beans ✓ Cheese ✓	Turkey Baked beans ✓ Cheese ✓	Baked beans ✓ Cheese ✓
<b>Sweet</b>	Chocolate & raspberry sponge ✓ Custard ✓ Fruit ✓	Yogurt ✓ Fruit ✓	Apple crumble ✓ Custard ✓ Fruit ✓	Yogurt ✓ Fruit ✓	Ice cream ✓ Fruit ✓
<b>Sandwich</b>	Cheese ✓	Tuna mayo	Cheese ✓	Turkey	Cheese ✓
<b>Sundries</b>	Milk ✓ Water ✓	Milk ✓ Water ✓	Milk ✓ Water ✓	Milk ✓ Water ✓	Milk ✓ Water ✓
Salad bar available daily ✓					