



Monkton PS and EYC Newsletter April 2024

We are now well into Spring and the clocks will change this weekend. We have had many Spring showers and only a little of the Spring sunshine so far - here's hoping that there is more sunshine to come during April!

Term 3 has come to an end and what a busy term we have had. This term, we have taken part in many activities and events including our Scottish Poetry Concert, P7 Burns Supper, World of Work week, Comic Relief, various competitions and quizzes. We have held Primary 5 and 6 Sharing the Learning sessions with their parent / carers and parents' appointments. This week, P7 pupils have been away on their 4 day residential trip to Dumfries House and our P2 and P3 children went on a trip to the Riverside Museum.

I cannot believe that we are moving into the final term of the school session already – this academic year has flown in. Our pupils continue to progress in their learning and work hard every day. Thank you to all the school and EYC staff for their hard work and commitment to our pupils. Thank you also to all of you for your continued support.

We hope that you have a lovely holiday break and a very happy Easter - I hope the Easter bunny is good to you all!

If we can support in any way, please do not hesitate to get in touch. As always, we are here to help.

Mrs Miller

Head Teacher

In This Newsletter



This monthly newsletter has lots of information about the school and the EYC including:

- *Dates for your diary*
 - *Updates*
 - *Community Noticeboard*
 - *Communication*
 - *Contact Us*
-

Dates for your Diary (UNCRC Articles 28, 29 and 31)



Monday 15th April 2024 - School / EYC re-open at 9am

Wednesday 17th April 2024 - Parent Council meeting at 6:30pm in the school meeting room - all welcome

Friday 25th April 2024 - P4 Sharing the Learning at 2:15pm - all parent / carers invited to attend

Thursday 2nd May 2024 - Inservice Day - School closed to pupils

Monday 6th May 2024 - School closed for holiday

Tuesday 4th June 2024 - EYC and School Sports Races afternoon at 1:30pm (on field behind school) - parent / carers welcome

Wednesday 5th June 2024 - P1 - P7 potted Sports activities in classes - pupils can wear house colours (if they have them)

P7 to S1 Parent Information evening at Prestwick Academy at 6:30pm

Thursday 6th June 2024 - P1 school trip to Dundonald Castle (more details to follow)

Friday 7th June 2024 - Pre-school to P7 reports to be sent home

Saturday 8th June 2024 - Monkton Gala Day (more details to follow)

Tuesday 11th to Thursday 13th June 2024 - P7 to S1 Transition days at Academies

Wednesday 12th June 2024 - Whole School bump up afternoon / ante pre Stay and Play in EYC

Wednesday 26th June 2024 - P7 Leaver's Ceremony at 9:30am

EYC Graduation at 2pm

Friday 28th June 2024 - School Closes for summer at 1pm (EYC will remain open until 3pm for those who require it)

Updates (UNCRC Article 17)



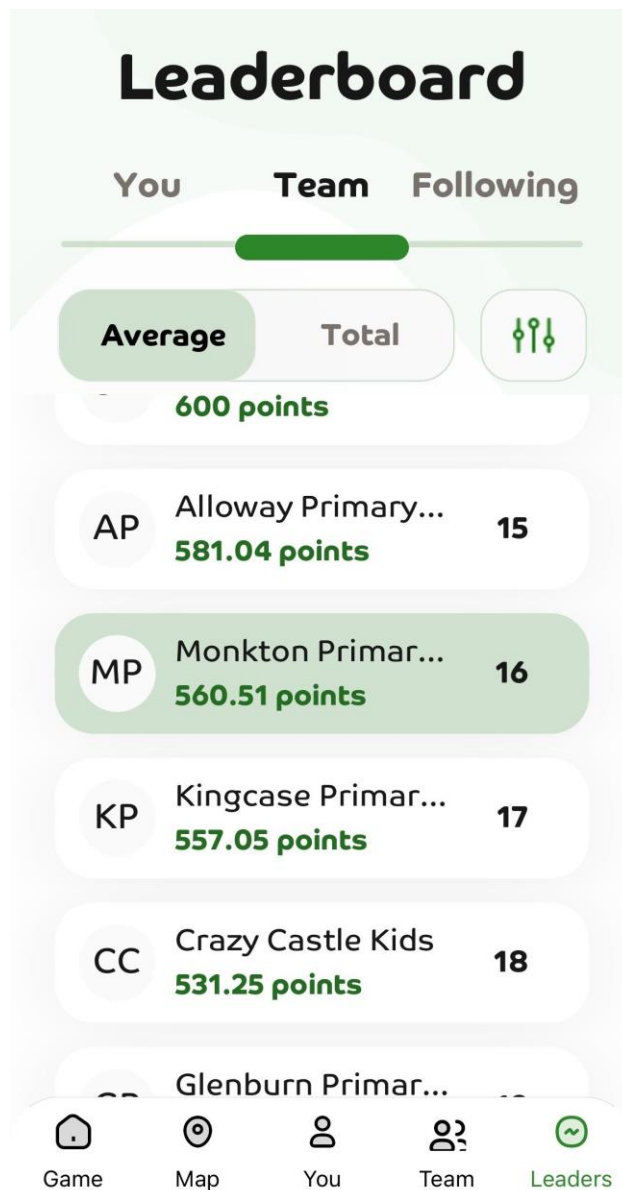
This section contains important updates and information.



Congratulations to Mila and Eilidh in P7 who both won the recent Monkton Community Council Road Safety competition. Their winning designs have been made into signs which can be seen in the village. These signs will attract the attention of drivers and hopefully encourage them to reduce their speed when driving in the village to make it safer for all. We continue to encourage all parent / carers to drive and park safely around the school especially during drop off and pick up times - thank you!



On Friday 15th March 2024, all children and staff dressed down and we raised £162.61 for Comic Relief. Thank you for all the donations that have been sent to this worthwhile charity.



A big well done and thank you to everyone who took part in Beat the Street. What a great way to increase our exercise to keep fit and healthy.! As a school / EYC, we came 15th out of 58 which is an amazing achievement. Well done to all of those who were top of our leaderboard for both points and gems - it was getting quite competitive in the end!



The Parent Council would like to thank everyone that has supported our fundraising events throughout March. Our World Book Day book swap raised just over £100, but more importantly all children were able to bring home a new book. Thank you to everyone who donated books. The remaining books have been donated to the school for Accelerated Reader / class libraries or to charity.

Our second event in March was our Dance Bingo which was a great night and supported by parents and the wider community. We made around £350 and everyone that was there felt the night was a lot of fun.

Our final event for this academic year will be at the Monkton Gala Day on 8th June. We are asking for donations of pre loved soft toys for a teddy tombola. If you are able to donate these pre wrapped that would be a huge help. Donations can be dropped off at the school office between 1st May and 1st June 2024. Thank you!

Our next Parent Council meeting is Wednesday 17th April 2024 at 6.30pm in school - all welcome to attend.

Thanks to everyone for your ongoing support this last year, we will update with our planned purchases soon.



Save the Date - **MONKTON GALA DAY 2024 – Saturday 8th June 2024**

Monkton Gala is back for 2024 so save the date! After a brilliant day in the sunshine last year with a fantastic turnout from the people of Monkton and beyond, the Monkton Community Council have given the go ahead for a gala day for 2024. We are part of the gala committee who have started to plan the 2024 event which we want make even better, so that means more stalls, activities, dancing

demonstrations and most importantly even more fun for the people of Monkton! So far, we have confirmed the following:-

- Music and dance shows from a local Choir, DJ, and dance groups.
- Games and sport activities from a party entertainer and Active Schools.
- Face Painting, Climbing Walls, Owl Magic, Ninja Assault Course, slides and bouncy castles. The super cute Alpacas will be back too.
- Ice Cream Van, Sweets and Cakes Stalls, Coffee Stall, Pizza van and a licensed Bar.

The gala committee needs the support of local business to help with funding, raffle prizes and to get involved to contribute to the success of the Gala. If you can donate a prize or supply funding for the gala, it would be appreciated and you can hand into the school office or contact the Chair below. There is also space on the day if you wish to take a stall to promote your organisation. Please contact Catherine Robertson Chair of Monkton Gala Group (Subcommittee of Monkton Community Council) on cl Robertson4@btinternet.com or mobile 07494 465661. Thank you.

parentsportal.scot

The new Parentsportal.scot has now launched. This online portal allows you to see info about your child at a time that suits you! There is also a calendar with all school events listed and access to ParentPay and in the near future there will be access to book your parents evening appointment. Find out more info and register here - <https://www.south-ayrshire.gov.uk/parents-portal> You have been sent details of how to sign up for your child(ren). Once you have signed up, you can complete the annual data check for your child(ren). If you need any help or support to do this, please contact the school office. Thank you.



Child Protection (UNCRC Articles 19, 20 and 24)

The safety and wellbeing of children at Monkton Primary School and Early Years Centre is our utmost priority. If you have any concerns about a child protection matter, please contact the school to make an appointment with Mrs Miller (Child Protection Coordinator) or Mrs Ramsay (Depute Child Protection Coordinator).

Our [Child Protection Guidelines](#) can be found on the school / EYC website.

Community Noticeboard (UNCRC Articles 18, 24, 29 and 31)



active communities
SOUTH AYRSHIRE

Book Now **EASTER HOLIDAY CAMPS**

P1-7 EASTER MULTISPORT CAMPS
9:30AM-2.30PM | £10 PER DAY
FULL WEEK & SIBLING DISCOUNTS AVAILABLE

2ND-5TH APRIL
PRESTWICK ACADEMY
GIRVAN ACADEMY
CARRICK COMMUNITY CAMPUS

8TH-12TH APRIL
MARR COLLEGE
BELMONT ACADEMY

BOOK ONLINE NOW VIA CLUBSPARK >>>

WWW.ACTIVESOUTHAYRSHIRE.COM

THRIVING COMMUNITIES | activeschools | Inspire | AYRSHIRE COUNCIL | Sport Hubs

The poster features a purple background with colorful circular images of children playing sports. It includes a QR code and social media icons for Facebook, Instagram, and Twitter.



**PRESTWICK, TROON &
VILLAGES
EASTER
PROGRAMME 2024**

**Free
Activities**

**FREE
Transport**

Sign Up Here!



**Tuesday 2nd Apr,
Wellbeing Day**

**Free
Lunch
&
Snacks
Provided**

**Wednesday 3rd Apr,
Rozelle Estate, Ayr**



**10-2pm
each session**

**Thursday 4th Apr,
Fullarton Woods**
**Wednesday 10th Apr,
Creative Day**





CAMP

Ayr United - Holiday Football (5 - 13yrs)

Queen Margaret Academy

Football during school holidays for 5-13 year olds. Players will be split into smaller groups dependant on age and ability levels. Holiday football will give the children the opportunity to develop their skill, make new friends and have fun in a safe and supportive environment.

Week	Dates
Easter Week 1	Tue 2nd April 2024 - Fri 5th April 2024

Info & Booking

CAMP

Ayr United - Holiday Football (Girls only group) (5 - 14yrs)

Queen Margaret Academy

Football during school holidays for 5-14 year old girls, players will be split into smaller groups dependant on age and ability levels. Holiday football will give the children the opportunity to develop their skill and have fun in a safe and supportive environment. Please note for Summer 2023 our [...more](#)

Week	Dates
Girls Easter Camp	Wed 3rd April 2024 - Fri 5th April 2024

Info & Booking

CAMP

Ayr United - Holiday Football (5 - 13yrs)

Prestwick Academy

Football during school holidays for 5-13 year olds. Players will be split into smaller groups dependant on age and ability levels. Holiday football will give the children the opportunity to develop their skill, make new friends and have fun in a safe and supportive environment.

Week	Dates
Easter Week 2	Mon 8th April 2024 - Fri 12th April 2024

Info & Booking

HYPNOTHERAPY & LIFE COACHING



Who are we?

CANI Coaching are a highly dedicated team who provide Youth Impact Coaching Programmes & Clinical Hypnotherapy that get fantastic outcomes that enable young people and the key adults to lift their lives, showcase their leadership talents and fulfil their potential, no matter what their background story is, that's why we make a big impact.

What Hypnotherapy is not!

- Myth: Hypnotherapy — Someone taking over your mind (Mind control).
- Myth: Hypnotherapy can make people do silly things.
- Myth: In hypnosis I may reveal my deepest darkest secrets.
- Myth: I might never 'wake up'.
- Myth: Only gullible people can be hypnotised.
- Myth: I won't hear what is said to me during hypnosis.

What we do

Hypnosis is a way that a therapist can communicate with your unconscious mind and make positive suggestions for the purpose of improving your life by potentially changing deep rooted thoughts and beliefs. Hypnotherapy can be used to treat a wide range of issues like fears and phobias, anxiety and stress, panic attacks, insomnia, lack of self-confidence, weight management, smoking cessation and even physical conditions such as irritable bowel syndrome, skin conditions and migraines. A hypnotherapist helps activate the client's inner resources to achieve realistic goals. Under hypnosis, your imagination can be guided and shaped to enable you to achieve the outcome you want.

What can we help you with?

Thoughts

People can suffer from low self-esteem, or obsessive thoughts about someone or something. For example, they may not be able to rid their minds of the idea that a partner is unfaithful, or that they are suffering from an illness despite a medical reassurance. Hypnotherapy can help them banish such obsessions.

Emotions

People can suffer from a wide variety of distressing feelings such as panic attacks, anxiety, jealousy, guilt, anger or inadequacy. Whatever the feeling, hypnotherapy can offer an effective, natural treatment without any unpleasant side effects.

Fears

People often experience an irrational fear of a variety of insects, animals, objects or situations. Hypnotherapy is renowned for its effectiveness in helping sufferers overcome these distressing and inhibiting conditions.

Behaviour

People can find themselves in the grip of habits or patterns they seem unable to control, from nail-biting or smoking to more deep-seated compulsions. Hypnotherapy can help them overcome such habits.

What others have said?

"I had a positive experience with Cani coaching. I was made to feel relaxed safe and comfortable and left my sessions feeling so much lighter. I suffered from extreme episodes of panic, including flashbacks and nightmares, these have decreased substantially, my anxiety has lightened, and I suffer from neurological pain, from a degenerative condition, which is excruciating and unbearable at times. I have experienced relief from "being crushed" as I rest. I have already recommended friends and family for mental and physical relief. I found can coaching much more beneficial than standard counselling (I've had 20 years on and off counselling with no relief) Very thankful for coming across the opportunity to attend"

PARENT EMPOWERMENT PROGRAMME



The bigger Picture!

The Scottish Government's aspiration for Parents and Young people is clear
"We want Scotland to be the best place in the world to grow up"

Research conducted by the Government has identified when parents engage more in their child's learning, develop personal skills and finding employment opportunities, it raises their child's attainment in school. This will support creating a more prosperous community for themselves and their families.

Who are we?

CANI Coaching are a highly dedicated team who provide Youth Impact Coaching Programmes that get fantastic outcomes that enable young people and the key adults to lift their lives, showcase their leadership talents and fulfil their potential, no matter what their background story is, that's why we make a big impact.

Partnership!

We aim to achieve these outcomes that South Ayrshire Thriving Communities has outlined within their improvement plan, these are:

- Provide Skills Development Workshops.
- Connect parents with local community and employment resources, support groups, and networking opportunities.
- To build a working partnership with you.
- To gain the tools and confidence to support your child learn more effectively and improve achievement and attainment.

What? When? Where? How?

Programme: Parent Empowerment

Date: 17th, 24th, Apr, 1st, 8th, 15th & 22nd May

Venue: TBC

Times: 9:30am—12:30pm

Contact: To register your interest or find out more please contact jan.mgarry@south-ayrshire.gov.uk and come along to the information day on 28th March

What you will learn!

- How to create the future you want for you and your family.
- How to get all family members living and role modelling the values and beliefs you want to promote.
- How to support your child to fulfil their potential.
- How to unlock your potential through coaching techniques.
- How to create time and space for yourself and your wellbeing.
- How to set goals using our proven performance plan that will give you

What previous parents have said

"Absolutely amazing, this programme is fundamental in creating a deeper connection with yourself and that of your family"

"It's amazing, makes you feel like you are on top of the world"

"It's been a very unexpected journey, but an incredible one"

Step into Spring Safely

The weather is getting warmer and Spring is on its way, here are some tips to keep germs at bay.

NHS Ayrshire & Arran's Health Protection Team



If visiting an animal park or farm and feeding or petting animals it is very important to **wash your hands** thoroughly when finished.



Potential risks

Contact with animals increases the risk of Gastrointestinal infections such as Cryptosporidium or E-coli



Prevention

- Wash hands thoroughly with soap and running water after petting or feeding animals
- Supervise children washing their hands
- Wash hands before eating
- Use designated cafes or picnic areas
- Only use alcohol gel **after** you have washed hands with soap and water

Symptoms to look out for

- Watery diarrhoea
- Stomach pains
- Nausea and vomiting
- Low grade fever



What to do if you are worried

Speak to your GP regarding your symptoms (Monday – Friday)
Call NHS 24 on 111 (out of hours)

Did you know?

That alcohol gel is less effective than soap and water at removing certain kinds of germs like Cryptosporidium.



New date!

ASN Family Support Network
Event
10th May 24 in Concert Halls,
Troon



10th May 2024 11-3 pm:
this year's theme is "**Transitions**"

Keynote speakers:
Tanya Tenant
www.tanyatennant.co.uk
speaking on "Transition" 12-2pm

South Ayrshire Psychological Services
speaking on "Transition Policy and
Strategies" 2-3pm

Marketplace stalls including:
Barnardos, Penumbra, Community Gift
Exchange, South Ayrshire Community
Transport, DWP, Scottish Book Trust
and many more ...
No need to pre-book for this event



ASN
Family Support

Offering support, advice
and friendship for any
parents and carers of young
people with Additional
Support Needs (ASN)
living in South Ayrshire

Further information from
fiona.priestnall@south-ayrshire.gov.uk
Or ASN Website www.south-ayrshire.gov.uk/asn



Educational Services

Depute Chief Executive and Director of Education: Lyndsay McRoberts

County Buildings, Wellington Square, Ayr, KA7 1DE

Tel: 01292 616627

<http://www.education-services.south-ayrshire.gov.uk>



Health and Social Care Partnership

Head of Children's Health, Care and Justice Service: Mark Inglic

Ardax Hospital, ~~120~~120 Kingston Road, Ayr, KA8 6UX

Tel: 01292 616627

<http://www.health-social-care-partnership.south-ayrshire.gov.uk>



Our Ref: ~~159~~159/MSCF Your Ref:
Date: 7th March 2024

Dear Parents and Carers

NHS Ayrshire & Arran Child and Adolescent Mental Health Services (CAMHS)

From the 1 August 2023, NHS Ayrshire & Arran Child and Adolescent Mental Health Services (CAMHS) are now working in line with the Scottish Government National CAMHS Specification.

This means they are no longer able to accept referrals for children where there is not a significant mental health concern.

We are committed to ensuring support and guidance is available for children with neurodevelopmental concerns and significant work has been undertaken across Ayrshire to address this.

Within South Ayrshire, local strategic and implementation groups have been set up and a pilot pathway for supporting children with neurodevelopmental concerns is currently being developed. To ensure the pathway is helpful and effective, we are now progressing to testing it out with a small number of referrals and will be doing this within two areas of South Ayrshire. We hope to then be able to roll this out across the area soon and further communications will follow with regards to this.

Please note that the pilot pathway referred to in this letter is in relation to additional advice, guidance and support. This is not a pathway for neurodevelopmental assessment at this stage, however work is also underway developing this and further communication will follow in the near future regarding this.

Yours sincerely

Lyndsay McRoberts
Depute Chief Executive & Director of Education
Educational Services

Mark Inglic
Head of Children's Health, Care & Justice Services
Health & Social Care Partnership

Are you connected to a child who has additional support needs? Come and join our community! We are parents and carers who all share similar experiences and wish nothing more than for everyone to feel supported.

FIND US ON FACEBOOK BY SEARCHING ASN SUPPORT
AYRSHIRE OR CONTACT US BY
EMAIL

asnayrshire@gmail.co.uk



**It can be tricky to understand your child's needs pre and post diagnosis, you are not alone!
your child does not require a diagnosis for you to join our ever growing community.**





Unity Support for Carers
South Ayrshire

WHO ARE YOUNG CARERS?

YOUNG CARERS ARE CHILDREN AND YOUNG PEOPLE WHO HELP TO CARE FOR SOMEONE, A FAMILY MEMBER OR A FRIEND, WHO MAY NEED A HELPING HAND, CARE AND SUPPORT.

WHAT DO YOUNG CARERS DO?

YOUNG CARERS CAN PROVIDE EMOTIONAL, PHYSICAL, PERSONAL, FINANCIAL, MEDICAL OR TASK BASED CARE FOR SOMEONE WHO FACES CHALLENGES WITH PHYSICAL OR MENTAL HEALTH, SUBSTANCES OR WITH COMMUNICATION.



SCAN ME

SOUTH AYRSHIRE CARERS CENTRE

01292 263000 | 43 SANDGATE, AYR, KA7 1DA
SOUTHAYRSHIRE.CARERS@UNITY-ENTERPRISE.COM

 SOUTH AYRSHIRE CARERS CENTRE

 SACARERSCENTRE

WWW.UNITY-ENTERPRISE.COM

FOLLOW THE QR TO REFER





**SOUTH AYRSHIRE[®]
HOSPITALITY HUB**
QUALIFICATIONS & TRAINING

**PARENT FOCUSED COURSES
STARTING 19TH MARCH,
14TH MAY & 10TH SEPTEMBER 2024**

south
AYRSHIRE
COUNCIL
Customer Services for a Smile
Making a Difference Every Day

Ayrshire Cancer Support Children & Young People Services

at a Glance

Under 5 Years	<ul style="list-style-type: none">- Family support sessions- Liaison with local and national support services- Link to wider Ayrshire Cancer Support services
Ages 5-11 years Ages 12-17 years Ages 18-25 years	<ul style="list-style-type: none">- One to One Support<ul style="list-style-type: none">- Counselling- Creative therapeutic support- LIAM (Let's Introduce Anxiety Management)- Peer support groups – East, North & South Ayrshire- Activity groups (Climbing & Boxercise)- Complementary therapy
Families	<ul style="list-style-type: none">- Family support sessions- Liaison with local and national support services- Link to wider Ayrshire Cancer Support services
Schools	<ul style="list-style-type: none">- Seasons for Growth programme Age 6 – 18 years- School support following a bereavement or cancer diagnosis of a pupil or staff member- Staff support- Link to wider Ayrshire Cancer Support services
Higher Education Institutions	<ul style="list-style-type: none">- Liaison with Student Services- Link to wider Ayrshire Cancer Support services

Get in touch for more information.

www.ayrshirecs.org | 01563 538008

**AYRSHIRE
CANCER
SUPPORT**
We're here for you

Communication (UNCRC Articles 3 and 5)



Communication with parents / carers continues to be of utmost importance to us.

Important updates / information will be sent to you by **email** or **text** message so please check regularly for these.

Instagram is being used for reminders and to share learning in class (2 posts per week per class). Learning Journals are used in the EYC (minimum of 1 post per child per week). You will receive 2 class newsletters per year outlining what your child will be learning in class: EYC - P7.

If you have any feedback, questions (however small) or information to be shared, please phone the school on **01292 473456** or email us – Monkton.Mail@south-ayrshire.gov.uk

If you have any class based / individual pupil concerns, please contact the office to arrange to talk to your child's class teacher or EYC key worker as first point of contact. In some circumstances, you may wish to talk to -

•**Mrs Miller** if your child is in **EYC, P1, P2 or P3** or **Mrs Ramsay** if your child is in **P4, P5, P6 or P7**.

Please **do not email class teachers, HT or DHT directly** as they may be out of school with no access to emails. Instead, please contact the school office to make an appointment or email the school mailbox with your enquiry. It will be passed on and they will respond to you during school hours usually within 5 days.

If you are not happy with the outcome of your enquiry, you have the right to escalate your complaint to the authority - <https://www.south-ayrshire.gov.uk/complaints/>

Contact Us (UNCRC Articles 5 and 18)





1 -

Monkton.Mail@south-ayrshire.gov.uk



<https://blogs.glowscotland.org.uk/sa/monktonpsandeyc/>



[m_p_s_2_r_h \(Primary Instagram\)](#)



EYC use [Learning Journals](#)



[@MonktonPS](#) – Primary and Early Years

Our Vision, Values and Aims (UNCRC Article 2 and 29)



Our Vision

*At Monkton, we encourage and support every child to be the best they can be. Our ambition is to close the attainment gap by stretching and challenging all children. Children are encouraged to have high standards and be aspirational about their future. A school in the community as well as a community in the school. **At Monkton We Fly As High As The Sky!***

Prestwick Cluster Values

For a number of years the school has shared values with the other schools in the Prestwick Academy cluster. These are **Honesty, Compassion, Respect, Responsibility and Equality**. The cluster schools have also created 'Our Prestwick Promise' which is-

"We aim to work collaboratively across the cluster, supporting and challenging each other to improve outcomes for children and young people and to help raise attainment for all. We will work together across establishments to support equity and address gaps by sharing time, expertise and resources. By working collaboratively, we endeavor to reduce workload and provide consistent approaches, pedagogy and systems to promote high quality learning and teaching."

Each year, we create a Prestwick Cluster Action plan which we work together on throughout the school session.

Aims

Fantastic futures for all!

Learning life skills!

You have pride in the school!

Hard working children and helpful staff!

In Monkton, everyone is included!

Great learning experiences (including play)!

Heart of the Monkton community!