

South Ayrshire Early Years Menu 2026/2027

Week 1

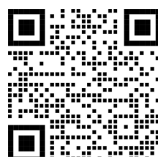
	Monday	Tuesday	Wednesday	Thursday	Friday
Starter/ Sweet	Lentil soup ✓	Red pepper & tomato soup ✓	Fruit ✓	Fruit ✓	Lentil soup ✓
Main course and veg	Tasty protein power balls with tomato sauce & spaghetti ✓ Sweetcorn ✓	Home-made chicken curry Vegetable rice ✓ Mixed vegetables ✓	Hearty mince & potato Baby carrots ✓	Traditional steak pie Mashed potato ✓ Peas ✓	Golden salmon fish fingers Mashed potato ✓ Baked beans ✓
Mixed salad available daily ✓					

Week 2

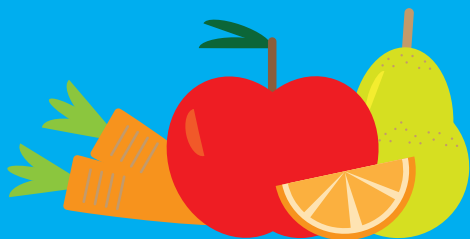
	Monday	Tuesday	Wednesday	Thursday	Friday
Starter/ Sweet	Lentil soup ✓	Fruit ✓	Lentil soup ✓	Chicken & rice soup	Fruit ✓
Main course and veg	Creamy mac & cheese ✓ Crusty bread ✓ Peas ✓	Traditional roast turkey & yorkshire pudding Mashed potato ✓ Mixed vegetables ✓	Home-made Kashmiri quorn curry ✓ Vegetable rice ✓ Sweetcorn ✓	Golden salmon fish fingers Diced garlic & herb ✓ potatoes Baked beans ✓	Tasty sausage casserole Mashed potato ✓ Peas ✓
Mixed salad available daily ✓					

Key

- V** - Vegetarian
- ✓** - Vegan



Scan here to see the dates for each weekly menu and allergen information



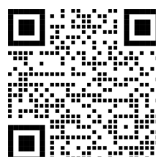
South Ayrshire Early Years Menu 2026/2027

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter/ Sweet	Fruit ✓	Potato & leek soup ✓	Lentil soup ✓	Fruit ✓	Lentil soup ✓
Main course and veg	Creamy mac & cheese ✓ Crusty bread ✓ Peas ✓	Home-made chicken curry Boiled rice ✓ Mixed vegetables ✓	Plant protein sausage beano ✓ Mashed potato ✓ Broccoli ✓	Rustic pasta bolognese Crusty bread ✓ Corn on the cob ✓	Golden salmon fish finger roll Baked beans ✓
Mixed salad available daily ✓					

Key

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2026 South Ayrshire school menu weekly guide



Week 1

January						
M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Week 2

February						
M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

Week 3

March						
M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April						
M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May						
M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June						
M	T	W	T	F	S	S
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July						
M	T	W	T	F	S	S
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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

August						
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					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

September						
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	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

October						
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			1	2	3	4
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26	27	28	29	30	31	

November						
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						1
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23	24	25	26	27	28	29
30						

December						
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

2027 South Ayrshire school menu weekly guide

Week 1

Week 2

Week 3

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				1	2	3
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February						
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22	23	24	25	26	27	28

March						
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17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June						
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

July						
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12	13	14	15	16	17	18
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August						
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						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
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