

AIMS OF THE SERVICE

- To help children and young people have a better understanding of Domestic Abuse and their experiences.
- To give children and young people the opportunity to talk about their experiences in a safe environment
- To help children and young people keep themselves safe through awareness raising and safety planning
- To improve wellbeing and confidence through support with their keyworker
- To provide family support to improve family relations
- To provide support to young people struggling with abuse in their own relationships

CONTACT:

If you feel you need support you can contact us directly, through your school or a trusted adult.



Main office
01292 266482

Children and Young
People's
Support Service
01292 267067

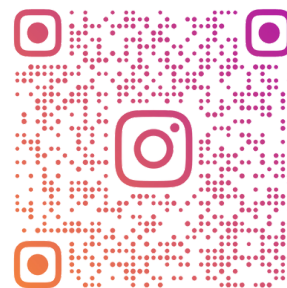


email
sawacyp@sawamail.org.uk



28 Sandgate
Ayr
KA8 1BW

Opening Hours
Monday - Friday
9am - 4.30pm



SAWA_CYP



Company Ltd by Guarantee
Company Number SC339514
Registered Charity Number
SC002364



CHILDREN AND YOUNG PEOPLE'S SUPPORT SERVICE

01292 267067

WWW.SOUTHAYRSHIREWOMENSAID.ORG.UK

FOLLOW US ON FACEBOOK
[@SOUTHAYRSHIREWOMENSAID](https://www.facebook.com/SOUTHAYRSHIREWOMENSAID)

What is Domestic Abuse?

Domestic abuse is a pattern of controlling behaviour by someone you are, or have been in a relationship with. The abuse may be constant over a long period of time or it may be short lived. Domestic abuse has many forms and is not always physical. It could be mental, verbal, sexual or financial abuse. It can include things such as name calling, putting you down and controlling the things that you do.

If this is happening at home or in your own relationship it can be very hard to deal with. Talking about how you feel can help you to cope and make sense of what is happening.

We provide support to boys and girls up to the age of 18.

We provide:

- 1-1 sessions in a safe environment
- Advocacy work
- Group work/activities
- family sessions
- Awareness raising
- Support for teenage relationships
- Child centred approach

Our service is fully confidential to the Child or Young Person we are supporting. However, there may be occasions where it is necessary to share things with other agencies to ensure the safety and wellbeing of that Child or Young Person.

My worker was really nice and easy to talk to. She helped me understand that none of it was my fault.

"My keyworker helped me to realise that the way my partner was treating me wasn't ok. Talking to her helped to give me the strength to walk away"

"I feel really safe now"

"The support has changed my life for the better"

You are not alone.
You are not to blame.
Talking with a trusted adult helps.