

HEATHFIELD PRIMARY & EYC P3-5SM CURRICULUM NEWSLETTER



Diary Dates

November

Thursday 6th - Outdoor Learning Day
Monday 10th - Odd Socks Day to begin Respect Me Week (anti-bullying)

Tuesday 11th - Remembrance

Wednesday 12th - Parent Council 6pm

Friday 14th - Children in Need - dress down.

Monday 17th - Road Safety Week and Book Week Scotland

Wednesday 19th - Flu Immunisations

Thursday 27th - Support and

Wellbeing/ASN Brew and Blether

Friday 28th - Wear a flash of Tartan for St Andrews Day

December

Wed 3rd - International Day of People with Disability.

Fri 5th - Dress down and bring a bottle.

Mon 8th - Nativity Dress rehearsal

9th and 10th - Nativity Performance.

Thu 11th - Pupil Xmas School Lunch

Fri 12th - Christmas Fayre

Fri 19th - Christmas Party.

Fri 19th - Last day of School



Reminders

Our school uniform is:

- white shirt with a tie or a polo shirt
- red or grey jumper/cardigan
- black or grey trousers/shorts/skirt/pinafore. Tartan/check dresses in our school colours are also welcome.

Please remember that we may take our learning outside so all children should bring a jacket.

OUR CURRICULUM THIS TERM

Literacy and English

For Literacy P3-5SM work on a specific weekly phonic sound. With learning and teaching approaches we gain understanding of key sound and interesting words within different aspects of the curriculum. All pupils try hard recognising new and familiar words watching fun Phonic videos and participating in different Circle Time activities.



Numeracy and Maths

In numeracy and maths, we have been practising identifying, ordering, and writing numbers through hands-on games and everyday activities. We are also going to be learning about measurement, using words like big and small, long and short to describe and compare different objects around us. Along the way, we've started to notice and create patterns, spotting them in colours, shapes, and daily routines.

Health and Wellbeing

In Health and Wellbeing, we've been learning to understand and care for ourselves and our emotions. Through the Zones of Regulation, we are learning to recognise how we feel and to use different strategies to help ourselves get back to the green, calm zone. We've also been working on personal care skills, encouraging independence and confidence in everyday routines. Alongside this, we've been exploring our five senses, using fun, hands-on activities to discover how we see, hear, touch, taste, and smell the world around us.

The Zones of Regulation

Blue Zone sad tired sick tired	Green Zone happy calm feeling ok focused ready to learn	Yellow Zone frustrated worried silly/wiggly excited loss of some control	Red Zone mad/angry terrified yelling/hitting elated out of control

Contexts for Learning

IDL (Topic - Emergency Services)

During IDL (Topic) P3-5SM will be learning about different types of emergency services that are available to the local community. We will be exploring the importance of these services and what their equipment and uniforms look.

