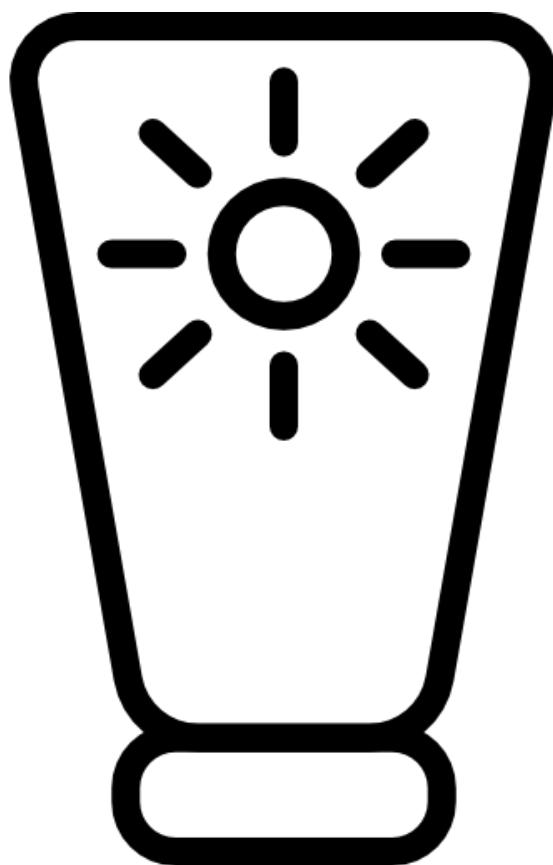




Heathfield  
Early Years Centre

# **Application of Sun Lotion Policy**



Revised: February 2025

Review: February 2028

## **Guidance on the use of Suntan Lotion in Early Years Centre**

As with any activity that poses an element of risk to children, staff should undertake a dynamic risk assessment on the potential dangers of over exposure to the sun.

In general, the risk will be minimised where children are given limited exposure so consideration should be given to the duration of outdoor play.

Care should be given to avoid contact with open wounds (staff/children).

- Parents/Carers should be asked to ensure that their child has adequate sun protection by applying sun cream before they come to the EYC and providing suitable protective clothing (e.g. hats, long-sleeved t-shirts, etc.)
- There will be a bottle of sun cream in the EYC (allergies will be considered when purchasing a brand or type of suncream), if it has been forgotten at home.
- Parental permission should be sought to allow staff to reapply sun lotion to children as required using their own suncream or EYC suncream.
- Where a child may be sensitive to sun exposure, parental permission must be given for staff to reapply a standard Factor 30/50 sun lotion kept by the EYC. (This will be labelled with their name and date of birth. Labelled when in use by date, stored in the medication cupboard).
- Staff should wash hands before and after applying the lotion to individual children. Staff can use gloves and use a clean pair per child if this is more suitable for both the child and staff member.
- Staff have a duty of care to provide shaded areas and encourage indoor play breaks on the hottest days.
- Model and support children to be independent when applying cream – but always check they have covered all their exposed skin.
- Ensure fresh drinking water is available and accessible for children and talk to them about the importance of regular drinking – allow independent access where possible. Talk to the children about the importance of taking regular water breaks and model this.

## **NHS GUIDANCE ON SUN SAFETY**

## **Sun safety tips**

Spend time in the shade when the sun is strongest. In the UK, this is between 11am and 3pm from March to October.

Make sure you:

- spend time in the shade between 11am and 3pm
- never burn
- cover up with suitable clothing and sunglasses
- take extra care with children
- use at least factor 30 sunscreens or 50 where possible
- As a guide, adults should aim to apply around 6 to 8 teaspoons of sunscreen if you're covering your entire body.