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SOUTH AYRSHIRE COUNCIL
BIKEABILITY – Level 1
PARENTAL CONSENT FORM

Dear Parent/Guardian

Bikeability Level 1 training is about to be conducted at your child's school starting on **Thursday 4th May**. This programme has been developed by Cycling Scotland and is being delivered throughout schools in South Ayrshire. It is intended as a grassroots scheme to teach essential cycling skills. The course will cover bike checks, helmet wearing, appropriate clothing, balance and control and activities that encourage your child to ride without wobbling and make the bike go where they want it to go. This means they will be better prepared to undertake the Bikeability Level 2 on-road training at a later date. All training sessions will be in the playground or grass area.

Your child will need a bicycle in a roadworthy condition in order to participate in the course, and it would be helpful if you could check the bicycle, or take it to a cycle shop to be checked, to ensure it is safe for use. You must provide acceptable head protection for your child and suitable outdoor clothing should be worn.

South Ayrshire Council will not be responsible for damage or loss of a child's bicycle.

If you wish your child to participate in the Level 1 course please sign and return the attached pro-forma to the school.

Yours faithfully

Fiona McDougall

Head Teacher

SOUTH AYRSHIRE COUNCIL – BIKEABILITY LEVEL 1 TRAINING

Name of child.....

I agree to my child taking part in the Bikeability Level 1 course which will be carried out in the playground/grass area. My child will be attending with a bicycle in a roadworthy condition together with acceptable head protection.

Signed Parent/Guardian Date:

Emergency Contact No (Please note this will be shared with all Bikeability Instructors/Mentors involved to ensure immediate contact if necessary).

THIS FORM SHOULD BE RETURNED TO THE SCHOOL NO LATER THAN **Tuesday 2nd May**.