More ideas

* Living room camp out
* Playdough/clay/modelling medium – great for hand muscle development and creativity as well as stress relief

(please see below for an easy playdough recipe – I would also like to say priority should be given to using flour for food purposes, flour that has passed its use by date still makes perfect play dough)

* Record a performance (puppet show/song/dance/gymnastics routine etc) send it to a friend - older children can write a review of what they liked most about the performance - younger children can say what they liked best. (Good for keeping connections with classmates during social distancing)
* Loose parts and open-ended materials - give children time and space to explore and wonder - join in with them wherever you can and wonder alongside them

Household objects are perfect for this: e.g. lollipop sticks/marbles/recycled lids or

corks/stones/shells/sticks/twine or wool/pegs/bobbins/ribbons the possibilities

are huge.

* Nature challenge - create artwork in nature or using natural objects
* Garden obstacle course, be imaginative even if its just laps of the garden moving different ways, e.g. monkey crawl, kangaroo bouncing, balancing a bean bag etc.
* Button box/piggy bank – these simple things are like a treasure chest for children allow them to explore the contents, they will sort, classify, ask amazing questions
* Look at old photos together
* Make a bird feeder or nesting ball
* Stories from space - <https://storytimefromspace.com/> hearing a story being read to you from the international space station!
* Older children read a story to a sibling /pet or phone a friend/relative and read to them
* Treasure hunts (words/symbols/actual objects) brilliant for phonics or sight words
* Timed challenges - how long can you keep a balloon of the ground/can you balance on one leg for a minute etc

NO-COOK PLAY DOUGH RECIPE

You need:

· 2 cups flour

· 2 tablespoons vegetable oil (baby oil and coconut oil work too)

· 1/2 cup salt

· 2 tablespoons cream of tartar

· 1 cup boiling water (adding in increments until it feels just right) a little extra water is

sometimes needed but add a little at a time

· food colouring (optional)

Method:

· Mix the flour, salt, cream of tartar and oil in a large mixing bowl

· Add food colouring to the boiling water then into the dry ingredients a little at a time

· Stir continuously until it becomes a sticky, combined dough – dough shouldn’t be overly wet

· Allow it to cool down then take it out of the bowl and knead it vigorously for a couple of

minutes until all of the stickiness has gone. \* This is the most important part of the process, so

keep at it until it’s the perfect consistency! \*

· If it remains a little sticky then add a touch more flour until just right​