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| Experience ideas | Some Key teaching points |
| Baking or cooking | * How to use scales
* Importance of hygiene when preparing food
* Following a recipe
* Risk assessing (for chopping/using heat)
* Discussing different foods, tastes, textures, benefits to our health
* Clearing up – developing responsibility allowing them to wash up or help load the dishwasher
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| Getting out and about | * Exercise and gross motor development
* Discuss things in the environment
* Road safety/risk assessing (climbing/playing near water etc)
* Take time to allow investigation and wonder
* Draw/write about what you did/saw/heard when you were out
* Collect natural materials for use in loose parts play, art activities
* Spot birds, insects, animals
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| Play a game together | * Encourage turn taking
* Learning how to play a new game like happy families or draughts
* Counting practice with dice games
* Ask your child to teach you a game they play at school
* Play the alphabet game/eye spy/rhyming games/Simon says
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| Helping around the house | * Sorting washing by colour
* Helping to peg out washing good for coordination and fine motor development
* Setting the table (how many knives/forks etc)
* Including children in DIY experience, discussing risks and explaining
* Garden activities, planting, pulling up weeds, sweeping the path etc
* Teaching a new practical skill like sewing, knitting, playing a musical instrument etc
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| Caring for others  | * Make a card or write a letter to a friend or relative who is self-isolating
* Call a friend and talk to them on the phone
* Facetime/skype someone who is self-isolating to do something together (read/craft/play charades etc)
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| Getting creative | * Collect and explore loose parts
* Make transient art
* Use loose parts in imaginative play
* Have creativity challenges (What can you make with these items)
* Draw/write/paint/make
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| Reading  | * Reading stories together
* Reading non-fiction books together
* Practice reading strategies like sounding out and using picture clues
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