SOUTH AYRSHIRE SCHOOL MENU 2024/2025

Week beginning: 19/08/24, 09/09/24, 30/09/24, 21/10/24, 11/11/24, 02/12/24, 23/12/24, 30/12/24,20/01/25, 10/02/25,03/03/25, 24/03/25,14/04/25, 14/04/25, 05/05/25, Scan here to see the dates

26/05/25, 16/05/25 for each weekly menu and allergen information



Week 1 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday		
Starter	Lentil soup o	Red pepper & tomato soup o	Lentil soup ▼	Chicken & rice soup	Lentil soup o		
Main courses and veg	Tasty protein power balls with tomato sauce & spaghetti • Golden cheese & tomato pizza • Diced garlic & herb potatoes • Sweetcorn •	Flakey plant based sausage roll © Potato wedges © Home-made chicken curry & vegtable rice Mixed vegetables © Baked beans ©	Creamy mac & cheese & garlic bread v Hearty mince and potato Baby carrots & peas o	Golden quorn nuggets o Traditional steak pie Mashed potato o Peas o	Fish & chips Rustic lasagne & garlic bread Peas Ø Baked beans Ø		
Baked potato	Baked beans ♥ Cheese V	Tuna mayo Baked beans ଡ Cheese v	Baked beans o Cheese v	Turkey Baked beans o Cheese v	Baked beans o Cheese v		
Sweet	Apple crumble ♥ Custard ♥ Fruit ♥	Yogurt v Fruit o	Raspberry jelly o Fruit o	Apple & raspberry sponge v Custard v Fruit o	Yoghurt v Fruit ଡ		
Sandwich	Cheese v	Tuna mayo	Cheese V	Turkey	Cheese v		
Sundries	Milk v Water v	Milk v Water ଡ	Milk v Water o	Milk ∨ Water ⊙	Milk V Water o		
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Salad bar available daily V







Key

- Vegetarian

- Vegan

Week 2 Menu

Scan here to see the dates for each weekly menu and allergen information



	Monday	Tuesday	Wednesday	Thursday	Friday		
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Starter	Lentil soup ଡ	Curried butternut squash & sweet potato soup •	Lentil soup ଡ	Chicken & rice soup	Lentil soup o		
Main courses and veg	Golden cheese & tomato pizza V Creamy mac & cheese & garlic bread V Pizza-style potato cubes © Peas © Baked beans ©	Rustic quorn lasagne & garlic bread V Traditional roast turkey & yorkshire pudding Mashed potato Ø Mixed vegetables Ø	Home made kashmiri quorn curry & vegetable rice v Beef burger Potato wedges v Sweetcorn & beans v	Garlic & herb wedges o Golden salmon fish fingers Hearty beef chilli and rice Sweetcorn & peas o	Fish & chips Tasty sausage casserole Peas Baked beans		
Baked potato	Baked beans o Cheese v	Turkey Baked beans o Cheese v	Baked beans o Cheese v	Tuna mayo Baked beans o Cheese v	Baked beans o Cheese v		
Sweet	Rice pudding & mandarin oranges v Fruit o	Yogurt v Fruit ଡ	Drizzle iced raspberry sponge v Custard v Fruit o	Yogurt v Fruit o	lce cream v Fruit o		
Sandwich	Cheese V	Turkey	Cheese V	Tuna mayo	Cheese V		
Sundries	Milk ∨ Water o	Milk v Water o	Milk v Water o	Milk v Water o	Milk v Water o		
Salad har available daily V							

Salad bar available daily V

Week beginning: 02/09/24, 23/09/24,14/10/24, 04/11/24, 25/11/24, 16/12/24, 13/01/25, 03/02/25, 24/02/25, 17/03/25, 07/04/25, 28/04/25, 19/05/25, 09/06/25

Week 3 Menu







- Vegetarian



- Vegan

	Monday	Tuesday	Wednesday	Thursday	Friday		
Starter	Lentil soup ▼	Potato & leek soup o	Lentil soup o	Chicken & rice soup	Lentil soup 🛛		
Main courses and veg	Golden quorn nuggets • Creamy mac & cheese & garlic bread • Pizza-style potato wedges • Peas • Baked beans •	Tangy tomato & mascarpone pasta v Home-made chicken curry & boiled rice Garlic bread v Mixed veg o	Plant protein sausage beano o Traditional steak pie Mashed potato o Broccoli o	Golden cheese & tomato pizza V Rustic pasta bolognese & garlic bread Pizza-style potato wedges © Corn on the cob © Baked beans ©	Fish & chips Chicken burger Peas o Baked beans o		
Baked potato	Baked beans o Cheese v	Tuna mayo Baked beans o Cheese v	Baked beans o Cheese v	Turkey Baked beans ⊘ Cheese V	Baked beans o Cheese v		
Sweet	Chocolate & raspberry sponge V Custard V Fruit ⊙	Yogurt v Fruit ଡ	Apple crumble o Custard V Fruit o	Yogurt v Fruit ଡ	Ice cream v Fruit ଡ		
Sandwich	Cheese V	Tuna mayo	Cheese V	Turkey	Cheese V		
Sundries	Milk ∨ Water o	Milk v Water o	Milk v Water o	Milk v Water o	Milk v Water o		
Salad bar available daily v							