

# SOUTH AYRSHIRE SCHOOL MENU 2023/2024

# PRIMARY



Week one dates: 18/09/23, 09/10/23, 30/10/23,  
20/11/23, 11/12/23, 22/01/24, 12/02/24, 04/03/24, 25/03/24,  
15/04/24, 06/05/24, 27/05/24, 17/06/24,

Scan here to see the dates  
for each weekly menu and  
allergen information



## Week 1 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Starter</b>	Lentil soup ✓	Farmhouse soup ✓	Lentil soup ✓	Chicken & rice soup	Lentil soup ✓
<b>Mains</b>	Veggie balls ✓ Cheese & tomato pizza ✓	Mac & cheese with garlic bread ✓ Mince & tatties	Baked potato with cheese ✓ or tuna Chicken curry & rice	Quorn nuggets ✓ Steak pie	Breaded fish & chips Pasta bolognese
<b>Dessert</b>	Fresh fruit ✓	Apple crumble & custard ✓ Fresh fruit ✓	Fresh fruit ✓	Apple & raspberry sponge & custard ✓ Fresh fruit ✓	Ice cream ✓ Fresh fruit ✓
<b>Sandwich/ Baked Potato</b>	Cheese ✓	Tuna mayo	Turkey	Chicken	Tuna mayo
<b>Sundries</b>	Milk Water	Milk Water	Milk Water	Milk Water	Milk Water

Salad bar available daily ✓

**V** - Vegetarian

**V** - Vegan



Week 2 dates: 04/09/23, 25/09/23, 16/10/23, 06/11/23,  
27/11/23, 18/12/23, 08/01/24, 29/01/24, 19/02/24,  
11/03/24, 22/04/24, 13/05/24, 03/06/24, 24/06/24

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## Week 2 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Starter</b>	Lentil soup ✓	Split pea soup ✓	Lentil soup ✓	Chicken & rice soup	Lentil soup ✓
<b>Mains</b>	Tomato pasta & garlic bread ✓ Salmon fish fingers	Quorn lasagne ✓ Roast turkey	Kashmiri Quorn curry & rice ✓ Beef burger roll	Mac & cheese with garlic bread ✓ Beef chilli & rice	Breaded fish & chips Sausage casserole
<b>Dessert</b>	Fresh fruit ✓	Drizzle iced raspberry sponge & custard ✓ Fresh fruit ✓	Fresh fruit ✓	Rice pudding & mandarin oranges ✓ Fresh fruit ✓	Ice cream ✓ Fresh fruit ✓
<b>Sandwich/ Baked Potato</b>	Cheese ✓	Chicken	Turkey	Tuna mayo	Cheese ✓
<b>Sundries</b>	Milk Water	Milk Water	Milk Water	Milk Water	Milk Water
Salad bar available daily ✓					

Week 3 dates: 21/08/23, 11/09/23, 02/10/23, 23/20/23, 13/11/23, 04/12/23,  
15/01/24, 05/02/24, 26/02/24, 18/03/24, 29/04/24, 20/05/24, 10/06/24,

**V** - Vegetarian

**V** - Vegan

## Week 3 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Starter</b>	Lentil soup ✓	Farmhouse soup ✓	Lentil soup ✓	Chicken & rice soup	Lentil soup ✓
<b>Mains</b>	Quorn nuggets ✓ Mac & cheese with garlic bread ✓	Baked potato with cheese ✓ or beans ✓ Steak pie	Tomato mascarpone pasta ✓ Chicken curry & rice	Cheese & tomato pizza ✓ Lasagne	Breaded fish & chips Chicken burger
<b>Dessert</b>	Pineapple upside down sponge & custard ✓ Fresh fruit ✓	Fresh fruit ✓	Apple crumble & custard ✓ Fresh fruit ✓	Fresh fruit ✓	Frozen yoghurt ✓ Fresh fruit ✓
<b>Sandwich/ Baked Potato</b>	Cheese ✓	Turkey	Tuna mayo	Chicken	Savoury cheese ✓
<b>Sundries</b>	Milk Water	Milk Water	Milk Water	Milk Water	Milk Water
Salad bar available daily ✓					