

Educational Services

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Tuesday 22nd September 2026

Dear Parents/Carers,

We are delighted to inform you that Bikeability training will be taking place this term for pupils in P5, P6 and P7. Bikeability is a valuable life skill that promotes safe cycling habits, independence and active travel, and we encourage all eligible pupils to take part.

Bikeability is the national cycle training programme designed to give children the skills and confidence to ride their bikes safely. The training is delivered by qualified instructors and helps pupils develop essential cycling skills, road awareness and confidence when cycling independently.

This session:

- P5 pupils will take part in Bikeability Level 1, which will be completed within the school playground.
- P6 and P7 pupils who successfully completed Level 1 last session will progress to Bikeability Level 2, which includes on-road training.
- P6 and P7 pupils who did not previously complete Level 1 and would like to do so will have the opportunity to complete Level 1 this term.

Bikeability Level 1 (P5) will take place on **Tuesday 29th, Wednesday 30th September.**

Bikeability Level 2 (P7/6) will take place on **Friday 2nd, Tuesday 6th, Wednesday 7th, Friday 9th October.**

Pupils taking part will need to bring:

- A roadworthy bicycle in good working order
- A correctly fitting cycle helmet
- Suitable clothing for the weather conditions, including a waterproof jacket if necessary

Before training begins, please check that your child's bicycle is safe and suitable for use. Brakes, tyres and gears should all be in good working order. If your child requires the use of a bike or helmet, please contact the school before the sessions commence and we will do our best to arrange this.

Should you have any questions regarding the programme, please do not hesitate to contact the school.

Yours sincerely

Louise Morrison

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Head Teacher