



Literacy

- Ask an adult to tell you a tongue twister. Try to repeat it.
- Make up a story using your teddies or other toys as characters and share it with an adult.
- Sing along to some nursery rhymes and make up some actions. Check out the BookBug app if you need inspiration
- Make your name using stones or other loose parts in your garden.
- Practise saying the initial sound of your name and others within your family. Find an object/s in your house that starts with the same letters. Bill would be 'b' and so you could match it with ball.
- Draw a self-portrait. Use a mirror or the self-facing camera on a phone to draw a detailed picture.

Numeracy and Maths

- Sing number rhymes like "10 Green Bottles"
- Start a growth chart for the whole family. Mark off your height and the date on a door frame or piece of furniture. Measure how tall you are using different objects, including a tape measure. Keep it going until you return to school or the EYC
- Practise writing numbers – use mud, sticks, paint, water etc. to make marks.
- 'Play bring me...' An adult asks 'Bring me three red objects' you can have lots of different variations, four circles, two cubes, 10 things with numbers on them etc.
- Look for numbers when you are out going for a walk or even when you are in the house or garden.
- Use Lego, sticks, stones and write numbers
- When having grapes or even sweetsies share them equally between people in your family
- Count to 20 when washing your hands
- Make a butterfly picture by painting one side of paper and folding it over to explore symmetry.

Health and Wellbeing

Tick off these things as you do them at home.

Play "Lava Floor" Can you get from one side of the room or garden to the other without touching the floor?	Talk about some things that make you happy. Share some memories with an adult.
Built an outdoor den to try and stop a dragon from getting in. Design a flag for your den.	Make ice-lollies using milk or flavoured juice, cut up fruit and add it in. If you don't have ice lolly moulds, try making mini ones in ice cube trays
Try putting on lots of different types of your own shoes independently	Play 'Simon Says...' to develop listening skills
Go for a run round the garden or an open space	Boys, trying standing up when you are going for a pee
Help hang out some washing	Tidy your bedroom
Practise walking/running up the stairs	Brush or comb your hair yourself

Jen Woolhouse

BIG BUBBLE BLOWER!

You need:

- A plastic bottle
- Sock or fabric
- Elastic band
- Washing up liquid
- Water
- Cut the bottom off the bottle, put the sock over the end and secure with the elastic band.
- Dip it in the washing up liquid and water and then blow!

What you need:

- Sandpaper
- T shirt
- Crayons
- Iron

What you do:

- Create a picture with the crayons on the rough side of the sand paper (press hard!).
- Put the sandpaper (picture side down) on your t-shirt.
- Iron (slowly) with a HOT iron.
- Peel off paper.
- Wear!

T-shirt transfer

What you'll need:

- Some paper
- A marker/pen
- Scissors
- Tape

What to do:

- Cut long strips of paper
- Draw different lines on them as shown in the picture.
- Stick them to the edge of the table
- Give your child some scissors and invite them to hold one end of the paper and cut along the lines.

An invitation to practise cutting

Gemma