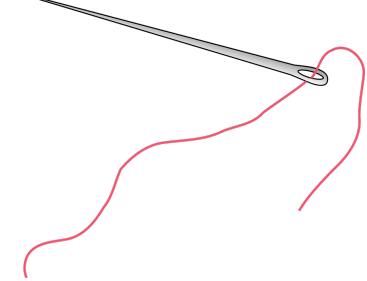


Textiles



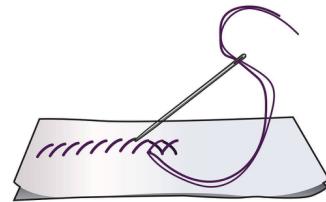
Practise threading a needle and knotting the thread, ready to sew.



Learn to sew –

Use an old T-shirt and cut out a practise sewing patch or try using various different types of fabric. Then use different coloured thread to make zig zag patterns. Try different types of stitches.

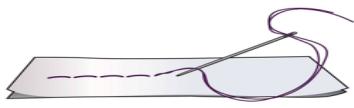
Cross-stitch



Used for decorative purposes, the cross-stitch is X-shaped and arrayed like tiles.

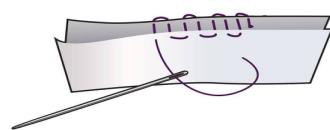
Running stitch

The thread runs straight along the fabric, going up and down with visible spacing between the stitches on each side of the fabric.



If your project requires attaching two textiles together or adding an object like a button, you'll need to know some basic sewing skills. You'll need a needle, thread, and scissors. Needle threaders and thimbles are helpful. Start with one of these five basic stitches.

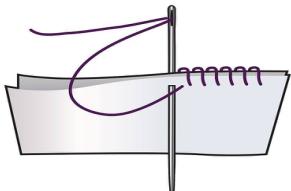
Ladder stitch



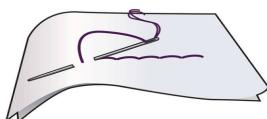
This stitch goes to the right, up, to the left, up, and repeats. It is useful for creating an invisible seam.

Whipstitch

The thread spirals around the edge of one or both pieces of fabric. Commonly used to affix patches.



Backstitch



This stitch is like the running stitch, except that the thread doubles back so that there is no visible spacing between stitches.

Ideas for sewing –

- Easter bunnies
- Fabric bookmark
- Wall hanging
- Teddy blanket
- Sew on buttons
- Fabric broach
- Poppy / flowers
- Dolls clothes
- Puppets
- Hanging hearts
- Fabric bunting