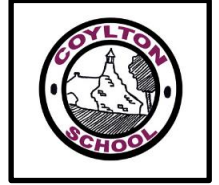# P1/2

Literacy

P1 – please see p1 literacy grid
P2 – please see p2 literacy grid

Numeracy and Maths

P1 – please see p1 maths grid
P2 – please see p2 maths grid

Health and Wellbeing

Tick off these things as you do them at home.

Activity		Activity	
Make a poster for your house showing how to wash hands correctly. Go to https://www.youtube.com/watch?v=07YNCFlS0il for support		Do at least 10 minutes of Cosmic yoga at https://www.cosmickids.com/category/watch/ or available on YouTube.	
Set up a circuit for PE. You could have squats, burpees, press ups, sit ups, or star jumps. Time yourself doing it and try to beat your time each day.		Design 3 healthy meals. Go to https://www.foodafactoflife/ for ideas and support.	
Write down 3 things each day that you are grateful for. It can be people, things and experiences – anything!		Learn to tie your shoe laces.	
Learn to tie a school tie.		Play noughts and crosses with someone at home	
Make a paper aeroplane, decorate it and fly it.		Follow a dance from a music video, e.g. the macarena, cha cha slide.	
Draw a picture and colour it. Alternatively look out your window and draw and colour what you see.		Draw round your hand and write something in each finger to show how you have helped at home.	
Make a musical instrument. It could be drums (pot and wooden spoon), shaker (rice in a container) etc.		Try to make shadow puppets on a wall or outside.	
Ask someone at home if you can help them. Everyone needs help sometime.		Find a quiet, safe place to read a book of your choice.	

IDL Projects

Our new topic this term is sound and light.
Can you think of things around the house which make light or sound? Make a note of them by writing, drawing, photographing or typing them. I would love to see what you find.

French

Find videos on YouTube from Alain Le Lait and practise colours, numbers, greetings and days of the week.

Additional Information

Check out the additional learning grids on the school website for some other fun ideas.

Daily Practise

Word Walls
Count to 20/100 forwards and backwards (Jack Hartman on YouTube)
Count by 2, 5 and 10