

SELF-ISOLATION GUIDANCE FOR CHILDREN UNDER 5

The new guidance for 'Under 5s' is slightly different from the guidance for older children. If your child is under 5 and has been identified by Test & Protect as a close contact of a confirmed Covid case:

- **It's a good idea to book a PCR test for them if you can, but they don't have to get a test if they find it hard to get tested. This reflects the lower risks of infection and transmission in this age group, and the fact that younger children may find it harder to tolerate testing.**
- **Children under 5 who have no symptoms or who have managed to go for a PCR test and received a negative result do not need to isolate.**

Your child must stay at home and take a test if:

- **They display any of the symptoms of the virus. In this case they must take a PCR test and isolate at home until they no longer have symptoms.**

If your child has tested positive they should isolate at home immediately

To find out more visit:

www.parentclub.scot/topics/coronavirus