



## Cairn Early Years Centre Newsletter | November 2021

Welcome back to all after the October break! Please take some time to read this newsletter to update you on what is happening in the very busy time leading up to Christmas. 😊

### **Phone Calls**

Over the next 2 weeks staff will be phoning parents/carers to discuss children's progress. Staff members have been allocated a time slot to call parents which you will be informed of this week. However, if times do not suit due to work commitments, please inform your child's key worker and this can be accommodated. 😊

### **Snack**

The children in the EYC will be provided with a morning snack. We offer a selection of fruit which is provided twice weekly. A donation of £1 per week from parents/carers would be greatly appreciated to allow us to broaden our snack selection and provide treats for special occasions throughout the year. Snack donations can be given to staff at the gate. Thank you 😊

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## UPDATES

### Clothing

Can you please ensure children are dressed in appropriate clothing for the weather with hats, scarves, gloves and wellie boots. A spare change of clothes for each child can be stored within the EYC. We encourage the children to get involved with messy play and are outdoors in all weathers, so sometimes a change of clothes could be required!

### PEEP

We would like to thank all parents/carers who participated in our outdoor PEEP sessions. We had a great turnout and enjoyed exploring many outcomes around maths, expressive arts, and literacy. We look forward to more PEEP sessions in the future as restrictions ease.

### Outdoor Learning

We would also like to thank all parents/carers who joined in our Stay & Play outdoor learning sessions. The feedback from these sessions was very helpful and we will carry it forward for any sessions in the future. We will arrange for more opportunities for parental participation in the near future but in the meantime, children will still benefit from outdoor learning sessions at the EYC.





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## UPDATES (cont.)

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### Future Learning

Throughout November the children will be participating in 'Book Bug' sessions with Michelle! Also, in December, the children will be able to enjoy 'Jammin' with Jay' for some music sessions where there will be a focus on songs to get us in the festive spirit for Christmas!

Any pictures and videos taken from these sessions will be posted on the Facebook page for parents/carers to enjoy. 😊

### Play On Pedals

Play on Pedals is a programme designed to teach children how to ride a bike. This programme is for pre-school children only and will be delivered by Stephanie in an 8-week block of sessions in the lead up to Christmas. Letters and surveys will be handed out to parents at the beginning of next week if your child is involved in this session. Mirren will also be delivering another block of sessions in the new year for children who do not take part in the programme at this time. If you would prefer your child did not participate in this please speak to a member of staff. 😊

### Session times

A gentle reminder to parents to observe your child's attendance pattern times. If you require your child's attendance times to be altered slightly for any reason, please speak to our Depute Centre Manager - Lynne Robertson who will be happy to discuss this with you.

### COVID-19 Reminder

The main symptoms of coronavirus (COVID-19) are:

- a high temperature - this means you feel hot to touch on your chest or back, or a temperature of 37.8 degrees.
- a new, continuous cough - this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- a loss or change to your sense of smell or taste - this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

*If you have any of these symptoms, please get a PCR test (test that is sent to a lab) to check if you have coronavirus and stay at home until you get your result, even if the symptoms are mild.*





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## UPDATES (cont.)

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### Illness

Reminder that if your child is unwell, they should not attend nursery. Please call the nursery to inform if your child will not be attending due to illness.

*Also, due to a large number of children and staff being off nursery unwell, please remember that your child should not attend nursery for 48 hours after their **last** bout of sickness or diarrhoea.*

### Christmas Party & Concert

The Christmas Party will take place on *Wednesday the 22<sup>nd</sup> of December.* 🎄

This year the children will be taking part in a Christmas Sing-along on Thursday 16<sup>th</sup> December!



Unfortunately, due to COVID restrictions we cannot allow parents/carers to attend so the performance will be posted on Facebook for you all to enjoy. However, if in the future restrictions ease, we will re-evaluate this in line with our policies and guidance.

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*Unfortunately, due to the current situation with COVID, parents and carers are still not able to come into the nursery. We will keep you informed of children's planned learning in regular updates and also post photographs and information on our Facebook group. Staff are always available at the gate in the morning or end of the day, or if preferable, you can ask for a phone call to discuss anything in more depth or confidentially.*

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### Dates for your Diary

St Andrew's Day - *Tuesday 30<sup>th</sup> November, please wear something tartan.*

Christmas Party - *Wednesday 22<sup>nd</sup> December.*

**Term time children** finish on *Wednesday the 22<sup>nd</sup> of December* and return *Thursday the 6<sup>th</sup> of January 2022.*

**All other children** finish on *Thursday the 23<sup>rd</sup> of December* and return on the *5<sup>th</sup> of January 2022.*



