

**Primary 6/7**

**Friday 5th February**

**vendredi le 5 fevrier**



# Friday 5th February - Overview

- **HWB:** Joe Wicks  
9:30am “Family Check In”

- **Literacy:** Spelling Test  
Reading

Break

- **Numeracy:** The Big 30 Question Challenge

Lunch

- **Expressive Arts:** Free choice

- **HWB:** Scavenger Hunt



Numeracy meet  
@ 11.30am  
every day!

# Precept of the Month

**“If you could be anyone, be  
yourself”**

**(Jason Barr p7)**

# Before Break

- **Health & Wellbeing**

- Joe Wicks - Morning Workout (Click on the link)
- 9.30am “Family Check In”

- **Literacy (Spelling Test)**

- **Task 1:** Revise your spelling words (on the next slide)
- **Task 2:** Spelling Test (ask an adult/sibling to help)
- **Task 3:** Share your score on teams (if you are ok about it)
- **Task 4:** Practise any words you got incorrect words and test yourself on them again

- **Literacy (Reading)**

- 20 mins accelerated reader/book of your choice

# Words from Monday 1<sup>st</sup> February

## Green

(ssion)

PB4 Unit 12

concession  
compassion  
permission  
discussion  
admission  
concussion  
possession  
percussion  
profession

## Blue

(ance words)

PB6 Unit 14

importance  
assistance  
relevance  
nuisance  
ignorance  
hindrance  
tolerance  
abundance  
appearance  
endurance

## Yellow

(ore)

PB2 Unit11

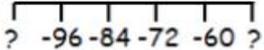
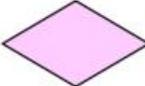
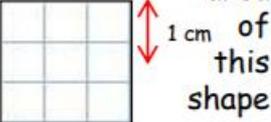
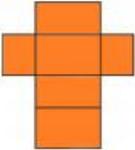
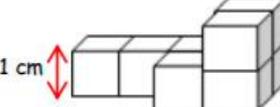
chore  
snore  
more  
before  
shore  
core  
tore  
store

# After Break

- **Numeracy & Maths**

- **30 Questions Challenge (Next Slide)**

- Challenge yourself, how many questions can you do? I will do a maths check in to help with any questions you would like help with. 😊

<p>1 How many lines of symmetry does this shape have?</p> 	<p>2 Simplify the fraction below...</p> $\frac{18}{27}$	<p>3 Write 40 009 in words</p>	<p>4 Calculate 50% of £7</p>	<p>5 A firework display started at 5:48 pm and finished at 6:17 pm. How long did the display last?</p> 	<p>6 Calculate <math>\frac{1}{4}</math> of 32</p>
<p>7</p> $\begin{array}{r} 608 \\ + 347 \\ \hline \end{array}$	<p>8 Write down the missing numbers from this number line...</p> 	<p>9 Change 327 seconds into minutes and seconds...</p> 	<p>10</p> $\begin{array}{r} 634 \\ \times 9 \\ \hline \end{array}$	<p>11 What fraction of this shape is shaded?</p> 	<p>12 What is the name of this shape? How many sides does it have? How many vertices?</p> 
<p>13 Which of these are multiples of 8? 12, 24, 36, 48, 54</p>	<p>14 State the type of angle and it's range...</p> 	<p>15 What is the name of this 3D object? How many faces does it have?</p> 	<p>16 Calculate <math>12 - 4 \times 3</math></p>	<p>17</p> $\begin{array}{r} 573 \\ - 289 \\ \hline \end{array}$	<p>18 Round 6253 to the nearest 100...</p>
<p>19 Calculate the area of this shape</p> 	<p>20 Solve the equation below... <math>x + 4 = 11</math></p>	<p>21</p> 	<p>22 Calculate the size of the missing angle...</p> 	<p>23 Using the vocabulary of probability describe the outcome of the following event... Picking a black playing card from a pack of cards.</p> 	<p>24 A box of 6 eggs is bought for £1.14. They are sold individually for 62p each. Calculate the total profit.</p> 
<p>25 What 3D object does this net form?</p> 	<p>26 Calculate the volume of the shape shown...</p> 	<p>27 List ALL the factors of 20...</p>	<p>28 Write 6 metres and 7 centimetres as metres.</p> 	<p>29 I am facing south-east. What direction is on my right?</p> 	<p>30 Calculate; <math>3200 \div 40</math></p>



# Afternoon

Remember, it's important to talk to others and share your feelings!

- **Expressive Arts**

- Have a go at some of the activities on the “Activity Ideas” slide, that you never got round to throughout the week.

- **Health & Wellbeing**

- Fresh air, fun and exercise always improves our mental health and wellbeing. Try the “Active Schools” scavenger hunt (on the next slide) when out and about with family on a local walk today or over the weekend.



# SCAVENGER HUNT WOODLAND

Can you find and take a photograph  
of each of the items? 

**Nest**



**Insect**



**Worm**



**Feather**



**Animal  
Prints**



**Spider  
Web**



**Squirrel**



**Bird**



**Pinecone**



# Activity Ideas



## Art

Art is a brilliant way to express your feelings and emotions watch this clip for some ideas:

[https://www.youtube.com/watch?v=STdJ\\_8ORyE&feature=youtu.be](https://www.youtube.com/watch?v=STdJ_8ORyE&feature=youtu.be)

All you need is paper and a pencil.

More art activities for mental wellbeing can be found here:

[www.place2be.org.uk](http://www.place2be.org.uk)

Please share pictures of anything you have done on our Teams page.

## Drama and Movement

### Miming games

With someone in the house see if you can act out some of the following feelings:

Happily, sadly, angrily, carefully, joyfully

Then pick an action to go with them:

Ride a bike, walk, watch TV, sing

See if someone can guess the feeling and the action! There are some great ideas for mimes in this short clip below:

<https://www.youtube.com/watch?v=mOR-ftFBm38>

Or try a 'mood walk'

<https://www.youtube.com/watch?v=8k32x-aYI4>

## Music

Music is a great way to express how you feel. Have a think about what songs make you feel happy, sad, excited, energised!

<https://www.youtube.com/watch?v=sELz0aCx9Lw>

Listen to the music in this link and think about how it makes you feel.

(at 2:30 it's a little sad but all fixed at 4:20)

You could create a playlist for certain times e.g.

A calming list, an energised list, a motivated list

Research shows moods are lifted when singing so turn up the volume (if no-one is working from home!) and sing out your favourite song!

Or perhaps organise a home disco for everyone to join in!

## Family Time

Spending time together away from a TV is a great way to talk, connect and discuss how you feel. Here are some fun ideas to try - that don't involve a screen!

- A colour walk, see if you can collect something on a walk from each colour in the rainbow;
- A board game, spend some time playing a game together;
- Reading - share a favourite book with someone in your house or begin reading together;
- Baking and cooking - make some tasty treats together.

happy  
weekend

