

# Friday 5th February 2021

Good morning P5/6 and welcome to another great day of learning

Make sure that you can  
all access Teams.  
Any issues please  
phone the school on  
**01655 885805.**



P5/6 (2020-2021)

# Parent/Carer Information

- If you need to chat to me about anything at all just call the school on 01655 885802 and the office will transfer you.
- If you require any materials e.g. pencil, paper etc. please phone the school and we can arrange a time for you to safely collect these items.
- Today is the first 'Finishing Funday Friday'. This is designed to ease pressure on families and make Friday's a bit more relaxed.
- Today is a day where your child can catch up on any tasks that they may not have completed during the week, complete revision work or choose from a range of optional activities that I have planned. This may however, just be family time away from the screen.
- Today there will also be a 'Coffee and a Catch Up'. Myself and either Mrs Kay or Miss Flint will be there. This is an informal chance to chat with us and other parents in a similar position. All you need to do is bring a cuppa and a biscuit! If this is popular we will organise a later time for working parents. Further information will follow.

The Health and Wellbeing of our class is my priority so please get in contact if you or your child are worried about any aspect of home learning.

CALL ME



# Pupil Information

- Good morning P5/6 today will be a little different to our usual Friday's. I hope you will have lot's of fun.
- This is a day that you can catch up on any work that you didn't complete, complete any revision or choose from an optional range of activities that I have planned.
- This also might be a day that you spend some quality time with your family off screen.
- Remember that I am still here on teams from 9am to 3pm if you have any questions. The drop in sessions will also still be on in case you have any questions about our learning for the week.
  - **Literacy drop in 11.00-11.30**
  - **Other curricular areas drop in 11.30-11.45**
  - **Squares Maths drop in 11.45-12.00**
  - **Triangles Maths drop in 12.00-12.15**

# Teams Reminder



REMEMBER

P5/6 (2020-2021)



General

1. Daily Home Learning Tasks
2. Ask Miss Clive 🗣️
3. Chat Area 💬
4. Literacy Work Area 📖
5. Numeracy and Maths Work Area 📊
6. Topic - Titanic Work Area 🚢
7. Health and Wellbeing Work Area ...
8. French Work Area 🖋️
9. Art Work Area 🎨

Remember to use these channels on Teams

- **General** - Meetings take place here and general information from Miss C
- **Daily Home Learning Tasks** - Links to your home learning will be posted here
- **Ask Miss Clive** - Any questions you have can be asked here
- **Chat Area** - A space for you to chat to your friends or post pictures of any animals etc.
- **Work Areas** - Each channel relates to a different work area. Post your work from different lessons to the specific channel e.g. spelling will go in literacy work area

# Timetable

- Workout with Joe Wicks
- Coffee and Catch up with Miss Clive on Teams (9.45-10.00)

## Break

- Spelling test
- Ketchup and Pickles

## Lunch

- Health and wellbeing week activities
- Early finish (2.15)

This is just a suggested timetable. You can swap tasks around to suit your family. Remember each task will be labelled with must, should or could do



# Workout with Joe (9.00-9.30)



Join in with Joe at 9am

<https://www.youtube.com/c/TheBodyCoachTV/featured>

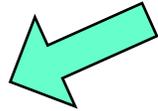
Send me a message/picture/video clip of you getting active with Joe on the HWB area on teams to let me know how you got on



# Coffee & Catch up (9.45-10.00)



P5/6 (2020-2021) ...



Click the *General* area and then join the **morning check in**. Please don't worry if you can't get on, just send me a message and I will invite you to the meeting.

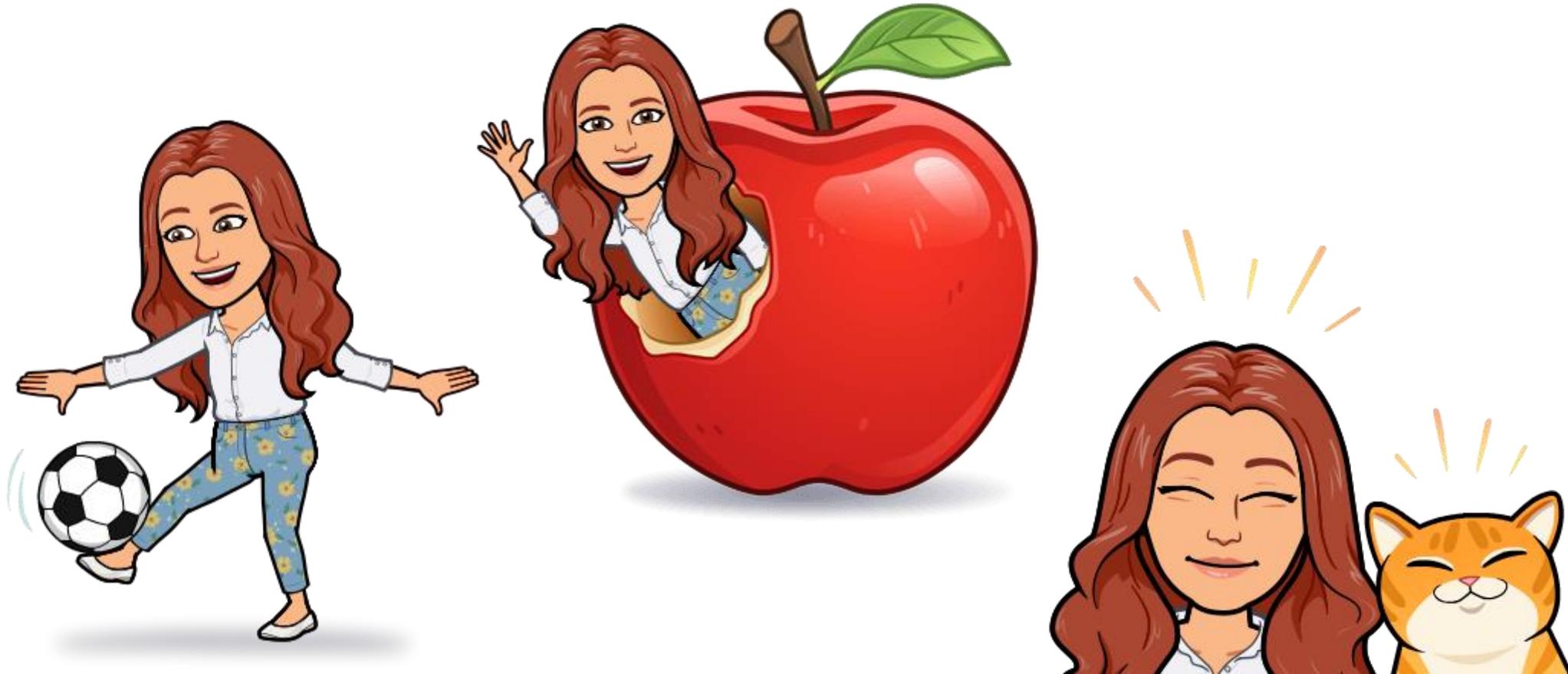
General

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9. Art Work Area 🎨



# Break Time

(10.30-10.45)



# Literacy - Spelling

Spelling words on next slide

## Task 1

- Practise your words from this week

## Task 2

- Ask an adult or a sibling to read out your spelling words

## Task 3

- Mark your words using the next slide
- Post a picture of your score if you feel comfortable doing so



# Literacy - Spelling (9.45-10.00)

## Blue

ough

rough  
enough  
cough  
trough  
dough  
though  
nought  
bought  
brought  
thought  
bough  
plough

## Green

homophones

rain  
rein  
reign  
dear  
deer  
knight  
night  
not  
knot  
flour  
flower  
sun  
son

## Yellow

homophones

rain  
rein  
reign  
dear  
deer  
knight  
night  
not  
knot  
flour  
flower  
sun  
son

## Purple

air, ear, are

air  
fair  
hair  
pair  
chairs  
stairs  
bear  
pear  
wear  
care  
dare  
share  
scare

# Ketchup and Pickles



'Ketchup' on any work that you have not completed or uploaded to teams from today, then 'Pickle' from the activities below or any other activity of your choice.

These are only some suggestions. You can choose with your family whatever suits you this afternoon.



Go Noodle



Den building



Cosmic Yoga



Fine motor Friday colouring



Baking



Play with toys



Exercise outdoors



"Art Hub" drawing tutorials on YouTube

# Lunch Time

(12.30-1.15)





# Express Yourself Mental Health Week Activity Ideas



## Express Yourself - Whole School Assembly

Have a look at our assembly below for an introduction to the mental health week theme:

[https://youtu.be/Xp7KEGniN\\_M](https://youtu.be/Xp7KEGniN_M)

How you express yourself and your feelings is a personal choice but we have put together some ideas on the next page that you can choose from.



# Activity Ideas



## Art

Art is a brilliant way to express your feelings and emotions watch this clip for some ideas:

[https://www.youtube.com/watch?v=STdJ\\_8ORyE&feature=youtu.be](https://www.youtube.com/watch?v=STdJ_8ORyE&feature=youtu.be)

All you need is paper and a pencil.

More art activities for mental wellbeing can be found here:

[www.place2be.org.uk](http://www.place2be.org.uk)

Please share pictures of anything you have done on our Teams page.

## Drama and Movement

### Miming games

With someone in the house see if you can act out some of the following feelings:

*Happily, sadly, angrily, carefully, joyfully*

Then pick an action to go with them:

*Ride a bike, walk, watch TV, sing*

See if someone can guess the feeling and the action! There are some great ideas for mimes in this short clip below:

<https://www.youtube.com/watch?v=mOR-ftFBm38>

Or try a 'mood walk'

[https://www.youtube.com/watch?v=8k32x-\\_aYI4](https://www.youtube.com/watch?v=8k32x-_aYI4)



## Music

Music is a great way to express how you feel. Have a think about what songs make you feel happy, sad, excited, energised!

<https://www.youtube.com/watch?v=sELz0aCx9Lw>

Listen to the music in this link and think about how it makes you feel.

**(at 2:30 it's a little sad but all fixed at 4:20)**

You could create a playlist for certain times e.g.

A calming list, an energised list, a motivated list

Research shows moods are lifted when singing so turn up the volume (if no-one is working from home!) and sing out your favourite song!

Or perhaps organise a home disco for everyone to join in!

## Family Time

Spending time together away from a TV is a great way to talk, connect and discuss how you feel. Here are some fun ideas to try - that don't involve a screen!

- A colour walk, see if you can collect something on a walk from each colour in the rainbow;
- A board game, spend some time playing a game together;
- Reading - share a favourite book with someone in your house or begin reading together;
- Baking and cooking - make some tasty treats together.

# Home Time

- Get tidied up and put all your school stuff away.
- Huge well done to you all for your hard work today, you are doing a great job! Now it is time to chill out and relax.
- I hope that you enjoyed your first 'Finishing Funday Friday'. Have a relaxing weekend and I will see you on Monday.



## RELAX

