Second Level Health and Wellbeing Resources (P5/6)

General

<https://healthyschools.scot/level/2nd-level-healthy-lifestyles/>

Dance

<https://www.gonoodle.com/>

Yoga

<https://www.cosmickids.com/>

Safe

<https://www.thinkuknow.co.uk/>

<https://roadsafety.scot/learning/>

Food

<https://www.foodafactoflife.org.uk/>

Included/Friendships

<https://healthyschools.scot/lessonplans/healthy-lifestyles-second-level-included/>

<https://healthyschools.scot/lessonplans/healthy-lifestyles-second-level-nurtured/>

<https://www.bbc.co.uk/teach/class-clips-video/pshe-ks2-friendship-struggles/zbpvcqt>

<https://www.teacherplanet.com/content/friendship>