

Let's Look at Scottish Foods

CfE link: When preparing and cooking a variety of foods, I am becoming aware of the journeys which foods make from source to consumer, their seasonality, their local availability and their sustainability. HWB 1-35a / HWB 2-35a

Choose a Scottish recipe and write the title here:

Now find out what it is made from and list your ingredients here:

Where in Scotland are the ingredients made, grown or harvested? Do any ingredients come from outside Scotland? In the space around the map of Scotland below, draw a picture of each ingredient and draw an arrow marking where in Scotland it can be found.



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