

WEEK 1

MONDAY

MENU 1	MENU 2	MENU 3	MENU 4	MENU 5
LENTIL SOUP		LENTIL SOUP		LENTIL SOUP
CHICKEN CURRY WITH RICE	CHICKEN CURRY WITH RICE	TOMATO PASTA WITH GARLIC BREAD	TOMATO PASTA WITH GARLIC BREAD	TURKEY SANDWICH, ROLL OR WRAP
	CARROT CAKE AND CUSTARD		CARROT CAKE AND CUSTARD	PIECE OF WHOLE FRUIT

TUESDAY

MENU 1	MENU 2	MENU 3	MENU 4	MENU 5
CHICKEN NOODLE SOUP		CHICKEN NOODLE SOUP		CHICKEN NOODLE SOUP
STEAK PIE WITH MASHED POTATOES AND TURNIP	STEAK PIE WITH MASHED POTATOES AND TURNIP	HAGGIS , NEEPS AND TATTIES	HAGGIS, NEEPS AND TATTIES	CHEESE SANDWICH, ROLL OR WRAP
	FRUIT SALAD		FRUIT SALAD	PIECE OF WHOLE FRUIT

WEDNESDAY

MENU 1	MENU 2	MENU 3	MENU 4	MENU 5
POTATO AND LEEK SOUP		POTATO AND LEEK SOUP		POTATO AND LEEK SOUP
QUORN CHILLI MINCE WITH RICE AND CORN ON THE COB	QUORN CHILLI MINCE WITH RICE AND CORN ON THEN COB	PIZZA WITH WEDGES AND CORN ON THE COB	PIZZA WITH WEDGES WITH CORN ON THE COB	TUNA SANDWICH, ROLL OR WRAP
	YOGURT		YOGURT	PIECE OF WHOLE FRUIT

THURSDAY

MENU 1	MENU 2	MENU 3	MENU 4	MENU 5
VEGETABLE SOUP		VEGETABLE SOUP		VEGETABLE SOUP
MACARONI CHEESE WITH GARLIC BREAD	MACARONI CHEESE WITH GARLIC BREAD	PULLED PORK WITH RICE	PULLED PORK WITH RICE	CHICKEN SANDWICH, ROLL OR WRAP
	APPLE CRUMBLE WITH CUSTARD		APPLE CRUMBLE WITH CUSTARD	PIECE OF WHOLE FRUIT

FRIDAY

MENU 1	MENU 2	MENU 3	MENU 4	MENU 5
LENTIL SOUP		LENTIL SOUP		LENTIL SOUP
FISH CHIPS AND BEANS	FISH CHIPS AND BEANS	SAUSAGE CHIPS AND BEANS	SAUSAGE CHIPS AND BEANS	EGG MAYO SANDWICH , ROLL OR WRAP
	FROZEN YOGURT		FROZEN YOGURT	PIECE OF WHOLE FRUIT

WEEK 2

MONDAY

MENU 1	MENU 2	MENU 3	MENU 4	MENU 5
CHICKEN RICE SOUP		CHICKEN RICE SOUP		CHICKEN RICE SOUP
TURKEY IN GRAVY WITH BABY POTATOES AND VEG	TURKEY IN GRAVY WITH BABY POTATOES AND VEG	VEGETABLE PASTA WITH GARLIC BREAD	VEGETABLE PASTA WITH GARLIC BREAD	CHICKEN SANDWICH, ROLL OR WRAP
	ICED GINGERBREAD		ICED GINGERBREAD	PIECE OF WHOLE FRUIT

TUESDAY

MENU 1	MENU 2	MENU 3	MENU 4	MENU 5
LENTIL SOUP		LENTIL SOUP		LENTIL SOUP
FISH FINGERS WITH MASHED POTATO AND PEAS	FISH FINGERS WITH MASHED POTATOES AND PEAS	MACARONI CHEESE WITH PEAS	MACARONI CHEESE WITH PEAS	CHEESE SANDWICH, ROLL OR WRAP
	FRUIT SALAD		FRUIT SALAD	PIECE OF WHOLE FRUIT

WEDNESDAY

MENU 1	MENU 2	MENU 3	MENU 4	MENU 5
TOMATO SOUP		TOMATO SOUP		TOMATO SOUP
CHICKEN CURRY WITH BOILED RICE	CHICKEN CURRY WITH BOILED RICE	BEEF BURGER WITH POTATO WEDGES AND SWEETCORN	BEEF BURGER WITH POTATO WEDGES AND SWEETCORN	TURKEY SANDWICH, ROLL OR WRAP
	YOGURT		YOGURT	PIECE OF WHOLE FRUIT

THURSDAY

MENU 1	MENU 2	MENU 3	MENU 4	MENU 5
VEGETABLE SOUP		VEGETABLE SOUP		VEGETABLE SOUP
PASTA BOLOGNESE	PASTA BOLOGNESE	CHICKEN PIE WITH ROAST POTATOES AND BABY CARROTS	CHICKEN PIE WITH ROAST POTATOES AND BABY CARROTS	TUNA SANDWICH, ROLL OR WRAP
	ICED SPONGE WITH CUSTARD		ICED SPONGE WITH CUSTARD	PIECE OF WHOLE FRUIT

FRIDAY

MENU 1	MENU 2	MENU 3	MENU 4	MENU 5
LENTIL SOUP		LENTIL SOUP		LENTIL SOUP
FISH CHIPS AND BEANS	FISH CHIPS AND BEANS	HOT DOG CHIPS AND BEANS	HOT DOG CHIPS AND BEANS	CHEESE SANDWICH , ROLL OR WRAP
	ICE CREAM		ICE CREAM	PIECE OF WHOLE FRUIT

WEEK 3

MONDAY

MENU 1	MENU 2	MENU 3	MENU 4	MENU 5
POTATO SOUP		POTATO SOUP		POTATO SOUP
MINCE PIE WITH POTATOES AND VEG	MINCE PIE WITH POTATOES AND VEG	CHICKEN FAJITAS WITH ROAST POTATO	CHICKEN FAJITAS WITH ROAST POTATO	TURKEY SANDWICH, ROLL OR WRAP
	APPLE CRUMBLE WITH CUSTARD		APPLE CRUMBLE WITH CUSTARD	PIECE OF WHOLE FRUIT

TUESDAY

MENU 1	MENU 2	MENU 3	MENU 4	MENU 5
LENTIL SOUP		LENTIL SOUP		LENTIL SOUP
FISH FINGERS WITH MASHED POTATOES AND PEAS	FISH FINGERS WITH MASHED POTATOES AND PEAS	VEGE MEATBALLS WITH SPAGHETTI	VEGE MEATBALLS WITH SPAGHETTI	CHEESE SANDWICH, ROLL OR WRAP
	RICE PUDDING		RICE PUDDING	PIECE OF WHOLE FRUIT

WEDNESDAY

MENU 1	MENU 2	MENU 3	MENU 4	MENU 5
CHICKEN RICE SOUP		CHICKEN RICE SOUP		CHICKEN RICE SOUP
SAUSAGE IN GRAVY WITH POTATOES AND VEG	SAUSAGE IN GRAVY WITH POTATOES AND VEG	QUORN NUGGETS WITH POTATOES AND VEG	QUORN NUGGETS WITH POTATOES AND VEG	CHICKEN SANDWICH, ROLL OR WRAP
	FROZEN FRUIT SMOOTHIE		FROZEN FRUIT SMOOTHIE	PIECE OF WHOLE FRUIT

THURSDAY

MENU 1	MENU 2	MENU 3	MENU 4	MENU 5
VEGETABLE SOUP		VEGETABLE SOUP		VEGETABLE SOUP
PAPRIKA CHICKEN WITH POTATO CUBES AND VEG	PAPRIKA CHICKEN WITH POTATO CUBES AND VEG	PIZZA WITH POTATO CUBES	PIZZA WITH POTATO CUBES	CHEESE SANDWICH, ROLL OR WRAP
	CHOCOLATE SPONGE WITH CUSTARD		CHOCOLATE SPONGE WITH CUSTARD	PIECE OF WHOLE FRUIT

FRIDAY

MENU 1	MENU 2	MENU 3	MENU 4	MENU 5
LENTIL SOUP		LENTIL SOUP		LENTIL SOUP
FISH CHIPS AND BEANS	FISH CHIPS AND BEANS	CHICKEN BURGER CHIPS AND BEANS	CHICKEN BURGER CHIPS AND BEANS	TUNA SANDWICH, ROLL OR WRAP
	JELLY		JELLY	PIECE OF WHOLE FRUIT