

Before 9am	Wake up!	Get up, have breakfast, brush your teeth and get dressed
9:00-10:00	Exercise!	Follow the Joe Wicks PE lesson or use Just Dance. If you have a garden run around outside or go for a walk.
10:00-11:00	Learning Time	Complete some of the weekly Literacy and Maths tasks set by your teacher. Do these as neatly as possible in your jotter.
11:00-12:00	Creative Time	Use lego, draw, bake, paint or do something creative!
12:00-1:00	Lunch Time	Eat something healthy Remember to do some free play.
1:00-1:30	Reading	Read your book or magazines. If you have a Nessy or Reading Wise account you could use this instead. You could also listen to an audiobook.
1:30-2:00	Learning Time	Complete another home learning task set by your teacher.
2:00-3:00	Fresh Air	Go for a walk or play in the garden