

# Ayr Academy Weekly Newsletter

Week 04/03/24 - 08/03/24

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# **Upcoming Events**

7<sup>th</sup> March World Book Day

28th March School closes at 2.30pm

15<sup>th</sup> April Pupils return to school

2<sup>nd</sup> May Inservice

6<sup>th</sup> May Holiday

13th May S1 parents' evening (virtual)

24<sup>th</sup>-27<sup>th</sup> May Holiday

11<sup>th</sup>/12<sup>th</sup> June P7 bump up days

12<sup>th</sup> June School show

19<sup>th</sup>/20<sup>th</sup> June Prizegiving

28<sup>th</sup> June School closes at 1pm

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AUGUST					
17th	In Service Day				
18th	In Service Day				
21st	Pupils Return				
SEF	TEMBER				
22nd to 25th	Local Holiday				
26th	Pupils Return				
oc	CTOBER				
16th to 20th	October Holiday				
23rd	In Service Day				
24th	Pupils Return				
DECEMB	ER/ JANUARY				
2th to 5th	Christmas Holidays				
8th	Pupils Return				
FEBRUARY					
12th	Local Holiday				
13th	Inservice Day				
14th	Pupils Return				
MAR	CH/APRIL				
29th to 12th	Easter Holiday				
15th	Pupils return				
	MAY				
2nd	In Service Day				
3rd	Pupils Return				
6th	May Day Holiday				
24th to 27th	May Day Long Weekend				
28th	Pupils Return				
	JUNE				
28th	Summer Holidays				

# **AYR ACADEMY - CALENDAR OVERVIEW 2023/2024**

Ayr Academy University Avenue Tel: 01292612028 Twitter: @Ayr\_Academy2016

Ayr KA8 OSZ

Email: ayr.mail@south-ayrshire.gov.uk

FULL REPORTS						
24th November	\$1-\$3					
16th February	S3					
8th March	\$4-\$6					
10th May	\$2-\$3					

TRACKING REPORTS						
15th September	S4-S6					
19th January	S4-S6					
13th May	S2-S3					

PARENTS EVENINGS						
3rd October	S1s					
30th October	S4-S6					
5th December	S3					
16th January	S2					
5th February	\$4-\$6					
13th May	S1					

	EVENTS
8th September	Bake Sale—Seniors
11th October	Senior Career Event
13th October	Ayr Factor
13th October	Bake Sale
2nd November	Immunisations
13th November	Book Week Scotland
4th December	Prelims Begin
4th December	S3 Fashion & Textile Trip
6th December	Immunisations
15th December	Bake Sale
15th December	Reward Day
20th December	Panto
21st December	Christmas Disco
7th to 9th February	London Trip
7th March	World Book Day
25th March	Reward Day
11th 12th June	Bump up days



# Weekly Quiz

SOLVE 
$$1234 = 21$$
 $2461 = 42$ 
 $4523 = 45$ 
 $6345 = ?$ 

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# Mrs McGarry's Cheesecake-filled Easter eggs

### **Ingredients**

- 1 hollow chocolate Easter egg
- 75g digestive biscuits
- 25g butter, melted
- 75g mascarpone
- 100g soft cheese
- 2 tbsp icing sugar, sieved
- 2 tbsp cocoa powder, sieved
- 100g double cream

### To serve

- Easter treats, such as mini chocolate eggs or crumbled chocolates
- caramel sauce or cooled melted chocolate

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### Method

- STEP 1 Carefully separate the Easter egg in half along the seam. (Use a knife dipped into a bowl of hot water to cut through the seam rather than slicing, as it may break the chocolate.)
- STEP 2 Tip the digestive biscuits into a bowl or food bag and bash to crumbs with the end of a rolling pin. Stir in the melted butter until the mixture resembles damp sand. Spoon this into the Easter egg halves and pack down gently using the back of the spoon. Chill until needed.
- Mix the mascarpone, soft cheese, icing sugar and cocoa together in a medium bowl with a wooden spoon until smooth. In a separate bowl, beat the double cream to soft peaks using an electric whisk. Gently fold the whipped cream into the mascarpone mixture, then carefully spoon the cheesecake filling over the chilled biscuit bases in the Easter eggs. Gently level the surfaces with a palette knife or spatula, then chill for at least 2 hrs or overnight until firm and set. You may be left with extra cheesecake filling, depending on the size of your Easter eggs this can be spooned into glasses over extra digestive crumbs for another treat.
- STEP 4 Scatter the set cheesecake-filled eggs with mini chocolate eggs or other Easter treats, then drizzle with caramel or melted chocolate to serve.





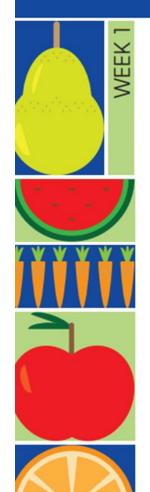


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### SOUTH AYRSHIRE SECONDARY SCHOOL MENU 2023/2024



	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Lentil soup o Potato & leek soup o	Lentil soup o Farmhouse soup o	Lentil soup o Tomato & red pepper soup o	Lentil soup o Chicken & rice soup	Lentil soup <b>o</b>
Mains option 1	Cheese & tomato pizza v	Beef mince	Chicken curry, boiled rice & chapati	Steak pie	Breaded fish
Mains option 2	Vegetarian meatballs o	Macaroni cheese & garlic bread V	Veggie pasta o	Spicy veg noodles o	Pasta bolognese
Veg	Peas, potato wedges & salad bar o	Mixed veg, mashed potato & salad bar o	Peas, sweetcorn & salad bar o	Oven roast potatoes, green beans & salad bar o	Chips, beans, coleslaw & salad bar v
Sweet		Self-s	ervice fruit bar available	daily o	

### **Available Daily**

Sandwiches, rolls, wraps and baguettes with a variety of fillings

Panini's, pizzini's and toasties

Baked potatoes

Pots to go

Salad bar

Check the menu board for daily specials







Scan here to see the dates for each weekly menu and allergen information



## This week's menu

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Countdown to 1<sup>st</sup> SQA examination of 2024.....

# 7 weeks

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# Study Tip of the Week

Many students think that they can gain an advantage by studying into the time they should use to sleep. Research suggests otherwise. Lack of sleep affects concentration, memory and the ability to learn. Students need between 8 to 10 hours of sleep each night to function best. A good night's sleep will ensure that students are refreshed for their next school day, and that they can tackle whatever tasks are given to them.



Get enough sleep throughout the year, but especially in the weeks before and during exams. This not only helps to consolidate what you have learnt during the day, but also helps you recharge and refocus on your work on the next day, which is important in maintaining effective study and high performance in exams







Subject	Teacher	Level	Day/date	Time
Art & Design	K Cairns	N5 & H	Tuesday 2 <sup>nd</sup> April	10.00 - 15.00
Art & Design	J Morton	N5, H	Tuesday 2 <sup>nd</sup> April	10.00 - 15.00
Music	V Gibson	N5/H	Wednesday 3 <sup>rd</sup> April	10.00 - 14.00
Music Tech	S Roy	N 5/H	Wednesday 3 <sup>rd</sup> April	10.00 - 14.00
School Show	V Gibson/S Roy/H Wyles/J McCreadie	N/A	Thursday 4 <sup>th</sup> April	10.00 - 14.00
Physics	D Hirst	N5/H	Friday 5 <sup>th</sup> April	10.00 - 14.00
Maths	M Wiltshire	N5	Monday 8 <sup>th</sup> April	10.00 - 14.00
Apps of Maths	T Dowman	N5 Apps	Monday 8 <sup>th</sup> April	10.00 - 14.00
PE	A Sloss	Н	Tuesday 9 <sup>th</sup> April	10.00 - 14.00
Maths	E McCadie	N5	Wednesday 10 <sup>th</sup> April	9.00 - 14.00



Ayr Academy would like to extend thanks to the Arnold Clark group for their generous donation for the continued support of our Breakfast club.





We would also like to extend thanks to Tesco, Ayr for their continued support of our Breakfast club. Tesco have also donated hugely towards this years Christmas events

Generous support from companies like Arnold Clark and Tesco allows us to continue to provide a free breakfast and other events for all our pupils.

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# School Counselling Service

Young people have been supported with their personal issues, to reduce stress and anxiety, improve mental health and with their own personal growth and development. If there is anyone struggling for whatever reason, or just need someone to talk too please just put in a referral or come and speak to one of the counsellors. When life is challenging there is no need to be on your own, support and a safe environment is available and we are here to help in any way we can to help you feel better, cope better and improve your quality of life.

Referral forms can be located outside Counselling Room (next to medical room) and Guidance Staff Room, please complete and put in red boxes also located outside both rooms. Only counsellors have keys and access to these boxes. Or email myself Maria.Berry@south-ayrshire.gov.uk to arrange an appointment. You can also pop in at any point for a chat with either Maria or Alan, service operates Monday - Friday.

This is a confidential service and your autonomy is paramount to the counsellors

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# Purple Friday!

The 23<sup>rd</sup> of February saw Ayr Academy turn **PURPLE** to celebrate LGBT Youth Scotland's Purple Friday event. Pupils held a bake sale, organised a raffle to win Miss Turnbull's amazing, multi-coloured cake and also took part in a walk into Ayr Town Centre.



A fantastic £217 was raised in total!! Huge thanks to all the pupils involved, staff helpers, bakers, walkers and of course Miss Turnbull for baking such an awesome masterpiece!







JOIN US AT THE

# CLUB TUESDAYS AT 1.20PM

@MISS GREER'S ROOM (215)

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# Cook with CAYR

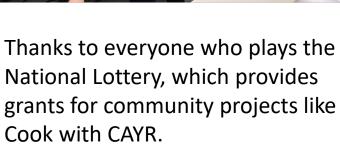


Ayr Academy's Cook with CAYR, evening cook school, funded with thanks to the National lottery has completed its first cycle. From Chinese style curry sauce to a mayonnaise chocolate cake, it has been a real success! Pupils and parents/ guardians have really enjoyed the experience with lots of laughs, success and the odd disaster along the way.













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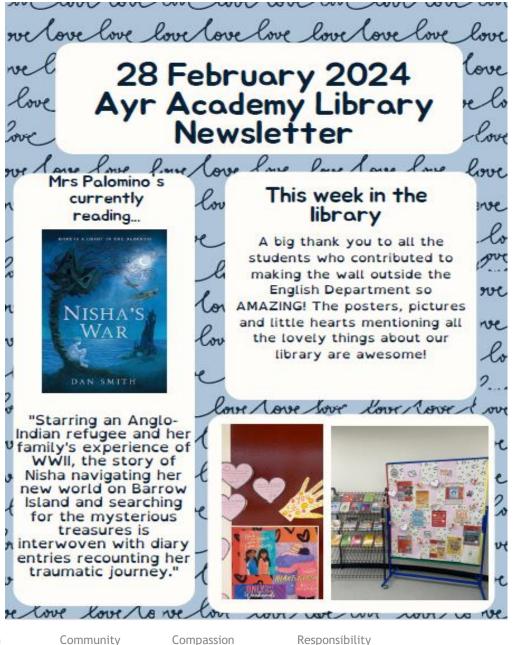
# Cook with CAYR





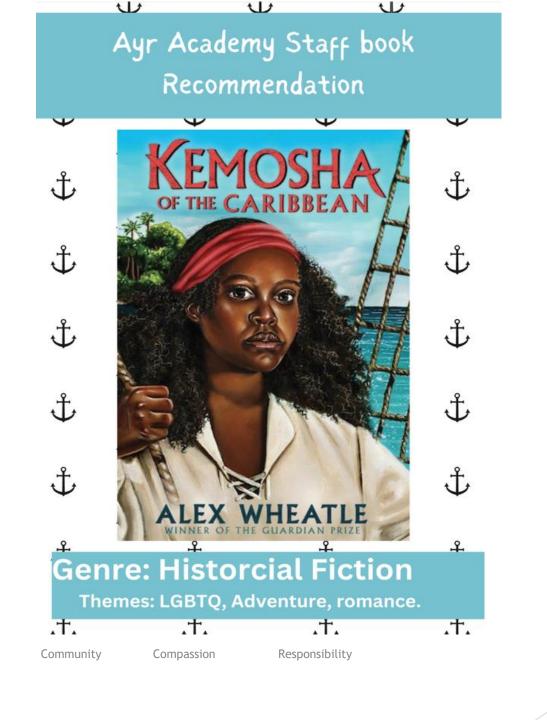






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## Nurture NEWSLETTER

### **Mental Health Week**

As it was Children's Mental Health week this month, with the theme "Your Voice Matters", we were looking at how important our voice is. We spoke about different mental health conditions and the stigma that can be around talking about them.

We played a game of "Question Pong" a PG version of a game some of you may know... we answered some tricky questions like what is the hardest thing being a teenager? Lots of them spoke about the expectations in school and at home as well as the pressures different people place on them. If they could be head teacher for a day uniform would be out and snacking in class would be in!

### Student Shout Out

- · Mr Kennedy: A special shout out for taking extra time to build relationships and being extra funny.
- for taking extra special care of everyone in her class and taking the time to show she cares.

 Miss Nellies: A special shout out

### **Nurture in Ayr Academy**

We have been developing our nurture program and are now offering drop in morning sessions. This is to create a soft start for those who find the mornings a little trickier. We still have our group sessions running. Nurture isn't just tea, toast and a chat we are trying to build social and emotional wellbeing and developing our young peoples resilience and capacity to be independent.

Check out our new display board outside nurture that will be filled soon with lots of mental health idea, mindfulness techniques and artwork from nurture!

### Pancake Day

For a belated pancake day we decorated some pancakes. Fair to say they all have a definite sweet tooth. Some pupils were kind enough to gift their creations to others and some save the sugar rush for themselves.







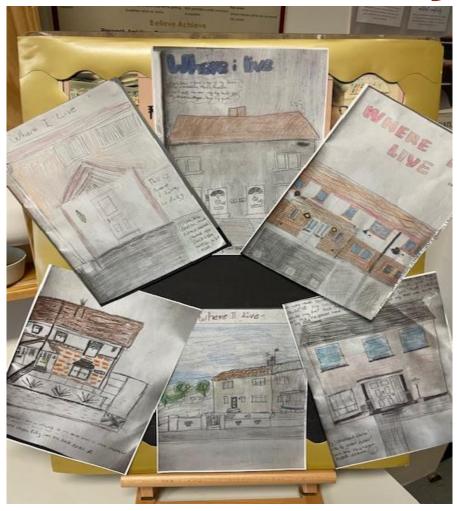
### **UISITING**

If anyone would like the opportunity to come visit the nurture room please just let me know and we can arrange it! The first two periods are a drop in so it can be a great time to develop relationships with the children without the "classroom" demand.

I am also more than happy to discuss nurture with anyone who wants to know a wee bit more about it. Feel free to email, message or pop down. I have added my timetable below as a reminder.

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# Mrs Cairns' 'Piece of the Week'



The attached images are excellent examples of S1 homework. Topic was 'Where I live' pupils chose the media they wanted to use and what part of where they live they presented – their house or a famous landmark/building.

The Piece of the Week are by Billy Caddis, Eva Cavens, Darla Mae Ferguson, Alecia Houston and Sean Robson.
Well done!

'Artists of the Month'

The Artists of the month are by Hannah Mair 1C1, Olivia Russell 1C1 and Madison Crane 1C1. Well done!





# ASN Family Support Network ... Upcoming events

### Wed 31 Jan 2024 Ayr Grammar Primary

6.30 - 8pm "Supporting your child with Literacy Difficulties"

Holly McBlane from South Ayrshire Reads
To book contact Fiona, priestnall@southayrshire.gov.uk

### Tue 20 Feb 2024 Ayr Grammar Primary

6.30 - 8pm "Supporting young people with ADHD" Tanya Tenant from Tanya Tenant Autism Training and Consultancy

To book contact Fiona.priestnall@southayrshire.gov.uk

Wed 24 April 2024 in Walker Halls, Troon 1-5pm; this year's theme is "Transitions"

Over 40 charities and third sector organisations offering support and advice. Keynote speakers including Tanya Tenant on "Transitions from Secondary Education"

No need to pre-book for this event

Further information from fiona.priestnall@south-ayrshire.gov.uk Or ASN Website <u>www.south-ayrshire.gov.uk/asn</u>



# **Ayr Academy Uniform - Reminder**



All pupils attending the Academy should wear school uniform at all times. Parents are encouraged to support us in this and send their children to school, wearing the agreed uniform.

The school will be split into Junior school S1-3 and Senior school S4-6.

In the junior school we would expect.

Top half	Bottom half	Feet
-Ayr Academy jumper/polo	-Black or grey school trousers	Plain black trainers
	-Black or grey school skirt	Black or brown shoes
	-Black jeans- no rips	White trainers
-White or black shirt with tie	-Plain black leggings	
-White or black polo shirt	-Black or grey school shorts	
-Black or grey jumpers/ cardigan		
may be worn over polo or shirt.		
-Plain black Zipper top unzipped		
-Blazers are optional		

In the Senior school we would expect.

Top half	Bottom half	feet
-White or black shirt with senior	-Black or grey school trousers	Plain black trainers
tie	-Black or grey school skirt	Black or brown shoes
	-Black or grey school shorts	
	-Black jeans- no rips	
	-Plain black leggings	
-White or black polo shirt Black		
or grey jumpers/ cardigan may		
be worn over polo or shirt.		
-Ayr Academy jumper/polo		
-Plain black Zipper top unzipped		
-Blazers are optional		

Parental co-operation is important in this and we would ask that the following guidelines are observed. \*Exceptions will always be made to ensure we are meeting the needs of our children. If your child needs anything different please contact PTG.

South Ayrshire Council supports the Academy in asking parents to send their children suitably dressed to school. After the Cullen Enquiry following the Dunblane Tragedy we wish for reasons of safety to identify intruders easily. Having pupils clearly identifiable in uniform is a first step in this initiative.

These reasonable standards of attire should be maintained during hot weather and examination periods. Secondary education is a preparation for the post school experience of all our young people. Employers and indeed society in general accept certain standards in how people turn up for work. We are not being unreasonable therefore in asking our pupils to conform to the standards described above. Indeed a positive approach to one's personal appearance is a reflection of a positive approach to school work.

# Ayr Academy's Finest



If anyone would like to nominate a pupil as one of Ayr Academy's Finest, please email <a href="mailto:nicola.mcgarry@south-ayrshire.gov.uk">nicola.mcgarry@south-ayrshire.gov.uk</a> with details and any photos you may have. ©



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# **EMA Grants**



Applications for Education Maintenance Allowance (EMA) for school session 2023/24 are open - available to young people aged between 16-19 years old who are in full time school education.

Guidance, criteria, and the application form can be found here: https://south-ayrshire.gov.uk/article/28209/Education-maintenance-allowance

# Access hundreds of vacancies across Scotland!

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### AFTER SCHOOL CLUBS

COME DOWN TO P.E FOR SOME AFTER SCHOOL FUN!











Wednesday - Netball



Thursday - Volleyball + Football





# Weekly Quiz Answers

# RBZ 1234 = 21 $(1+2) \times (3+4) = 21$ 2461 = 42 $(2+4) \times (6+1) = 42$ 4523=45 $(4+5) \times (2+3) = 45$ 6345 = 81 $(6+3) \times (4+5) = 81$







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