

Neurodevelopmental Empowerment & Strategy Team (NEST)



Our Purpose

- To empower individuals and their families living with neurodevelopmental differences such as Autism, attention deficit hyperactivity disorder (ADHD) and foetal alcohol spectrum disorder (FASD).

What we do

- Provide information and advice about neurodevelopmental differences such as Autism, ADHD and FASD.
- Provide workshops for people to learn more about living with neurodevelopmental differences such as Autism, ADHD and FASD.

Who is this service for?

Our service is for children, young people and adults. It is open to anyone in Ayrshire who wants to contact us about neurodevelopmental differences such as Autism, ADHD or FASD. You do **not** need a diagnosis to access our service.

For more information on the NEST service or to contact us, please scan the QR code or visit our website: www.nest.scot.

