



# Renfrewshire Council

## Primary School Meals allergens list















WINTER/SPRING 17/18



### ALLERGENS

### MEALS

Meals in yellow have NO allergens

 Celery	 Cereals containing gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame seeds	 Soya	 Sulphur dioxide
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# WEEK 2

POTATO SLICED/WEDGES BOILING POTATOES													
MIXED SALAD													
BAKED BEANS													
MANDARIN JELLY													
VEGETABLE CHILLI													
FRUIT YOGURT VIRTUALLY FAT FREE						✓							
HOMEMADE CHEESE AND TOMATO PIZZA		✓				✓						✓	
CHICKEN AND PASTA BAKE		✓				✓							
LENTIL SOUP	✓												
BROWN BREAD		✓									✓	✓	
FRUIT CHOCOLATE TRAY BAKE		✓		✓		✓							
QUORN STOVIES	✓			✓		✓							
CREAMED CARROT SOUP	✓					✓							
BREADED HADDOCK		✓											
VEGETABLE CHOW MEIN		✓		✓								✓	
PEAS SOUP	✓												
BANANA OAT COOKIES		✓		✓		✓							
BEEF BURGERS													
BURGER BUNS		✓									✓	✓	

### MEALS

Meals in yellow have NO allergens

## ALLERGENS















	 Celery	 Cereals containing gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame seeds	 Soya	 Sulphur dioxide
SLICED ROAST TURKEY														
SALMON FISH FINGER		✓			✓									
VEGETABLE BOLOGNAISE/ GARLIC AND HERB BREAD							✓		✓					
BREAD AND BUTTER PUDDING		✓		✓			✓					✓	✓	
BAKED POTATO AND VARIOUS FILLINGS	✓	✓		✓	✓		✓		✓				✓	✓
SANDWICH SELECTION WITH VARIOUS FILLINGS		✓			✓		✓					✓	✓	
FRESH SEASONAL FRUIT SELECTION														
POTATO SLICES/WEDGES														
NEW POTATOES														
BEANS														
MIXED SALAD														
COLESLAW				✓										
CREAM OF VEGETABLE SOUP	✓						✓							
CREAM OF CARROT SOUP		✓					✓		✓					
LENTIL SOUP	✓													
STEAK PIE	✓	✓					✓						✓	
¼ CUT ROAST														
OMELETTE				✓			✓							
CRANBERRY AND COCONUT OAT COOKIES		✓		✓										
CHICKEN POPPERS		✓		✓										
SCOTCH BROTH		✓	✓											
RASPBERRY FRUIT ICE SMOOTHIE														
BROWN BREAD		✓										✓	✓	

WEEK 3

### MEALS

Meals in yellow have NO allergens

## ALLERGENS

	 Celery	 Cereals containing gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame seeds	 Soya	 Sulphur dioxide
CHICKEN AND VEGETABLE PIE	✓	✓											✓	
SPANISH OMELETTE				✓			✓							
SULTANA SPONGE		✓		✓			✓							
BROWN BREAD		✓										✓	✓	
LENTIL SOUP	✓													
QUORN BURGER IN A BUN		✓		✓			✓					✓	✓	
COLESLAW(HOME MADE)				✓										
CARROT AND ORANGE SOUP	✓						✓							
CHICKEN CHOW MEIN		✓		✓									✓	
TOMATO AND RICE SOUP	✓													
OVEN CHIPS														
POTATO SLICES/WEDGES														
BEANS														
MIXED SALAD														
DELI POTS		✓			✓									
GARLIC YOGURT DRESSING				✓					✓					✓
VEGETABLE LASAGNE WITH GARLIC AND HERBS		✓					✓		✓					
COTTAGE PIE	✓	✓					✓						✓	
CUSTARD	✓						✓							
FRUIT COCKTAIL														
HOT DOG WITH ROLL		✓										✓	✓	
CREAM OF MUSHROOM SOUP		✓					✓							
FRUIT YOGHURT														

**WEEK 4**