

SCHOOL MEALS

MEET

EAT

AND

PLAY

WITH



**SUMMER
/AUTUMN
2018**



Renfrewshire
Council

Renfrewshire School Meals Achieve High Marks

Renfrewshire Council schools' catering holds the Food for Life Bronze Award for its primary school meals.

This award is an endorsement from the Soil Association Scotland that, as caterers, we serve more freshly prepared meals using local, seasonal ingredients which are free from undesirable additives and trans fats, are better for animal welfare and comply with national nutrition standards. The Food for Life award demonstrates the Council's commitment to helping Scotland become a Good Food Nation, where the food is both tasty to eat and nutritious, fresh and environmentally sustainable.

A healthy and nutritious diet is essential to your child's growth and development and can decrease the risk of obesity and other health problems.

The Schools (Health Promotion and Nutrition) Act (Scotland) requires all local authorities to ensure that food and drink provided in schools complies with national nutritional requirements.

All schools offer a choice, including hot meals, hot/cold lunch bags, salads and desserts. We try to cater for a wide range of tastes and we offer a vegetarian option on request. We hope that your child will join us at lunchtime and we look forward to welcoming them.

Our Quality Pledge

- » Our meals are freshly prepared with seasonal ingredients
- » Our eggs are free range
- » Our meat is farm level assured by Quality Meat Scotland
- » We don't serve any endangered fish
- » Our menu is free from undesirable additives and GM ingredients



£1.90

from August 2018
Increase to £2.05



£2.10

from August 2018
Increase to £2.25

PRIMARY SCHOOL MENU WEEKLY PLANNER

The planner below shows the week that each of the menus inside will be served.

WEEK 1	04/06/2018	25/06/2018	27/08/2018	17/09/2018	08/10/2018	29/10/2018	19/11/2018
WEEK 2	11/06/2018	13/08/2018	03/09/2018	24/09/2018	15/10/2018	05/11/2018	26/11/2018
WEEK 3	18/06/2018	20/08/2018	10/09/2018	01/10/2018	22/10/2018	12/11/2018	03/12/2018

More information about school meals, including information about allergens, is available at: www.renfrewshire.gov.uk/schoolmeals
email: site-serv.es@renfrewshire.gov.uk

PRIMARY SCHOOL MENUS

WEEK 1

	MONDAY DINE IN DAY	TUESDAY GRAB & GO DAY	WEDNESDAY GRAB & GO DAY	THURSDAY DINE IN DAY	FRIDAY GRAB & GO DAY
OPTION 1	MARGHARITA PIZZA WITH DICED POTATOES	SPICY PORK WITH RICE	FISH GOUJONS WITH POTATO WEDGES	MINCED BEEF PIE WITH CHIPS	HOT DOG SAUSAGE IN A ROLL WITH POTATO WEDGES
OPTION 2	CHICKEN FILLET IN A WHITE SAUCE WITH DICED POTATOES	SANDWICH SELECTION	ROLL SELECTION	MACARONI CHEESE	SANDWICH SELECTION
OPTION 3	BAKED POTATO WITH A CHOICE OF FILLINGS AVAILABLE EVERY DAY				
VEGETABLES	MIXED SALAD	DELI POTS	DELI POTS	MIXED SALAD	DELI POTS
	ROASTED RED ONIONS	CARROTS	BABY CORN	BABY CARROTS	GREEN BEANS
	SWEETCORN	GREEN BEANS	BAKED BEANS	PEAS	DICED MIXED VEGETABLE
SOUP OR DESSERT	TOMATO SOUP	LENTIL & CARROT SOUP	LENTIL & CARROT SOUP	TOMATO SOUP	LENTIL & CARROT SOUP
	ICE CREAM	FRUIT JELLY	APPLE AND SUMMER FRUIT SPONGE	FRUIT YOGHURT	CUCUMBER BATONS WITH DIP

MILK, WATER, BREAD, FRUIT AND SALAD AVAILABLE DAILY WITH ALL

WEEKLY PLANNER

WEEK 2

	MONDAY DINE IN DAY	TUESDAY GRAB & GO DAY	WEDNESDAY GRAB & GO DAY	THURSDAY DINE IN DAY	FRIDAY GRAB & GO DAY
OPTION 1	SPANISH OMELETTE WITH CHIPS	PASTA CARBONARA	CHICKEN CURRY WITH BROWN RICE	STEAK PIE WITH ROAST POTATOES	BBQ CHICKEN FILLET BITES IN A TORTILLA WRAP WITH POTATO WEDGES
OPTION 2	TURKEY MEATBALLS IN GRAVY WITH CHIPS	SANDWICH SELECTION	SANDWICH SELECTION	BREADED FISH WITH ROAST POTATOES	ROLL SELECTION
OPTION 3	BAKED POTATO WITH A CHOICE OF FILLINGS AVAILABLE EVERY DAY				
VEGETABLES	MIXED SALAD	DELI POTS	DELI POTS	MIXED SALAD	DELI POTS
	SWEETCORN	GREEN BEANS	ROASTED RED ONIONS	BABY CARROTS	DICED MIXED VEGETABLES
	ROASTED VEGETABLE	BROCCOLI FLORETS	BABY CORN	SWEDE	PEAS
SOUP OR DESSERT	TOMATO SOUP	LENTIL & CARROT SOUP	LENTIL & CARROT SOUP	TOMATO SOUP	LENTIL & CARROT SOUP
	APPLE FOOL	ICE CREAM	FRUIT JELLY	FRESH FRUIT WITH NATURAL YOGHURT	FLAPJACKS

MEAL SELECTIONS

SPRING 2018

WEEK 3

	MONDAY DINE IN DAY	TUESDAY GRAB & GO DAY	WEDNESDAY GRAB & GO DAY	THURSDAY DINE IN DAY	FRIDAY GRAB & GO DAY
OPTION 1	SAUSAGE CASSEROLE WITH MASHED POTATOES	CHILLI BEEF PITTA POCKET	CHICKEN POPPERS WITH POTATO WEDGES	BEEF LASAGNE WITH DICED POTATOES	BEEFBURGER IN A BUN WITH POTATO SLICES
OPTION 2	BREADED SALMON FILLET WITH MASHED POTATOES	SANDWICH SELECTION	ROLL SELECTION	ROAST CHICKEN SALAD WITH DICED POTATOES	SANDWICH SELECTION
OPTION 3	BAKED POTATO WITH A CHOICE OF FILLINGS AVAILABLE EVERY DAY				
VEGETABLES	MIXED SALAD	DELI POTS	DELI POTS	MIXED SALAD	DELI POTS
	SWEETCORN	GREEN BEANS	ROASTED RED ONIONS	PEAS	GREEN BEANS
	SPINACH	CARROTS	BABY CORN	BABY CARROTS	DICED MIXED VEGETABLE
SOUP OR DESSERT	BROCCOLI SOUP	LENTIL & CARROT SOUP	LENTIL & CARROT SOUP	LEEK & POTATO SOUP	LENTIL & CARROT SOUP
	RICE PUDDING WITH MANDARINS	FRUIT YOGHURT	APPLE TURNOVER	FRUIT CHOCOLATE TRAY BAKE	CARROT STICKS WITH DIP

Don't forget

All Primary 1 to Primary 3 pupils are entitled to receive a free school meal.

Our school meals are healthy, balanced and nutritious. Kids can choose from 'Grab & Go' three days a week and 'Dine In' to a traditional two course meal twice a week.

We take great care in what we have in our menus. Not just to meet legal requirements, but because we want our school meals to be healthy, nutritious and enjoyable.

At least two types of seasonal vegetables, mixed salad and bread are provided each day, and an oily fish at least once every three weeks as part of the school lunch.

If your child has a food allergy or requires a special diet, please let us know, email:

site-serv.es@renfrewshire.gov.uk
tel: **0300 300 0380**

We have some job opportunities in Catering, Cleaning and School Crossing Patrol.

Call **0300 300 0330** to apply or go online to myjobscotland.gov.uk/councils/renfrewshire-council

