



Dear Parents

Staying safe in the Sun

It is not often we have to worry about sun exposure but the forecast indicates a very warm week ahead so it seems like a good time for a wee reminder about good sun sense.

Teachers will take the opportunity to get the children outside while the weather is good. We have to grab the chance when we can! During warm spells can you please ensure you send your child to school with:

- A water bottle (putting a filled bottle into the freezer at night and taking it out in the morning makes for an ice cold drink for a fair bit of the day). Children will be allowed to fill up their water bottles during the day if they run out.
- A sun hat – any kind is fine
- Sunscreen – this can either be applied at home before leaving or you can send it in with your child. Please note that children should be able to apply sunscreen themselves. Please put your child's name on any sunscreen you send in to school. (In fact, please name *everything* you send into school!

I am sure you will understand that due to skin sensitivities and allergies, we are unable to provide sunscreen. It is important that children learn how to apply their own sunscreen to keep themselves sun safe. As you can imagine, it is not practical for teachers to apply sunscreen to an entire class! Infant teachers will, of course, help with tricky bits for our younger children.

Thank you for your cooperation. It will be nice to see our children with healthy, rosy cheeks as we "play while the sun shines!"

Kind regards

Nova Scott
Head Teacher