

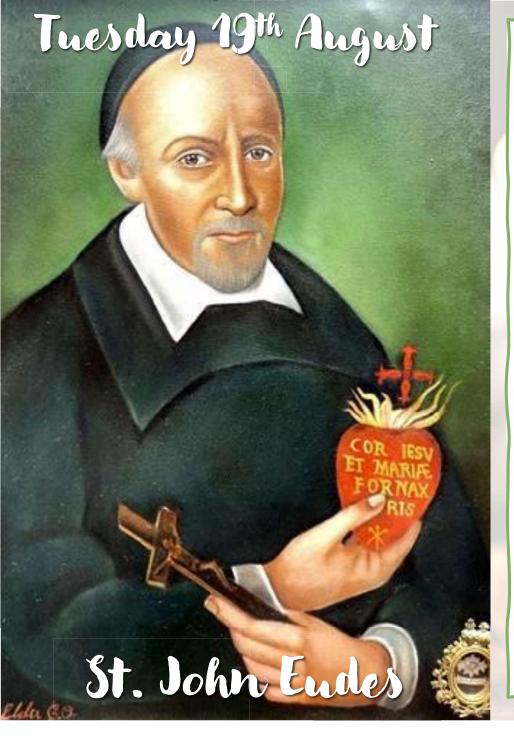
Monday 18th Aug

St. Helena

St. Helena was the mother of Empress of the Roman Empirout it is believed she is from Minor and born into a poor for the day. St. Ambrose describes Constantine was forever loyal much. As he grew and becare Helena's side. Following the became Emperor and summ imperial court. Helena receives St. Helena was renowned for communities through her wood poor and destitute. She would donations. St. Helena was a wone would easily believe her

birth. Through her influence

throughout the known world



St. John Eudes was a Frer Congregation of Our Lad the liturgical worship of the

St. John was born at Ri, Frage of fourteen he took a a child he tried to live in it ordained a priest in 1625, thrust into the service of wat great risk to his own life was known as the greates all over France, especially

# Prayer:

Lord, help me today to act to all and to find moment

# Wednesday 20th August



St. Bernard of Clairvans

Bernard was born of noble par Fontaines near Dijon. Under the age to a college at Chatillon, we and spirit of recollection. When He also persuaded his brother In 1113, St. Bernard, with thirty Abbot, St. Stephen, at Citeaux. composed a number of works God. Several Bishoprics were of reputation of St. Bernard spread his advice. He was commission Crusade.

### **Prayer:**

Saint Bernard of Clairvaux, y inspired countless others to le world. Please pray that I will believe that profound holines Church, that we will love Ma through the darkness we ence



Pope Pius X is perhaps best remembered for Communion, especially by children. nterest more politically involved. One of his first particular interfere by veto in papal elections—a practicular elected him.

In 1905, when France renounced its agreer property if governmental control of Church demand.

While he did not author a famous social entreatment of indigenous peoples on the plearthquake, and sheltered refugees at his continuous peoples.

On the 11th anniversary of his election as pour it killed him. "This is the last affliction the poor children from this ghastly scourge." H 1954.

#### Reflection

His humble background was no obstacle in genuinely. Pius X gained his strength, his g Spirit of Jesus. In contrast, we often feel emremain aloof from people whom we perceive often ignore simpler people. Yet we, to wounded people of God.

Our Father ...



Today we take some time to re heaven together with her Son. equal to God but because she privileges come from her willir God and make our redemption

## **Prayer**

Hail Mary, Full of Grace, The Lord is with thee. Blessed art thou among wome and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death.



St. Rose was born in Lima, in Per devotion from an early age. She tertiary at the age of 20. Her asc experiences excited the criticism suspicion of the Church authorit She cared for marginalised, was

## **Prayer to St. Rose**

God our Father, for love of You, herself to a life of penance.

By the help of her prayers may v and enjoy the fullness of Your bl

Grant this through our Lord Jesu with You and the Holy Spirit, one

Amen